

**CENTERS FOR MEDICARE & MEDICAID SERVICES  
WAIVER AUTHORITY**

**NUMBER:** 11-W-00194/1

**TITLE:** Global Commitment To Health Section 1115 Demonstration

**AWARDEE:** Vermont Agency Of Human Services (AHS)

Under the authority of Section 1115(a)(1) of the Social Security Act (the Act) the following waivers are granted to enable Vermont to operate the Global Commitment to Health Section 1115 Demonstration. These waivers are effective beginning January 1, 2017 and are limited to the extent necessary to achieve the objectives below. These waivers may only be implemented consistent with the approved Special Terms and Conditions (STCs) set forth in the accompanying document.

All requirements of the Medicaid program expressed in law, regulation and policy statement, not expressly waived in this list, shall apply to the demonstration project for the period beginning January 1, 2017 through December 31, 2021. The only waiver authorities that apply to the Substance Use Disorder (SUD) IMD expenditure authority (effective July 1, 2018 through December 31, 2021) are numbers 5 (Payment to Providers) and 10 (Freedom of Choice) below.

**1. Statewideness/Uniformity**

**Section 1902(a)(1)**

To the extent necessary to enable Vermont to operate the program differently in different geographical areas of the state.

**2. Reasonable Promptness**

**Section 1902(a)(8)**

To allow the state to maintain a waiting list for high and moderate need individuals applying for home and community-based services (HCBS). To allow the state to require applicants for nursing facility and home and community-based services (including demonstration home and community-based waiver-like services) to complete a person-centered assessment and options counseling process prior to receiving such services. To permit waiting lists for eligibility for demonstration-only (non-Medicaid state plan) populations.

**3. Amount, Duration, Scope of Services**

**Section 1902(a)(10)(B)**

To enable Vermont to vary the amount, duration and scope of services offered to various mandatory and optional groups of individuals affected by or eligible under the demonstration as long as the amount, duration and scope of covered services meets the minimum requirements under title XIX of the Act for the group (if applicable) and the special terms and conditions.

To allow the state to provide nursing facility and home and community-based services based on relative need as part of the person-centered and options counseling process for new

applicants for Choices for Care services; to permit certain individuals, based on need, to receive demonstration services that are not available to categorically eligible individuals, or other individuals in the same eligibility group, under the Medicaid state plan; and to limit the amount, duration, and scope of services to those included in the participants' approved care plan.

#### **4. Financial Eligibility**

**Section 1902(a)(10)(C)(i)(III)**

To allow the state to use institutional income rules (up to 300 percent of the Supplemental Security Income payment level) for medically needy beneficiaries.

To allow the state to use institutional income and resource rules for the high and highest need groups of the medically needy in the same manner as it did for the terminated 1915(c) waiver programs that were subsumed under the Choices for Care demonstration in 2005.

Additionally, this waiver permits the state to have a resource standard of \$10,000 for high and highest need medically needy individuals who are single and own and reside in their own homes and who select home and community-based services (HCBS) in lieu of institutional services.

#### **5. Payment to Providers**

**Sections 1902(a)(13),  
1902(a)(30)**

To allow the state, through the Department of Vermont Health Access, to establish rates with providers on an individual or class basis without regard to the rates currently set forth in the approved state plan.

#### **6. Premium Requirements**

**Section 1902(a)(14)  
In so far as it incorporates  
Section 1916**

To permit Vermont to impose premiums in excess of statutory limits for optional populations and for children through age 18 with income above 195 percent of the Federal poverty level (FPL) as reflected in the Special Terms and Conditions.

#### **7. Income/Resource Comparability**

**Section 1902(a)(17)**

To the extent necessary to enable the state to use varying income and resource standards and methods for plan groups and individuals.

#### **8. Spend-Down**

**Section 1902(a)(17)**

To enable the state to offer one-month spend-downs for medically needy people receiving community-based services as an alternative to institutionalization, and non-institutionalized persons who are receiving personal care attendant services at the onset of waivers.

**9. Financial Responsibility/Deeming****Section 1902(a)(17)(D)**

To the extent necessary to exempt the state from the limits under section 1902(a)(17)(D) on whose income and resources may be used to determine eligibility unless actually made available, and so that family income and resources may be used instead.

To enable the state to disregard quarterly income totaling less than \$20 from the post-eligibility income determination.

**10. Freedom of Choice****Section 1902(a)(23)(A)**

To enable the state to restrict freedom of choice of provider for the demonstration participants to the extent that beneficiaries will be restricted to providers enrolled in a provider network through the Department of Vermont Health Access (DVHA) for the type of service at issue, but may change providers among those enrolled providers. Freedom of choice of provider may not be restricted for family planning providers.

**11. Direct Payments to Providers****Section 1902(a)(32)**

To permit payments for incidental purchases for Choices for Care HCBS to be made directly to beneficiaries or their representatives.

## CENTERS FOR MEDICARE & MEDICAID SERVICES EXPENDITURE AUTHORITY

**NUMBER:** 11-W-00194/1

**TITLE:** Global Commitment to Health Section 1115 Demonstration

**AWARDEE:** Vermont Agency of Human Services (AHS)

Under the authority of Section 1115(a)(2) of the Social Security Act (the Act), expenditures made by Vermont for the items identified below (which are not otherwise included as expenditures under section 1903 of the Act) shall, for the period of this demonstration extension, beginning January 1, 2017 through December 31, 2021, unless otherwise specified, be regarded as expenditures under the state's Medicaid Title XIX plan. These expenditure authorities are granted to enable the state to operate its Global Commitment to Health Section 1115 Demonstration and may only be implemented consistent with the approved Special Terms and Conditions (STCs) set forth in the accompanying document.

All requirements of the Medicaid program expressed in federal law, regulation and policy statements not expressly waived or identified as not applicable to these expenditure authorities, shall apply to the Global Commitment to Health demonstration for the period of this demonstration extension.

These expenditure authorities promote the objectives of title XIX in the following ways:

- Increase and strengthen overall coverage of low-income individuals in the state;
  - Increase access to, stabilize, and strengthen providers and provider networks available to serve Medicaid and low-income individuals in the state;
  - Improve health outcomes for Medicaid and other low-income populations in the state; and
  - Increase efficiency and quality of care for Medicaid and other low-income populations through initiatives to transform service delivery networks.
1. Expenditures Related to Eligibility Expansion. Expenditures to provide Medicaid coverage to the following demonstration populations that are not covered under the Medicaid state plan and are enrolled in the Vermont Global Commitment to Health demonstration. (Note: demonstration populations 1, 2, and 3, which are described in the demonstration's special terms and conditions, are covered under the Medicaid state plan.)
    - a. **Demonstration Population 4: Highest Need:** Expenditures for 217-like individuals receiving Home and Community-Based Waiver (HCBW)-like services who meet the clinical standard of need for the highest need group and Program of All-Inclusive Care for the Elderly (PACE) like participants who meet the clinical standards for the highest need group.
    - b. **Demonstration Population 5: High Need:** Expenditures for 217-like individuals receiving HCBW-like services in the High Need Group and PACE- like participants who meet the clinical standards for the High Need Group.

- c. **Demonstration Population 6: Moderate Needs Group (Expansion Group):**  
Expenditures for a small subset of HCBW- like services for individuals who are not otherwise eligible under the Medicaid state plan and who would not have been eligible had the state elected eligibility under 42 CFR 435.217, but are at risk for institutionalization and are in need of home and community-based services. Such individuals may have income up to 300 percent of the SSI/Federal Benefit Rate (FBR) and resources below \$10,000. Individuals with income below the limit and with excess resources may apply excess resources to income, up to the income limit. These benefits do not meet the requirements of Minimum Essential Coverage.
  - d. **Demonstration Population 7:** Medicare beneficiaries with income at or below 150 percent of the Federal poverty level (FPL), who may be enrolled in the Medicare Savings Program (MSP) but are not otherwise eligible for full benefits.
  - e. **Demonstration Population 8:** Medicare beneficiaries with income above 150 percent and up to and including 225 percent of the FPL, who may be enrolled in the MSP, but are not otherwise categorically eligible for full benefits.
2. **Expenditures Related to Additional Services.** Expenditures for additional health care related-services described in STC 20(c) for all populations affected by or eligible through the demonstration.
  3. **Expenditures for Public Health Initiatives, Outreach, Infrastructure, and Services Related to State Plan, Demonstration, Uninsured, and Underinsured Populations.** Expenditures to support the goal of providing state-funded health care programs to improve the access and quality of health care services available to uninsured and underinsured individuals in Vermont subject to the terms and limitations set forward in STCs 82 and 83 and up to a maximum of the limits set in STC 84 (and which cannot be rolled over to the next demonstration year (DY)); to reduce the rate of uninsured and underinsured in Vermont, increase access to quality health care for uninsured, underinsured, and Medicaid beneficiaries, provide public health approaches and other innovative programs to improve the health outcomes and quality of life for Medicaid beneficiaries; and encourage the formation and maintenance of public-private partnerships in health care including initiatives to support and improve the health care delivery system and promote transformation to value-based and integrated models of care.
  4. **Expenditures for Hospice Services that Exceed State Plan Limits.** Expenditures for adults eligible under the approved state plan for hospice services that exceed state plan limits.
  5. **Expenditures for the Marketplace Subsidy Program.** Expenditures for state funded subsidy programs that provide assistance to certain individuals who purchase health insurance through the Marketplace.

- 6. Expenditures for Services for Individually Assessed Cost Effective Alternate Services.** Expenditures for direct health care services or other services furnished as alternatives to covered services when the state and treating health care professionals have made an assessment and determination that the service is a medically appropriate and cost effective substitute for the corresponding state plan service or setting.
- 7. Expenditures for Mental Health Community Rehabilitation and Treatment (CRT) Services.** Expenditures for mental health community rehabilitation and treatment (CRT) services, as defined by Vermont rule and policy, provided through a state-funded program to individuals with severe and persistent mental illness who have incomes above 133 percent of the FPL and up to and including 185 percent of FPL who are not otherwise Medicaid enrolled.
- 8. HCBW-like Services for State Plan Eligibles Who Meet Highest Need, High Need or Moderate Needs Clinical Criteria.** Expenditures for HCBW-like services for State plan eligibles who meet all State plan eligibility requirements, who have the indicated level of clinical need for HCBW-like services. The Moderate Needs Group do not meet all the Choices for Care clinical criteria for long-term services, but are at risk of institutionalization. These individuals demonstrate a clinical need that shows they would benefit from a subset of HCBW-like services.
- 9. Other Choices for Care Expenditures:**
  - a. Expenditures for Choices for Care participants with resources exceeding current limits, who are single, own and reside in their own homes, and select home based care rather than nursing facility care, to allow them to retain resources to remain in the community;
  - b. Expenditures for personal care services provided by Choices for Care participants spouses; and
  - c. Expenditures for incidental purchases paid in cash allowances to participants who are self-directing their services prior to service delivery.
- 10. Full Medicaid Benefits for Presumptively Eligible Pregnant Women.** Expenditures to provide full Medicaid State plan benefits to presumptively eligible pregnant women.
- 11. Residential and Inpatient Treatment for Individuals with Substance Use Disorder (SUD).** Effective July 1, 2018, expenditures for otherwise covered services furnished to otherwise eligible individuals who are primarily receiving treatment and withdrawal management services for substance use disorder (SUD) who are short-term residents in facilities that meet the definition of an institution for mental diseases (IMD).

**Title XIX Requirements not Applicable to Demonstration Expenditure Authorities  
(Populations 6, 7, and 8)**

**12. Retroactive Eligibility**

**Section 1902(a)(34)**

To enable the state to waive the requirement to provide medical assistance for up to 3 months prior to the date that an application for assistance is made for expansion groups.

**CENTERS FOR MEDICARE & MEDICAID SERVICES  
SPECIAL TERMS AND CONDITIONS**

**NUMBER:** 11-W-00194/1

**TITLE:** Global Commitment to Health Section 1115 Demonstration

**AWARDEE:** Vermont Agency of Human Services (AHS)

**I. PREFACE**

The following are the Special Terms and Conditions (STCs) for the Vermont Global Commitment to Health Section 1115(a) Medicaid Demonstration (hereinafter “demonstration”). The parties to this agreement are the Vermont Agency of Human Services (AHS, state) and the Centers for Medicare & Medicaid Services (CMS). The STCs set forth limitations on the extent of the waivers and expenditure authorities that have been granted to further the demonstration, which are enumerated in separate lists. The STCs also detail the nature, character, and extent of Federal involvement in the demonstration and the state’s obligations to CMS during the life of the demonstration. These STC’s are effective as of January 1, 2017 through December 31, 2021 unless otherwise specified. All previously approved STCs, waivers, and expenditure authorities are superseded by the STCs set forth below.

The amended STCs have been arranged into the following subject areas:

- I. Preface
- II. Program Description and Objectives
- III. General Program Requirements
- IV. Eligibility, Benefits, and Enrollment
- V. Cost Sharing
- VI. Delivery Systems
- VII. Long-Term Services and Supports Protections for Choices for Care
- VIII. Designated State Health Programs
- IX. Monitoring and Reporting Requirements
- X. General Financial Requirements
- XI. Monitoring Budget Neutrality for the Demonstration
- XII. Evaluation of the Demonstration
- XIII. Use of Demonstration Funds
- XIV. Measurement of Quality of Care and Access to Care
- XV. Opioid Use Disorder (OUD)/Substance Use Disorder (SUD)
- XVI. Schedule of State Deliverables for the Demonstration Period

Additional attachments have been included to provide supplementary information and guidance for specific STCs.

Attachment A. Quarterly Report Content and Format  
Attachment B. Summary of Choices for Care Eligibility Criteria



Attachment C. Choices for Care Services by Demonstration Group  
Attachment D. Choices for Care Long-Term Services and Supports Definitions  
Attachment E. Global Commitment Specialized Program Service Definitions  
Attachment F. Choices for Care Wait List Procedure Description  
Attachment G. Premiums and Co-Payments for Demonstration Populations  
Attachment H. List of Approved Investments  
Attachment I. Menu of Delivery System Investments  
Attachment J. Investment Application Template  
Attachment K. Evaluation Design [Reserved for Updated Evaluation Design]  
Attachment L. DSHP Claiming Protocol [RESERVED]  
Attachment M. Investment Claiming Protocol [RESERVED]  
Attachment N. SUD Implementation Protocol  
Attachment O. SUD Monitoring Protocol [RESERVED]

## **II. PROGRAM DESCRIPTION AND OBJECTIVES**

The Global Commitment to Health Section 1115(a) Demonstration was initiated in September 2005, and is designed to use a multi-disciplinary approach including the basic principles of public health, the fundamentals of effective administration of a Medicaid managed care delivery system, public-private partnership, and program flexibility.

In June 2018, the Global Commitment to Health demonstration was amended to include Opioid Use Disorder (OUD/SUD) and recovery services through covering Medication-Assisted Treatment (MAT). This demonstration will provide the state with authority to provide high-quality, clinically appropriate SUD treatment services for short-term residents in residential and inpatient treatment settings that qualify as an Institution for Mental Diseases (IMD). This amendment ensures the availability of treatment supports that effectively prevent and treat opioid use disorder and other substance use disorders, and promote a comprehensive and integrated continuum of mental and physical health, OUD/SUD treatment, and long-term services and supports for all Vermonters receiving Medicaid services. Under this demonstration these services would allow the state to provide higher levels of care, timely access, as well as enhance the state's overall comprehensive and evidence-based MAT program.

As of January 1, 2017 Vermont extended the Global Commitment to Health demonstration to further promote delivery system and payment reform to meet the goals of the state working with the Center for Medicaid and CHIP Services and the Center for Medicare and Medicaid Innovation (CMMI) consistent with Medicare's payment reform efforts in order to allow for alignment across public payers. Specifically, Vermont expects to demonstrate its ability to achieve universal access to health care, cost containment, and improved quality of care.

Since 2005, the Global Commitment to Health demonstration has helped reduce Vermont's uninsured rate from 11.4 percent in 2005 to approximately 2.7 percent in 2015 through expansion of eligibility. The demonstration has also enabled Vermont to address and eliminate the bias toward institutional care and offer cost-effective, community-based services. For example, the proportion of Choices for Care participants served in the

community has passed fifty percent and continues to increase. In addition, Vermont no longer has a waiting list for individuals in the Highest and High Need Groups under the Choices for Care component of the demonstration.

While expansion of eligibility is no longer the primary focus of the demonstration, in light of the expansion of eligibility under the state plan pursuant to the Affordable Care Act, the demonstration continues to promote delivery system reform and cost-effective community-based services as an alternative to institutional services. The state's goal in implementing the demonstration is to improve the health status of all Vermonters by:

- Promoting delivery system reform through value based payment models and alignment across public payers;
- Increasing access to affordable and high quality health care by assisting lower-income individuals who can qualify for private insurance through the Marketplace;
- Improving access to primary care;
- Improving health care delivery for individuals with chronic care needs; and
- Allowing beneficiaries a choice in long-term services and supports and providing an array of home and community-based alternatives recognized to be more cost-effective than institutional based supports.

The state will employ four major elements in achieving the above goals:

1. *Program Flexibility:* Vermont has the flexibility to invest in certain specified alternative services and programs designed to achieve the demonstration's objectives (including the Marketplace subsidy program);
2. *Managed Care Delivery System:* Under the demonstration the Agency for Human Services (AHS) will enter into an agreement with the Department of Vermont Health Access (DVHA), which will deliver services through a managed care-like model, subject to the requirements that would be applicable to a non-risk pre-paid inpatient health plan (PIHP) as defined in STC 24;
3. *Removal of Institutional Bias:* Under the demonstration, Vermont will provide a choice of settings for delivery of services and supports to older adults, people with severe and persistent mental illness, people with physical disabilities, people with developmental disabilities, and people with traumatic brain injuries who meet program eligibility and level of care requirements; and
4. *Delivery System Reform:* Under the demonstration, Vermont will support systemic delivery reform efforts using the payment flexibility provided through the demonstration to create alignment across public and private payers.

Over the demonstration period, the state, in addition to the overall demonstration goals, will include the following six new goals to support the substance use disorder (SUD) program.

1. Increased rates of identification initiation, and engagement in treatment;
2. Increase adherence to and retention in treatment;
3. Reductions in overdose deaths, particularly those due to opioids;
4. Reduced utilization of emergency department and inpatient hospital settings for treatment where the utilization is preventable or medically inappropriate through improved access to other continuum of care services;
5. Fewer readmissions to the same or higher level of care where the readmission is preventable or medically inappropriate; and
6. Improved access to care for physical health conditions among beneficiaries.

The initial Global Commitment to Health and Choices for Care demonstrations were approved in September of 2005, effective October 1, 2005. The Global Commitment to Health demonstration was extended for 3 years, effective January 1, 2011, and again for 3 years, effective October 2, 2013. The Choices for Care demonstration was extended for 5 years, effective October 1, 2010, and became part of the Global Commitment to Health demonstration in January 2015. The following amendments have been made to the Global Commitment to Health demonstration:

- 2007: A component of the Catamount Health program was added, enabling the state to provide a premium subsidy to Vermonters who had been without health insurance coverage for a year or more, have income at or below 200 percent of the FPL, and who do not have access to cost-effective employer-sponsored insurance, as determined by the state.
- 2009: The state extended Catamount Health coverage to Vermonters at or below 300 percent of the FPL.
- 2011: The state included a palliative care program for children who are at or below 300 percent of the FPL and have been diagnosed with life-limiting illness that would preclude them from reaching adulthood. This program allows children to receive curative and palliative care services such as expressive therapy, care coordination, family training and respite for caregivers.
- 2012: CMS provided authority for the state to eliminate the \$75 inpatient admission co-pay and to implement nominal co-payments for the Vermont Health Access Plan (VHAP) as articulated in the Medicaid state plan.
- 2013: CMS approved the extension of the Global Commitment to Health demonstration which included sun-setting the authorities for most of the Expansion Populations, including Catamount Health coverage, because these populations would be eligible for Marketplace coverage beginning January 1, 2014. The extension also added the New Adult Group under the state plan to the population affected by the demonstration effective January 1, 2014. Finally, the extension also included premium subsidies for individuals enrolled in a qualified health plan whose income is at or below 300 percent of the FPL.

- 2015: In January 2015, the Global Commitment to Health demonstration was amended to include authority for the former Choices for Care demonstration. In addition, the state received section 1115 authority to provide full Medicaid state plan benefits to pregnant women who are determined presumptively eligible.

### III. GENERAL PROGRAM REQUIREMENTS

- 1. Compliance with Federal Non-Discrimination Statutes.** The state must comply with all applicable federal statutes relating to non-discrimination. These include, but are not limited to, the Americans with Disabilities Act of 1990, Title VI of the Civil Rights Act of 1964, section 504 of the Rehabilitation Act of 1973, and the Age Discrimination Act of 1975.
- 2. Compliance with Medicaid Law, Regulation, and Policy.** All requirements of the Medicaid program expressed in federal law, regulation, and policy statement not expressly waived or identified as not applicable in the expenditure authority document (which is a part of these STCs), must apply to the demonstration.
- 3. Changes in Medicaid Law, Regulation, and Policy.** The state must, within the timeframes specified in the applicable federal law, regulation, court order, or policy directive, come into compliance with any changes in federal law, regulation, or policy affecting the Medicaid program that occur during this demonstration approval period, unless the provision being changed is expressly waived or identified as not applicable. In addition, CMS reserves the right to amend the STCs to reflect such changes as needed to align with the applicable Medicaid law, regulation, or policy without requiring the state to submit an amendment to the demonstration under STC 7. CMS will notify the state 30 business days in advance of its intent to amend these STCs as necessary to align with the applicable Medicaid law, regulation, or policy. Changes will be considered effective as of the date of the issuance of the CMS approval letter.
- 4. Impact on Demonstration of Changes in Federal Law, Regulation, and Policy.**
  - a. To the extent that a change in federal law, regulation, or policy requires either a reduction or an increase in federal financial participation (FFP) for expenditures made under this demonstration, the state must adopt, subject to CMS approval, a modified budget neutrality agreement for the demonstration as necessary to comply with such change. The modified budget neutrality agreements would be effective upon the implementation of the change.
  - b. If mandated changes in the federal law require state legislation, the changes must take effect on the earlier of the day such state legislation becomes effective, or on the last day such legislation was required to be in effect under the law.
- 5. State Plan Amendments.** The state is not required to submit title XIX state plan amendments for changes to demonstration-eligible populations covered solely through the demonstration. If a population covered through the Medicaid state plan is affected by a change to the demonstration, a conforming amendment to the appropriate state plan may be

required, except as otherwise noted in these STCs. Reimbursement of providers will not be limited to reimbursement described in the state plan.

- 6. Changes Subject to the Amendment Process.** Changes related to demonstration features such as eligibility, enrollment, benefits, enrollee rights, delivery systems, cost sharing, sources of non-federal share of funding, budget neutrality, and other comparable program elements must be submitted to CMS as amendments to the demonstration. All amendment requests are subject to approval at the discretion of the Secretary in accordance with section 1115 of the Social Security Act (the Act). The state shall not implement changes to these demonstration elements without prior approval by CMS. Amendments to the demonstration are not retroactive and FFP will not be available for changes to the demonstration that have not been approved through the amendment process set forth in STC 7 below, except as provided in STC 3.
- 7. Amendment Process.** Requests to amend the demonstration must be submitted to CMS in writing for approval no later than 120 days prior to the planned date of implementation of the change and may not be implemented until approved. CMS reserves the right to deny or delay approval of a demonstration amendment based on non-compliance with these STCs, including but not limited to failure by the state to submit required reports and other deliverables in a timely fashion according to the deadlines specified therein. Amendment requests must include, but are not limited to, the following:

  - a. A detailed description of the amendment, including impact on beneficiaries, with sufficient supporting documentation;
  - b. A data analysis that identifies the specific “with waiver” impact of the proposed amendment on the current budget neutrality expenditure cap. Such analysis must include current total computable “with waiver” and “without waiver” status on both a summary and detailed level though the approval period using the most recent actual expenditures, as well as summary and detailed projections of the change in the “with waiver” expenditure total as result of the proposed amendment which isolates (by Eligibility Group) the impact of the amendment;
  - c. An explanation of the public process used by the state consistent with the requirements of STC 14; and
  - d. If applicable, a description of how the evaluation design must be modified to incorporate the amendment provisions.
- 8. Demonstration Phase-Out.** The state may only suspend or terminate this demonstration, in whole or in part, at any time prior to the date of expiration (last day of the approval period) consistent with the following requirements:

  - a. Notification of Suspension or Termination: The state must promptly notify CMS in writing of the effective date and reason(s) for the suspension or termination. At least six months before the effective date of the demonstration’s suspension or termination,

the state must submit to CMS its proposed transition and phase-out plan, together with intended notifications to demonstration enrollees. Prior to submitting the draft transition and phase-out plan to CMS, the state must publish on its website the draft plan for a 30-day public comment period. In addition, the state must conduct tribal consultation in accordance with the requirements of STC 14. Once the 30-day public comment period has ended, the state must provide a summary of public comments received, the state's response to the comments received, and how the state incorporated the comments received into the transition and phase-out plan submitted to CMS.

- b. Transition and Phase-out Plan Requirements: The state must include, at a minimum, in its phase-out plan the process by which it will notify affected beneficiaries, the content of said notices (including information on the beneficiary's appeal rights), the process by which the state will conduct administrative reviews of Medicaid eligibility for the affected beneficiaries, and ensure ongoing coverage for those beneficiaries whether currently enrolled or determined to be eligible individuals, as well as any community outreach activities, including community resources that are available.
- c. Phase-out Plan Approval: The state must obtain CMS approval of the transition and phase-out plan prior to the implementation of phase-out activities. Implementation of phase-out activities must be no sooner than 14 days after CMS approval of the phase-out plan.
- d. Phase-out Procedures: The state must comply with all notice requirements found in 42 CFR §431.206, §431.210 and §431.213. In addition, the state must assure all appeal and hearing rights are afforded to demonstration participants as outlined in 42 CFR §431.220 and §431.221. If a demonstration participant requests a hearing before the date of action, the state must maintain benefits as required in 42 CFR §431.230. In addition, the state must conduct administrative renewals for all affected beneficiaries in order to determine if they qualify for Medicaid eligibility under a different eligibility category as found in 42 CFR §435.916.
- e. Exemption from Public Notice Procedures 42 CFR §431.416(g): CMS may expedite or waive the federal and state public notice requirements under circumstances described in 42 CFR §431.416(g).
- f. Enrollment Limitation during Demonstration Phase-out: If the state elects to suspend, terminate, or not extend this demonstration, during the last 6 months of the demonstration, enrollment of new individuals into the demonstration must be suspended.
- g. Federal Financial Participation (FFP): If the project is terminated or any relevant waivers suspended by the state, FFP shall be limited to normal closeout costs associated with terminating the demonstration including services and administrative costs of disenrolling participants.

- 9. Extension of the Demonstration.** States that intend to request a demonstration extension under sections 1115(e) or 1115(f) of the Act must submit extension applications in accordance with the timelines contained in statute. Otherwise, no later than 12 months prior to the expiration date of the demonstration, the Governor or Chief Executive Officer of the state must submit to CMS either a demonstration extension request that meets federal requirements at 42 CFR §431.412(c) or a transition and phase-out plan consistent with the requirements of STC 8.
- 10. CMS Right to Amend, Terminate or Suspend.** CMS may amend, suspend or terminate the demonstration (in whole or in part) at any time before the date of expiration, whenever it determines, following a hearing, that the state has materially failed to comply with the terms of this demonstration project. This includes withdrawing associated expenditure and/or waiver authorities as determined necessary. CMS will promptly notify the state in writing of the determination and the reasons for the amendment, suspension or termination, together with the effective date.
- 11. Finding of Non-Compliance.** The state does not relinquish either its rights to challenge any CMS finding that the state materially failed to comply, or to request reconsideration or appeal of any disallowance pursuant to section 1116(e) of the Act.
- 12. Withdrawal of Section 1115(a) Authority.** CMS reserves the right to withdraw waiver and/or expenditure authorities at any time it determines that continuing the waivers or expenditure authorities would no longer be in the public interest or promote the objectives of title XIX. CMS will promptly notify the state in writing of the determination and the reasons for the withdrawal, together with the effective date, and afford the state an opportunity to request a hearing to challenge CMS' determination prior to the effective date. If a waiver or expenditure authority is withdrawn, FFP is limited to normal closeout costs associated with terminating the waiver or expenditure authority, including services, continued benefits as a result of beneficiary appeals, and administrative costs of disenrolling participants.
- 13. Adequacy of Infrastructure.** The state must ensure the availability of adequate resources for implementation and monitoring of the demonstration, including education, outreach, and enrollment; maintaining eligibility systems; compliance with cost sharing requirements to the extent they apply; and reporting on financial and other demonstration components.
- 14. Public Notice, Tribal Consultation, and Consultation with Interested Parties.** The state must comply with the state notice procedures as required in 42 CFR §431.408 prior to submitting an application to extend the demonstration. For applications to amend the demonstration, the state must comply with the state notice procedures set forth in 59 Fed. Reg. 49249 (September 27, 1994) prior to submitting such request. The state must also comply with the public notice procedures set forth in 42 CFR §447.205 for changes in statewide methods and standards for setting payment rates.

The state must also comply with tribal and Indian Health Program/Urban Indian Organization consultation requirements at section 1902(a)(73) of the Act, 42 CFR §431.408(b), State Medicaid Director Letter #01-024, or contained in the state's approved Medicaid State Plan,

when any program changes to the demonstration, either through amendment as set out in STC 6 or extension, are proposed by the state.

- 15. Dual Role of Managed Care-Like Model and Compliance with Managed Care Regulations.** For purposes of the demonstration the state shall comply with all of the managed care regulations published at 42 CFR section Part 438 et. seq., except as expressly modified or identified as not applicable in the STCs. DVHA shall continue to serve as the unit designated by AHS (the Single State Agency) responsible for administration of the state Medicaid program and operates as a public managed care model solely to carry out the goals and purposes of the demonstration. DVHA's role under the demonstration as a public managed care model does not reduce or diminish its authority to operate as the designated Medicaid unit under the approved state plan, including its authority to implement program policies permissible under a state plan and establish provider participation requirements. DVHA shall comply with federal program integrity and audit requirements as if it were a non-risk pre-paid inpatient health plan (PIHP) for services and populations covered under the demonstration in accordance with STC 24.
- 16. Federal Financial Participation (FFP).** No federal matching for expenditures for this demonstration will take effect until the effective date identified in the demonstration approval letter, or at a later date if so identified elsewhere in these STCs or in the list of waiver and expenditure authorities.
- 17. Administrative Authority.** When there are multiple entities involved in the administration of the demonstration, the Single State Medicaid Agency must maintain authority, accountability, and oversight of the program. The State Medicaid Agency must exercise oversight of all delegated functions to operating agencies, managed care organizations (MCOs) and any other contracted entities.

#### **IV. ELIGIBILITY, BENEFITS, AND ENROLLMENT**

The Global Commitment to Health demonstration includes the following fundamental elements: program flexibility; a health care delivery system administered by the state and modeled after a managed care delivery system; comprehensive and person-centered services; and choice in long-term services and supports.

- 18. Populations Affected and Eligible under the Demonstration.**
  - a. **Generally:** The populations listed in the tables below will receive coverage through the Global Commitment to Health demonstration service delivery system.
  - b. **State plan groups:** Coverage for mandatory and optional state plan groups described below are subject to all applicable Medicaid laws and regulations, except as expressly waived in these STCs and the waiver list and expenditure authority for this demonstration. Any Medicaid State Plan Amendments to the eligibility standards and methodologies for these eligibility groups, including the conversion to a modified adjusted gross income standard on January 1, 2014, will apply to this demonstration.



- c. **Choices for Care Program Eligibility:** Individuals who receive long-term services and supports under the Choices for Care program must meet state plan financial rules and clinical eligibility criteria as defined by state regulation in effect as of February 9, 2009. These clinical eligibility determinations define highest, high, and moderate needs service groups. See Attachment B for a summary of eligibility definitions, services, and policies. Non-state plan eligible Choices for Care individuals are included in Populations 4, 5, and 6 in the table below.
- d. **Other Demonstration Expansion Populations:** Coverage for these populations is subject to Medicaid laws or regulations only as specified in the expenditure authorities for this demonstration.

The general categories of populations affected, or made eligible, by the demonstration are:

<b>Mandatory and Optional State Plan Groups</b>		
<i><b>Population number</b></i>	<i><b>Population description</b></i>	<i><b>Benefits</b></i>
Population 1	Mandatory state plan populations, except for the Affordable Care Act new adult group (included in population 3) and Medicare Savings Program beneficiaries (included in populations 7 and 8).	Benefits as described in the title XIX state plan and these STCs.
Population 2	Optional state plan populations (including medically needy)	Benefits as described in the title XIX state plan and these STCs.
Population 3	The new adult group, described in 1902(a)(10)(A)(i)(VIII) and 42 CFR 435.119, pursuant to the approved state plan.	Benefits as described in approved alternative benefit plan state plan amendment and these STCs.

<b>Demonstration Expansion Populations</b>		
<b><i>Demonstration population number</i></b>	<b><i>Population description</i></b>	<b><i>Benefits</i></b>
Population 4	Individuals age 65 and older and age 21 and older with disabilities, not otherwise eligible under the state plan, who meet the clinical criteria for the highest need group, and who would have been Medicaid-eligible under section 1902(a)(10)(A)(ii)(VI) of the Act and 42 CFR §435.217, in conjunction with section 1902(a)(10)(A)(ii)(V) of the Act, if the services they receive under the demonstration would have been provided under an HCBS waiver granted to the state under section 1915(c) of the Act prior to 2014. This includes the application of the post eligibility rules specified at 42 CFR §435.726, and of the spousal impoverishment rules specified at 1924 of the Act, with a resource standard of \$10,000. This only applies to unmarried individuals who have an ownership interest in their principal residence.	Benefits as described in the Medicaid state plan and HCBS benefits described in these STCs.

<b>Demonstration Expansion Populations</b>		
<b><i>Demonstration population</i></b>	<b><i>Population description</i></b>	<b><i>Benefits</i></b>
Population 5	Individuals age 65 and older and age 21 and older with disabilities, not otherwise eligible under the state plan, who meet the clinical criteria for the high need group, and who would have been Medicaid-eligible under section 1902(a)(10)(A)(ii)(VI) of the Act and 42 CFR §435.217, in conjunction with section 1902(a)(10)(A)(ii)(V) of the Act, if the services they receive under the demonstration would have been provided under an HCBS waiver granted to the state under section 1915(c) of the Act prior to 2014. This includes the application of the post eligibility rules specified at 42 CFR 435.726, and of the spousal impoverishment rules specified at 1924 of the Act, and have a resource standard of \$10,000. This only applies to unmarried individuals who have an ownership interest in their principal place of residence.	Benefits as described in the Medicaid state plan and HCBS benefits described in these STCs.
Population 6	Individuals who have incomes below 300 percent of the SSI Federal Benefit rate and would be described in Populations 4 or 5 except that they meet the clinical criteria for the moderate needs group and are at risk of institutionalization.	Limited HCBS including Adult Day Services, Case Management, and Homemaker services. This coverage does not meet the requirements of minimum essential coverage as communicated by CMS in its February 12, 2016 correspondence to the state.

<b>Demonstration Expansion Populations</b>		
<b><i>Demonstration population</i></b>	<b><i>Population description</i></b>	<b><i>Benefits</i></b>
Population 7	Medicare beneficiaries who are 65 years or older or have a disability with income at or below 150 percent of the FPL, who may be enrolled in the Medicare Savings Program (MSP) but are not otherwise categorically eligible for full benefits.	Medicaid prescriptions, eyeglasses and related eye exams; MSP beneficiaries also receive benefits as described in the title XIX state plan.
Population 8	Medicare beneficiaries who are 65 years or older or have a disability with income above 150 percent and up to and including 225 percent of the FPL, who may be enrolled in the MSP, but are not otherwise categorically eligible for full benefits.	Maintenance Drugs (defined as a drug approved by the FDA for continuous use and prescribed to treat a chronic condition for a prolonged period of time of 30 days or longer, and includes insulin, an insulin syringe and an insulin needle). MSP beneficiaries also receive benefits as described in the title XIX state plan.

- 19. Expansion Eligibility Groups Expenditure and Enrollment Cap.** The state must not impose a waiting list or enrollment cap on any Medicaid state plan population for Medicaid state plan services.
- A waiting list for enrollment is permitted for individuals eligible only under demonstration authority. If the state establishes a waiting list for services, the waiting list will be limited to coverage of services available only under demonstration authority. The waiting list for services must give priority to individuals who are eligible under the Medicaid state plan.
  - The state may maintain waiting list policies and procedures for home and community-based services through the Choices for Care Program including a description of how the state will manage wait lists, if and when waiting lists should occur. Waiting list management may include, but not be limited to, consideration of clinical need, other risk factors, eligibility status, date of application, and any regulatory legislative mandates. A description of the wait list policy can be found in Attachment F.
- 20. Benefits.** All covered services may be subject to medical review and prior approval by DVHA based on medical appropriateness. A complete listing of covered services and

limitations are contained in the Vermont approved title XIX state plan, Vermont statutes, regulations, and policies and procedures. The Global Commitment to Health demonstration will provide, at a minimum, the benefits covered under the title XIX state plan and these STCs to individuals in populations 1 and 2 and benefits for individuals in population 3 shall be specified in an approved Alternative Benefit plan under the state plan and these STCs.

- a. **Hospice.** The state may provide coverage for hospice services concurrently with palliative and curative services. These concurrent services will be available for adults 21 years of age and older who are in populations 1, 2, and 3 who have been diagnosed with a life-limiting illness that is expected to be terminal, if a physician has certified that the adult is within the last months of life. The number of months of life required for such a certification shall be determined under the state plan. The state must under regular state plan rules provide concurrent hospice services for both palliative and curative services for children under age 21.
- b. **Individually Assessed Cost-Effective Alternative Services.** Vermont may provide individuals with the option to receive cost-effective treatment as patients in lieu of otherwise covered services in other settings. This option must be voluntary with the individual, and must be based on an assessment and determination that the service is a medically appropriate and cost-effective substitute for the corresponding state plan service or setting. The state must not claim any expenditures under this expenditure authority that are otherwise not allowable including, but not limited to, institution for mental diseases (IMD), inmates, or room and board.
- c. **Special programs.** In addition to the services described in subparagraph (a), the state shall provide the following services, through “special programs” to individuals who would have been eligible under a separate 1915(c) waiver or the state’s prior 1115 demonstration. Service definitions for these programs are included in Attachment E.

Special Program Name	Services	Limitations
Traumatic Brain Injury (TBI)	HCBS waiver-like services including crisis/support services, psychological and counseling supports, case management, community supports, habilitation, respite care, supported employment, environmental and assistive technology and self-directed care.	Any limitation on this service is defined by Vermont rules and policies.
Mental Illness Under 22	HCBS waiver-like services including service coordination, flexible support, skilled therapy services, environmental safety devices, counseling, residential treatment, respite, supported employment, and crisis and community supports.	Any limitation on this service is defined by Vermont rules and policies.

Special Program Name	Services	Limitations
Community Rehabilitation and Treatment	HCBS waiver-like services including service coordination, flexible support, skilled therapy services, environmental safety devices, counseling, residential treatment, respite, supported employment, and crisis and community supports.	Any limitation on this service is defined by Vermont rules and policies.
Developmental Disability Services	HCBS waiver-like services, including service coordination, residential habilitation, day habilitation, supported employment, crisis services, clinical intervention, respite and self-directed care.	Any limitation on this service is defined by Vermont rules and policies.

d. **Palliative Care Program.** The Palliative Care Program is for children under the age of 21 years in populations 1, 2, and 3 who have been diagnosed with a life-limiting illness that is expected to be terminal before adulthood. The program will allow for children to receive palliative and curative services.

i. **Participation.** Demonstration participants will be identified based on diagnostic codes found on claims data and referrals from medical professionals.

1. Eligibility will be determined by the nurse care manager and/or DVHA Medical Director, based on the assessment tool and supplemental clinical information (as needed). Continued eligibility will be re-assessed at least annually.
2. Care planning activities for children enrolled in the palliative care program will meet the requirements specified in federal managed care regulations for enrollees with special health care needs.

ii. **Benefits.** In addition to state plan services, children enrolled in the palliative care program may also receive care and services that meet the definition of ‘medical assistance’ contained in section 1905(a) of the Act if determined to be medically appropriate in the child’s care plan.

1. **Care Coordination.** Development and implementation of a family-centered care plan that includes telephonic and home visits by a licensed nurse.
2. **Respite Care.** Short-term relief for caretaker relatives from the demanding responsibilities for caring for a sick child.

3. **Expressive Therapies.** Therapies provided by licensed therapist to provide support to the child to help the child to creatively and kinesthetically express their reaction to their illness. The palliative care program offers 52 hours of expressive therapies per year. Additional expressive therapy may be authorized if medically appropriate.
4. **Family Training.** Training to teach family members palliative care principles, medical treatment regimen, use of medical equipment, and how to provide in-home care.
5. **Bereavement Counseling.** Anticipatory counseling and up to 6 months after the child's death for the family by a licensed professional trained in grief counseling. Payment for bereavement counseling services may be provided for on-going counseling to family members after the child's death so long as such services were initiated prior to the child's death.

iii. **Cost Sharing.** Cost sharing requirements as described in STC 21 will apply.

## V. COST SHARING

### 21. Premiums and Cost Sharing.

- a. Populations 1, 2, and 3.
  - i. Premiums for populations 1, 2, and 3, must be in compliance with Medicaid requirements that are set forth in statute, regulation and policy. Premiums may be charged for this population in accordance with the approved state plan.
  - ii. Cost sharing for populations 1, 2, and 3, must be in compliance with Medicaid requirements that are set forth in statute, regulation and policies. Standard Medicaid exemptions from cost-sharing set forth in 42 CFR 447(b) applies to the demonstration.
- b. **Populations 7 and 8.** Detailed cost-sharing and premium requirements for Populations 7 and 8 are included in Attachment G. The state must not apply co-payment requirements to excluded populations (children under age 21, pregnant women or individuals in long-term care facilities) or for excluded services/supplies (e.g., family planning).
- c. Premiums for children through age 18 with income above 195 percent of the FPL through 312 percent of the FPL are outlined in Attachment G.

## VI. DELIVERY SYSTEMS

22. **Delivery System Overview.** Costs of all Medicaid covered services will be covered by DVHA and may be furnished through contracts with providers and through interagency

agreements with governmental partners. Contracts with providers may include capitated contracts that meet the requirements of 42 CFR Part 438. In addition, DVHA will operate on a managed care-like model applying utilization controls and care management. The managed care-like model shall comply with federal regulations at 42 CFR Part 438 that would be applicable to a non-risk PIHP, including beneficiary rights and appeal/grievance procedures (unless specifically stated otherwise in the STCs). Requirements under the demonstration shall be documented through an interagency agreement between AHS and DVHA.

- 23. Submission of Interagency Agreement and Rate Certification.** At least 90 days prior to the effective date of the interagency agreement, AHS shall submit for CMS review and approval the interagency agreement and corresponding rate certification as described in 42 CFR 438.7 and these STCs. Any amendments to the interagency agreement and corresponding amendments to the rate certification shall be submitted for CMS review and approval 45 days prior to the effective date of amendment to the interagency agreement.
- 24. Managed Care-Like Model – Designated Non-Risk PIHP.** The managed care-like model shall be subject to 42 CFR 438 requirements as a non-risk PIHP, and AHS shall be subject to 42 CFR 438 requirements as the state, and DVHA shall be subject to 42 CFR 438 requirements as a non-risk PIHP subject to the following clarifications:
  - a. AHS shall develop a per member per month (PMPM) capitation rate consistent with the requirements for actuarial soundness, rate development, special contract provisions (as applicable), and rate certifications in 42 CFR 438.4 through 438.7; The PMPM capitation rates shall not be used for determination of federal financial participation, rather the PMPM capitation rates and corresponding rate certification shall be used to determine that:
    - i. The provider reimbursement rates are not based on the rate of federal financial participation associated with the covered populations;
    - ii. The provider reimbursement rates are appropriate for the populations to be covered and the services to be furnished under the contract; and
    - iii. The provider reimbursement rates are adequate to meet the requirements on MCOs, PIHPs, and PAHPs in §§438.206, 438.207, and 438.208;
  - b. DVHA shall calculate and report a Medical Loss Ratio. The MLR shall be calculated consistent with all applicable parts of 42 CFR 438.8;
  - c. Neither the capitation rates determined under the interagency agreement nor the underlying provider payments shall be subject to the upper payment limits specified in 42 CFR 447.362; and
  - d. AHS will be responsible for oversight of the managed care-like model acting as a non-risk PIHP, ensuring compliance with state and federal statutes, regulations, special terms and conditions, waiver, and expenditure authority. AHS shall be



responsible for evaluation, interpretation and enforcement of findings issued by the external quality review organization.

**25. Capitation Rate Development.** In addition to the requirements described in STC 24, the development of the capitation rate must:

- a. Be developed consistent with the requirements in 42 CFR 438.5 and based on DVHA's actual experience and expected costs;
- b. Be developed for 12 month periods (Note: The first contract under the extension STCs will be for the period April 1, 2017 through December 31, 2017, which is 9 months.);
- c. Not include any administrative services and costs that are required to be incurred by AHS as the Single State Agency under federal law, regulation, or these STCs. Such administrative services and costs that cannot be part of the capitation rate include: eligibility determinations, Single State Agency Central Office and External Quality Review Organization (EQRO), administration of a State Fair Hearing system, the Beneficiary Support System in 42 CFR 438.71 and STC 31, and the provider screening and enrollment process under 42 CFR 438.602(b);
- d. Include only costs for services included under 42 CFR 438.3(c)(1)(ii);
- e. Not include any costs for "investments" as described in STC 85;
- f. AHS shall require DVHA through its interagency agreement to maintain an 85 percent medical loss ratio calculated consistent with 42 CFR 438.8 and these STCs;
- g. To the extent that DVHA does not meet at least an 85 percent medical loss ratio, the PMPM capitation rates must be reduced to the extent necessary to achieve an 85 percent medical loss ratio;
- h. DVHA shall not be eligible for an incentive payment above the actuarial sound capitation rate under 438.6(b); and
- i. AHS shall be required to comply with 42 CFR 438.6(c) and (d), in that:
  - i. Neither AHS, nor DVHA, shall make any pass-through payments, as defined in 42 CFR 438.6(a) to providers;
  - ii. Any reimbursement arrangements between DVHA and providers that is based entirely on a fee-for-service style of fee schedule, consistent with the fee schedule described in 42 CFR 438.6(c)(1)(iii), shall not require AHS to obtain prior approval under 42 CFR 438.6(c)(2);
  - iii. Any reimbursement arrangements between AHS or DVHA and providers that is not a fee-for-service style fee schedule shall be required to meet the prior

approval requirements in 42 CFR 438.6(c)(2) for reimbursement arrangements described in 42 CFR 438.6(c)(1)(i) and (ii);

- iv. AHS is required to obtain prior approval under 42 CFR 438.6(c)(2) for all reimbursement methodologies that are not fee-for-service regardless of whether the reimbursement methodology is included explicitly in the interagency agreement or instituted at DVHA's discretion; and
- v. Fee-for-service (FFS) for the purposes of this STC means any payment system where:
  - 1. The provider's services are described in terms of "X units of services" where the units of the services are appropriate for the type of service and consistent with units prescribed in national coding standards.
  - 2. The provider's services are reimbursed at a specific reimbursement rate per unit of service, regardless of how the specific reimbursement rate is determined (e.g. fixed dollar amount, Diagnostic-Related Group (DRG), All Patients Refined Diagnostic Related-Group (APR-DRG), or Prospective Payment System (PPS) rates such as Federally Qualified Health Center (FQHC) or Indian Health Service (IHS) rates).
  - 3. The total provider reimbursement is determined by multiplying:
    - a. The provider's "X units of services" delivered to an enrollee; and
    - b. The specific reimbursement rate per unit of service.
  - 4. The payment is not for a "bundle of services."
  - 5. For the purposes of distinguishing the concept of FFS in 42 CFR 438.6(c)(1)(iii) versus a "bundle of services" in 42 CFR 438.6(c)(1)(i), a payment is considered a "bundle of services" when the payment system:
    - a. Pays a single payment for delivering a set of services, whenever the set of services includes covered services across multiple categories of services in §1905 of the Act.

**26. Choice under the Managed Care-Like Model.** All Medicaid beneficiaries are enrolled in the managed care-like model that operates as if it were a non-risk PIHP. AHS shall not be subject to 42 CFR 438.52(a)(1). AHS shall be required to meet the requirements of 42 CFR 438.52(b) in all counties regardless of the county designation in the Medicare Advantage Health Services Delivery Reference file.

- 27. Non-Application of 42 CFR 438.3(m).** AHS and DVHA shall not be determined out of compliance with 42 CFR 438.3(m) if:
- a. AHS and DVHA meet the financial reporting requirements, consistent with requirements in sections IX and X of these STCs, as well as applicable federal and state accounting principles and controls.
- 28. Limitation of Freedom of Choice.** Freedom of choice is limited to the DVHA network of providers. However, populations must have freedom of choice when selecting enrolled providers within that network (when applicable, the provider must be enrolled in the specific specialty or subprogram applicable to the services at issue). Specifically, demonstration participants enrolled in a special service program such as, but not limited to, specialized substance abuse and behavioral health services or a program for home and community-based services may only have access to the providers enrolled under that program, and will not have access to every Medicaid-enrolled provider for services under that program. Such participants will have freedom of choice of providers enrolled in the special service program. No restriction on freedom of choice of family planning provider may be imposed.
- 29. Contracts and Provider Payments.** Payments to providers for Global Commitment will be set by DVHA and approved by AHS and will not be required to comply with the payment provisions in the approved state plan.
- a. All services provided under the demonstration, including nursing facility and home and community-based services, are included in the actuarially-determined per member per month calculation. Therefore, these payments are subject to the applicable requirements in 42 CFR 438.7.
  - b. The state must not make any supplemental payments to providers under the Medicaid state plan.
- 30. Contracting with Federally Qualified Health Centers (FQHCs).** The state shall not reduce the number of FQHCs and rural health centers available to provide services to beneficiaries under this demonstration.
- 31. Beneficiary Support System.** AHS shall develop and implement a beneficiary support system consistent with the requirements of 42 CFR 438.71. AHS shall ensure the independence and conflict of interest requirements in 42 CFR 438.71(c)(2) are satisfied by ensuring that contracts or grants for these activities are managed by staff outside of DVHA and that staff responsible for any beneficiary support system activities report to a department or agency outside of DVHA. AHS will monitor beneficiary support system quarterly reports and take action where systemic issues are identified with managed long-term supports and services operated by DVHA.
- 32. Appeals and Grievance.** AHS and DVHA shall comply with all aspects of 42 CFR 438, subpart F, with AHS as the state and DVHA as if it were a non-risk PIHP. All requirements

related to State Fair Hearings in federal statute and regulations shall be the direct responsibility of AHS and may not be delegated to DVHA.

- 33. Program Integrity.** AHS and DVHA shall comply with all requirements of 42 CFR 438, subpart H, with AHS as the state and DVHA as a PIHP unless specified herein. All program integrity requirements in federal statute and regulations that are required of the state in its oversight of a non-risk PIHP shall be the direct responsibility of AHS and may not be delegated to DVHA.

- a. 42 CFR 438.604(a)(4) pertaining to documentation against risk of insolvency is not applicable to DVHA.
- b. The data, information, and documentation submission requirements on DVHA as a non-risk PIHP in 42 CFR 438.604(a)(1) and (a)(2) is satisfied so long as AHS has direct access to the information systems that maintain such data, documentation and information.

- 34. Data Sharing.** DVHA acting as a non-risk PIHP under a managed care-like model shall comply with all privacy and confidentiality requirements on PIHPs in 42 CFR 438. Nothing in this STC prohibits AHS from delegating data and information rights and responsibilities to DVHA consistent with federal law, including section 1902(a)(7) of the Act and 42 CFR 431.306(d). To the extent that DVHA has access to data and information under delegation from AHS that may not otherwise be shared with a non-risk PIHP, AHS must establish administrative, managerial and, technical controls to prevent sharing the data with divisions of DVHA responsible for the managed care-like model acting as a non-risk PIHP.

## **VII. LONG-TERM SERVICES AND SUPPORTS PROTECTIONS FOR CHOICES FOR CARE**

- 35. Person-Centered Planning.** The state agrees to use person-centered planning processes to identify participants' and applicants' long-term service and support needs, the resources available to meet those needs, and to provide access to additional service and support options, such as the choice to use spouse caregivers, and access a prospective monthly cash payment. The state assures that person-centered planning will be in compliance with the characteristics set out in 42 CFR 441.301(c)(1)-(3).
- 36. Self-Directed Supports.** The state agrees to provide resources to support participants or their proxies (e.g., a surrogate, parent or legal guardian/representative) in directing their own care. This support assures, but is not limited to, participants' compliance with laws pertaining to employer responsibilities and provision for back-up attendants as needs arise. The state agrees to assure that background checks on employees and their results are available to participants. State policies and guidelines will include, but not be limited to: criteria for who is eligible to self-direct, a fiscal agent/intermediary, and consultants to assist participants with learning their roles and responsibilities as an 'employer' and to ensure that services are consistent with care plan needs and allocations.

- a. Choices for Care program enrollees will have full informed choice on the requirements and options to: self-direct Choices for Care services; have a qualified designated representative direct Choices for Care services on their behalf; or select traditional agency-based service delivery. State and provider staff will receive training on these options.
- 37. Participant/Applicant Waiting List Monitoring.** The state agrees to report on the status of the waiting lists for Choices for Care services during regular progress calls between CMS and the state and in reports submitted to CMS by the state.
- a. The state assures that it has a system as well as policies and procedures in place through which the providers must identify, report and investigate critical incidents that occur within the delivery of Choices for Care Long-Term Services and Supports (LTSS). The state also has a system as well as policies and procedures in place through which to prevent, detect report, investigate, and remediate abuse, neglect, and exploitation. Providers and participants are educated about this system. Provider obligations include specific action steps that providers must take in the event of known or suspected abuse, neglect or exploitation. The Vermont policies and procedures are specified in Vermont Statute, 33 V.S.A. Chapter 69, available at: <http://www.leg.state.vt.us/statutes/sections.cfm?Title=33&Chapter=069>.
- 38. Home and Community Based Settings.** The state will assure compliance with the characteristics of home and community-based settings in accordance with 42 CFR 441.301(c)(4), for those Choices for Care services (e.g., those not found in the Vermont State Plan) that could be authorized under 1915(c) and 1915(i). The Choices for Care services are described in Attachment D.
- 39. Single State Agency LTSS oversight.** In its role as single state agency, the AHS will ensure a managed LTSS plan for a comprehensive care model is developed that promotes the integration of home and community-based services, institutional, acute, primary and behavioral healthcare.
- 40. Choices for Care Enrollee Access.** To support the beneficiary's experience receiving medical assistance and long-term services and supports, the state shall assure that all Choices for Care program enrollees have access to independent support services that assist them in understanding their coverage options and in the resolution of problems regarding services, coverage, access and rights. Independent support services will:
- a. Operate independently from any provider and to the extent possible, services will be provided independently of the state and support transparent and collaborative resolution of issues between beneficiaries and state government;
  - b. Be easily accessible and available to all Choices for Care enrollees. Activities will be directed toward enrollees in all settings (institutional, residential and community-based), accessible through multiple entryways (e.g., phone, internet, office) and reach

- out to beneficiaries and/or authorized representatives through various means (mail, phone, in person), as appropriate;
- c. Assist with access to services and supports and help individuals understand their choices, resolve problems and address concerns that may arise between the individual and a provider or payer. The state will assure:
    - i. Beneficiaries have support in the pre-enrollment stage, such as unbiased options counseling and general program-related information.
    - ii. Beneficiaries have an access point for complaints and concerns about Choices for Care enrollment, access to services, and other related matters.
    - iii. Enrollees understand the fair hearing, grievance, and appeal rights and processes within the Choices for Care program and assist them through the process if needed/requested.
    - iv. Trainings are conducted with providers on community-based resources and covered services and supports.
  - d. Ensure staff and volunteers are knowledgeable. Training will include information about the state's Medicaid programs; beneficiary protections and rights under Medicaid managed care arrangements; and the health and service needs of persons with complex needs, including those with a chronic condition, disability, and cognitive or behavioral needs. In addition, the state will ensure services are delivered in a culturally competent manner and are accessible to individuals with limited English proficiency; and
  - e. Collect and report information on the volume and nature of beneficiary contacts and the resolution of such contacts on a schedule and manner determined by the state, but no less frequently than quarterly. This information will inform the state of any provider or contractor issues and support quarterly reporting requirements to CMS.

## **VIII. DESIGNATED STATE HEALTH PROGRAMS**

- 41. State-Funded Marketplace Subsidies Program.** The state may claim as allowable expenditures under the demonstration the payments made through its state-funded program to provide premium subsidies for individuals up to and including 300 percent of the FPL who purchase health insurance through the Marketplace. Subsidies will be provided on behalf of individuals who: (1) are not Medicaid eligible; (2) are eligible for the advance premium tax credit (APTC); and (3) whose income is up to and including 300 percent of the FPL. Expenditures for this designated state health program (DSHP) must not include any expenditures listed in STC 85 ("Investment Approval Process"). The state must submit a claiming protocol for this DSHP and the protocol will become Attachment L.

- a. Funding Limit. Expenditures for the subsidies are limited on an annual basis as follows (total computable):

	DY 12 CY 2017	DY 13 CY 2018	DY 14 CY 2019	DY 15 CY 2020	DY 16 CY 2021
<b>DSHP – State-funded Exchange Subsidy</b>	\$6,520,640	\$7,172,704	\$7,889,974	\$8,678,971	\$9,546,869

b. Reporting. The state must provide data regarding the operation of this subsidy program in the annual report required per STC 50. This data must, at a minimum, include:

- i. The number of individuals served by the program;
- ii. The size of the subsidies; and
- iii. A comparison of projected costs with actual costs.

c. Budget Neutrality. This subsidy program will be subject to the budget neutrality limit.

#### **42. State-Funded Mental Health Community Rehabilitation and Treatment (CRT) Services.**

- a. The state may claim as allowable expenditures under the demonstration payments through a state-funded program for CRT services, as defined by Vermont rule and policy, provided to individuals with severe and persistent mental illness who have incomes above 133 percent of the FPL and up to and including 185 percent of FPL who are not Medicaid enrolled. This program will be subject to the budget neutrality limit. A description of the services can be found in Attachment E: Global Commitment Specialized Program Service Definitions. Expenditures for this DSHP must not include any expenditures listed in STC 85 (“Investment Approval Process”). The state must submit a claiming protocol for this DSHP and the protocol will become Attachment L.

### **IX. MONITORING AND REPORTING REQUIREMENTS**

**43. Monitoring Calls.** CMS will convene periodic conference calls with the state. The purpose of these calls is to discuss any significant actual or anticipated developments affecting the demonstration, including planning for future changes in the program. CMS will provide updates on any amendments or concept papers under review, as well as federal policies and issues that may affect any aspect of the demonstration. The state and CMS will jointly develop the agenda prior to the calls. Areas to be addressed during the monitoring call include, but are not limited to:

- a. Operations and performance;
- b. Transition and implementation activities;
- c. Stakeholder concerns;

- d. Enrollment;
- e. Cost sharing;
- f. Quality of care;
- g. Beneficiary access;
- h. Benefit package and wraparound benefits;
- i. Audits;
- j. Lawsuits;
- k. Financial reporting and budget neutrality issues;
- l. Progress on evaluation activities and contracts;
- m. Related legislative developments in the state; and
- n. Any demonstration changes or amendments the state is considering such as the state's section 1115 SUD demonstration amendment.

- 44. Post-Award Forum.** Pursuant to 42 CFR 431.420(c), within 6 months of the demonstration's implementation, and annually thereafter, the state shall afford the public with an opportunity to provide meaningful comment on the progress of the demonstration. At least 30 days prior to the date of the planned public forum, the state must publish the date, time and location of the forum in a prominent location on its website. The state must also post the most recent annual report on its website with the public forum announcement. Pursuant to 42 CFR 431.420(c), the state must include a summary of the comments in the Quarterly Report associated with the quarter in which the forum was held, as well as in its compiled Annual Report.
- 45. Submission of Post-Approval Deliverables.** The state shall submit all required analyses, reports, design documents, presentations, and other items specified in these STCs ("deliverables"). The state shall use the processes stipulated by CMS and within the timeframes outlined within these STCs.
- 46. Compliance with Federal Systems Innovation.** As federal systems continue to evolve and incorporate 1115 waiver reporting and analytics, the state shall work with CMS to revise the reporting templates and submission processes to accommodate timely compliance with the requirements of the new systems. The state will submit the monitoring reports and evaluation reports to the appropriate system as directed by CMS.
- 47. Deferral for Failure to Submit Timely Demonstration Deliverables.** The state agrees that CMS may issue deferrals in the amount of \$5,000,000 (federal share) when deliverables are



not submitted timely to CMS or found to not be consistent with the requirements approved by CMS.

- a. Thirty (30) days after the deliverable was due, CMS will issue a written notification to the state providing advance notification of a pending deferral for late or non-compliant submissions of required deliverables.
  - b. For each deliverable, the state may submit a written request for an extension to submit the required deliverable. Should CMS agree to the state's request, a corresponding extension of the deferral process described below can be provided.
    - i. CMS may agree to a corrective action as an interim step before applying the deferral, if requested by the state.
  - c. The deferral would be issued against the next quarterly expenditure report following the written deferral notification.
  - d. When the state submits the overdue deliverable(s) that are accepted by CMS, the deferral(s) will be released.
  - e. As the purpose of a section 1115 demonstration is to test new methods of operation or service delivery, a state's failure to submit all required reports, evaluations, and other deliverables may preclude a state from renewing a demonstration or obtaining a new demonstration.
  - f. CMS will consider with the state an alternative set of operational steps for implementing the intended deferral to align the process with the state's existing deferral process, for example the structure of the state request for an extension, what quarter the deferral applies to, and how the deferral is released.
- 48. Cooperation with Federal Evaluators.** As required under 42 CFR 431.420(f), should CMS undertake a federal evaluation of the demonstration or any component of the demonstration, the state shall cooperate fully and timely with CMS and its contractors' evaluation activities. This includes, but is not limited to, commenting on design and other federal evaluation documents and providing data and analytic files to CMS, including entering into a data use agreement that explains how the data and data files will be exchanged, and providing a technical point of contact to support specification of the data and files to be disclosed, as well as relevant data dictionaries and record layouts. The state shall include in its contracts with entities who collect, produce or maintain data and files for the demonstration, that they shall make such data available for the federal evaluation as is required by the state under 42 CFR 431.420(f) to support federal evaluation. The state may claim administrative match for these activities. Failure to comply with this STC may result in a deferral being issued as outlined in section IX, STC 47.
- 49. Cooperation with Federal Learning Collaboration Efforts.** The state will cooperate with improvement and learning collaboration efforts by CMS.

## 50. Quarterly and Annual Monitoring Reports.

- a. The state must submit three (3) Quarterly Reports and one (1) compiled Annual Report each DY. The Quarterly Reports are due no later than sixty (60) days following the end of each demonstration quarter. The compiled Annual Report is due no later than ninety (90) days following the end of the DY.
- b. The Quarterly and Annual Reports shall provide sufficient information for CMS to understand implementation progress of the demonstration including the reports documenting key operational and other challenges, underlying causes of challenges, how challenges are being addressed, as well as key achievements and to what conditions and efforts successes can be attributed. The reports will include all required elements and should not direct readers to links outside the report. (Additional links not referenced in the document may be listed in a Reference/Bibliography section.)
- c. The Quarterly and Annual Reports must follow the framework provided by CMS, which is subject to change as monitoring systems are developed/evolve, and be provided in a structured manner that supports federal tracking and analysis.
  - i. Operational Updates – The reports shall provide sufficient information to document key operational and other challenges, underlying causes of challenges, how challenges are being addressed, as well as key achievements and to what conditions and efforts successes can be attributed. The discussion should also include any lawsuits or legal actions; unusual or unanticipated trends; legislative updates; and descriptions of any public forums held.
  - ii. Performance Metrics – Progress on any required monitoring and performance metrics must be included in writing in the Quarterly and Annual Reports. Information in the reports will follow the framework provided by CMS and be provided in a structured manner that supports federal tracking and analysis.
  - iii. Budget Neutrality and Financial Reporting Requirements – The state must provide an updated budget neutrality workbook with every Quarterly and Annual Report that meets all the reporting requirements for monitoring budget neutrality set forth in the General Financial Requirements section of these STCs, including the submission of corrected budget neutrality data upon request. In addition, the state must report quarterly expenditures associated with the populations affected by this demonstration on the Form CMS-64.
  - iv. Evaluation Activities and Interim Findings – The state shall include a summary of the progress of evaluation activities, including key milestones accomplished, as well as challenges encountered and how they were addressed. The state shall specify for CMS approval a set of performance and outcome metrics and network adequacy, including their specifications, reporting cycles, and level of reporting (e.g., the state, health plan and

provider level, and segmentation by population) to support rapid cycles assessment in trends for monitoring and evaluation of the demonstration.

v. The Annual Report must include all items outlined in STC 50. In addition, the Annual Report must at a minimum include the requirements outlined below:

1. All items included in the Quarterly Reports must be summarized to reflect the operation/activities throughout the DY;
2. Total annual expenditures for the demonstration population for each DY, with administrative costs reported separately;
3. Total contributions, withdrawals, balances, and credits; and
4. Yearly unduplicated enrollment reports for demonstration enrollees for each DY (enrollees include all individuals enrolled in the demonstration) that include the member months, as required to evaluate compliance with the budget neutrality agreement.

**51. Compliance with Managed Care, Network Adequacy, Quality Strategy and EQR Reporting Requirements.** The state must comply with all managed care reporting regulations at 42 CFR Part §438 et. seq., except as expressly identified as not applicable in the expenditure authorities incorporated into these STCs.

**52. State Data Collection.** The state must collect data and information necessary to oversee service utilization and rate setting by provider/plan, comply with the Core Set of Children's Health Care Quality Measures for Medicaid and CHIP (Child Core Set) and the Core Set of Adult Health Care Quality Measures for Medicaid (Adult Core Set), collectively referred to as the CMS Child and Adult Core Measure Sets for Medicaid and CHIP, obtain NCQA and other accreditations that the state may seek, and comply with other existing federal measure sets.

- a. The state will use this information in ongoing monitoring of individual well-being, provider/plan performance, and continuous quality improvement efforts, in addition to complying with CMS reporting requirements.
- b. The state must maintain data dictionary and file layouts of the data collected.
- c. The raw and edited data will be made available to CMS within 30 days of a written request.

## **X. GENERAL FINANCIAL REQUIREMENTS**

**53. Quarterly Expenditure Reports.** The state must provide quarterly expenditure reports using the form CMS-64 to separately report total expenditures for services provided under the Medicaid program, including those provided through the demonstration under section 1115 authority. This project is approved for expenditures applicable to services rendered during

the demonstration period. CMS will provide FFP for allowable demonstration expenditures only as long as they do not exceed the pre-defined limits on the costs incurred as specified in section XI (Monitoring Budget Neutrality).

**54. Reporting Expenditures Subject to the Budget Neutrality Cap.** In order to track expenditures under this demonstration, Vermont must report demonstration expenditures through the Medicaid and Children’s Health Insurance Program Budget and Expenditure System, following routines from CMS-64 reporting instructions outlined in section 2500 of the State Medicaid Manual. All demonstration expenditures subject to the budget neutrality cap, including baselines and member months, must be reported each quarter on separate Forms CMS-64.9 Waiver and/or 64.9P Waiver, identified by the demonstration project number assigned by CMS (including the project number extension, which indicates the demonstration year in which the expenditure was made). Reporting for expenditures made subsequent to termination of the demonstration must indicate the demonstration year in which services were rendered. Payment adjustments attributable to expenditures under the demonstration must be recorded on the applicable Global Commitment prior quarter waiver form, identified as either CMS-64.9P Waiver (Medical Assistance Payments) or CMS-64.10P Waiver (Administrative Payments). When populated, these forms read into the CMS-64 Summary sheet, Line 7 for increasing adjustments and Line 10B for decreasing adjustments. Adjustments not attributable to this demonstration should be reported on non-waiver forms, as instructed in the State Medicaid Manual. The term, “expenditures subject to the budget neutrality cap,” is defined in subparagraph (c) below.

- a. For each demonstration year, separate form CMS-64.9 waiver and/or 64.9P waiver reports must be submitted reporting expenditures subject to the budget neutrality cap.

All expenditures subject to the budget neutrality ceiling for demonstration eligibles must be reported. The sum of the expenditures from the separate reports will represent the expenditures subject to the budget neutrality cap (as defined in subparagraph (c) below). Medical expenditures for the new adult group, as described below, are not subject to the demonstration’s budget neutrality cap, but they are subject to a Supplemental Budget Neutrality Test, as defined in STC 65. The Vermont Global Medicaid eligibility groups, for reporting purposes, include the names and definitions described in the table below.

<b>Corresponding Population Number per STC 18 or Expenditure Authority</b>	<b>Reporting Name Description</b>	<b>CMS-64 Reporting Name</b>
Populations 1-2	Report expenditures for individuals eligible as aged, blind, or disabled under the state plan.	<u><b>“ABD”</b></u>

<b>Corresponding Population Number per STC 18 or Expenditure Authority</b>	<b>Reporting Name Description</b>	<b>CMS-64 Reporting Name</b>
	Report the expenditures for all non-ABD children and adults in the state plan mandatory and optional categories, with the exception of adults eligible under population 3.	<b><u>“non-ABD”</u></b>
	Report for all expenditures for all non-ABD children and adults in optional categories.	
Population 3	Report for all medical expenditures for the Affordable Care Act new adult group, described in 1902(a)(10)(A)(i)(VIII) and 42 CFR 435.119.	<b><u>“New Adult Group Medical”</u></b>
Population 4	Report for all expenditures for individuals eligible as part of the Highest Need Group.	<b><u>“ABD”</u></b>
Population 5	Report for all expenditures for individuals eligible as part of the High Need Group.	<b><u>“ABD”</u></b>
<b>Corresponding Population Number per STC 18</b>	<b>Reporting Name Description</b>	<b>CMS-64 Reporting Name</b>
Population 6	Report for all expenditures for individuals eligible as part of the Moderate Needs Group.	<b><u>“Moderate Needs”</u></b>

<b>Corresponding Population Number per STC 18 or Expenditure Authority</b>	<b>Reporting Name Description</b>	<b>CMS-64 Reporting Name</b>
Population 7 Population 8	Report for all expenditures for individuals eligible as pharmacy-only expansions through VT Global (previously VHAP Rx).	<b><u>“VT Global Rx”</u></b>
Investments	Report for all expenditures labeled investments as described in STC 82, except for DSR investments.	<b><u>“Investments”</u></b> <b><u>(formerly referred to as</u></b> <b><u>“MCO Investments”)</u></b>
Delivery System Reform (DSR) Investments	Report for all expenditures labeled DSR investments as described in STC 86.	<b><u>“DSR Investments”</u></b>
Individually Assessed Cost-effective Services	Report for all expenditures labeled individually assessed cost effective services described in STC 20(b).	<b><u>“Ind Cost Eff Serv”</u></b>
Designated State Health Programs	Report for designated state health program expenditures for the state-funded Marketplace subsidy program for individuals at or below 300 percent of the FPL who purchase health care coverage in the Marketplace.	<b><u>“Marketplace Subsidy”</u></b>
Designated State Health Programs	Report for designated state health program expenditures for individuals receiving CRT services who are not Medicaid enrolled.	<b><u>“CRT DSHP”</u></b>

Corresponding Population Number per STC 18 or Expenditure Authority	Reporting Name Description	CMS-64 Reporting Name
SUD IMD Expenditures	Report for SUD IMD expenditures for costs of medical assistance that could be covered, were it not for the IMD prohibition under the state plan, provided to otherwise eligible individuals during a month in an IMD.	<u><b>“SUD IMD ABD”</b></u> <u><b>“SUD IMD ABD</b></u> <u><b>Duals”</b></u> <u><b>“SUD IMD Non-ABD”</b></u> <u><b>“SUD IMD New Adult”</b></u>

- b. It is understood that individuals receiving Community Rehabilitation and Treatment (CRT) Services are included in MEGs that are reported on the CMS-64. Reporting to CMS will occur via a supplemental information report provided as backup to the CMS-64. This report will be submitted concurrently with the other CMS-64 backup documentation submitted every quarter.
- c. For purposes of this section, the term “expenditures subject to the budget neutrality cap” must include all Medicaid expenditures on behalf of the individuals who are enrolled in this demonstration (as described in subparagraph (a) of this section) and who are receiving the services subject to the budget neutrality cap. All Global Commitment to Health program expenditures that are subject to the budget neutrality cap are considered demonstration expenditures and must be reported on line 49 of forms CMS-64.9 waiver and/or 64.9P waiver. The state must continue to report Choices for Care program (nursing facility and HCBS) expenditures on the appropriate service line on the CMS-64.
- d. Premiums and other applicable cost-sharing contributions from enrollees that are collected by the state from enrollees under the demonstration must be reported to CMS on the CMS-64 Summary Sheet, Line 9D “Other.” In order to ensure that the demonstration is properly credited with premium collections, please indicate in the CMS- 64 Certification “Footnotes” section that Line 9D of the Summary Sheet is for Global Commitment Collections only.
- e. Administrative costs are not included in the budget neutrality agreement. The state must report administrative costs on the appropriate CMS-64 reporting line. Administrative costs associated with investments that are strictly administrative in nature are subject to the budget neutrality limit and are reported on the “Investments” or “DSR investments” waiver forms. All other administrative costs must be identified on the Forms CMS-64.10 waiver and/or 64.10P Waiver.

- f. MBES/CBES Schedule C Reporting Adjustments. The state must submit prior period adjustments subsequent to the routine CMS-64 reporting instructions outlined in section 2500 of the State Medicaid Manual to report actual expenditures incurred for demonstration services in DY9 (CY 2014) through DY11 (CY 2016). The state shall complete these reporting adjustments within 12 months of the date of CMS' approval of this extension and provide written certification of the accuracy of the adjusted expenditures upon completion. The state must provide an update on the progress of these adjustments during the CMS monitoring calls described in STC 43.
- g. All claims for expenditures subject to the budget neutrality cap (including any cost settlements) must be made within 2 years after the calendar quarter in which the state made the expenditures. Furthermore, all title XIX claims for services during the demonstration period (including any cost settlements and claims incurred during the demonstration but paid subsequent to the end date of the demonstration) are considered allowable expenditures under the demonstration and must be made within two (2) years after the conclusion or termination of the demonstration. During the latter two (2)-year period, the state must continue to identify separately net expenditures related to dates of service during the operation of the section 1115 demonstration on the CMS-64 waiver forms in order to properly account for these expenditures in determining budget neutrality.
- h. At the end of the demonstration, all investment claims (as defined in STC 82) for expenditures subject to the budget neutrality cap (including any cost settlements and non-title XIX claims incurred during the demonstration but paid subsequent to the end date of the demonstration) must be made within two (2) quarters (six (6) months) after the calendar quarter in which the state made the expenditures. During the latter six (6) month period, the state must continue to identify separately net expenditures related to dates of service during the operation of the section 1115 demonstration on the CMS-64 waiver forms in order to properly account for these expenditures in determining budget neutrality.
- i. Disproportionate Share Hospital (DSH) payments are not counted as expenditures under the demonstration.

**55. Reporting Member Months.** The following describes the reporting of member months for demonstration populations.

- a. For the purpose of calculating the budget neutrality expenditure limit and for other purposes, the state must provide to CMS, as part of the Quarterly Report required under STC 50, the actual eligible member months for each of the Eligibility Groups (EG) described above. The state must submit a statement accompanying the Quarterly Report, which certifies the accuracy of this information. To permit full recognition of "in process" eligibility, reported counts of member months may be subject to revision.
- b. The term "eligible member/months" refers to the number of months in which persons are eligible to receive services. For example, a person who is eligible for 3 months



contributes 3 eligible member/months to the total. 2 individuals, who are eligible for 2 months, each contributes two (2) eligible member months to the total, for a total of 4 eligible member/months.

- c. The state must report separate member months for individuals enrolled in the SUD program and the member months must be subtotaled according to the EG defined below.
  - i. SUD IMD: SUD IMD member months are periods of time of Medicaid eligibility during which the individual is an inpatient in an IMD under terms of the demonstration for any day during the month and must be reported separately for each SUD IMD EG, as applicable. SUD IMD member months must be non-duplicative of any demonstration budget neutrality limit member months.

**56. Standard Medicaid Funding Process.** The standard Medicaid funding process must be used during the demonstration. Vermont must estimate matchable Medicaid expenditures on the quarterly form CMS-37 based on the PMPM limit (or a percentage of the PMPM limit) and projected caseload for the quarter. In addition, the estimate of matchable demonstration expenditures (total computable and federal share) subject to the budget neutrality cap must be separately reported by quarter for each federal fiscal year on the form CMS-37 for both the medical assistance payments (MAP) and state and local administrative costs (ADM) outside of the PMPM limit. CMS will make federal funds available based upon the state's estimate, as approved by CMS. Within thirty (30) days after the end of each quarter, the state must submit the form CMS-64 quarterly Medicaid expenditure report, showing Medicaid expenditures, consistent with the definition of an expenditure in 45 C.F.R. 95.13, made in the quarter just ended.

- a. Intergovernmental transfers of the individual per member per month fixed amount from AHS to DVHA are not reportable expenditures, but provide funding for reportable DVHA expenditures. CMS will reconcile expenditures reported on the form CMS-64 with federal funding previously made available to the state, and include the reconciling adjustment in the finalization of the grant award to the state.

**57. Sources of Non-Federal Share.** The state certifies that the source of the non-federal share of funds for the demonstration are state/local monies. The state further certifies that such funds must not be used as the non-federal share for any other federal grant or contract, except as permitted by law. All sources of non-federal funding must be compliant with section 1903(w) of the Act and applicable regulations. In addition, all sources of the non-federal share of funding are subject to CMS approval.

- a. CMS will review the sources of the non-federal share of funding for the demonstration at any time. The state agrees that all funding sources deemed unacceptable by CMS must be addressed within the time frames set by CMS.

- b. Any amendments that impact the financial status of the program must require the state to provide information to CMS regarding all sources of the non-federal share of funding.

**58. State Certification of Public Expenditures.** Nothing in these STCs concerning certification of public expenditures relieves the state of its responsibility to comply with federal laws and regulations, and to ensure that claims for federal funding are consistent with all applicable requirements. The state must certify that the following conditions for non-federal share of demonstration expenditures are met:

- a. Units of government, including governmentally operated health care providers, may certify that state or local tax dollars have been expended as the non-federal share of funds under the demonstration.
- b. To the extent the state utilizes certified public expenditures (CPEs) as the funding mechanism for title XIX (or under section 1115 authority) payments, CMS must approve a cost reimbursement methodology. The state must receive prior approval from CMS before implementing any CPEs. This methodology must include a detailed explanation of the process by which the state would identify those costs eligible under title XIX (or under section 1115 authority) for purposes of certifying public expenditures.
- c. To the extent the state utilizes CPEs as the funding mechanism to claim federal match for payments under the demonstration, governmental entities to which general revenue funds are appropriated must certify to the state the amount of such tax revenue (state or local) used to satisfy demonstration expenditures. The entities that incurred the cost must also provide cost documentation to support the state's claim for federal match.
- d. The state may use intergovernmental transfers as a source of non-federal share to the extent that such funds are derived from state or local tax revenues and are transferred by units of government within the state. Any transfers from governmentally operated health care providers must be made in an amount not to exceed the non-federal share of title XIX payments. Under all circumstances, health care providers must retain 100 percent of the payment for the claimed expenditure. Moreover, no pre-arranged agreements (contractual or otherwise) may exist between health care providers and state and/or local government to return and/or redirect any portion of the Medicaid payments. This confirmation of Medicaid payment retention is made with the understanding that payments that are the normal operating expenses of conducting business, such as payments related to taxes (including health care provider-related taxes), fees, and business relationships with governments that are unrelated to Medicaid and in which there is no connection to Medicaid payments, are not considered returning and/or redirecting a Medicaid payment. Intergovernmental transfers are not themselves expenditures, but may be a source of funding for expenditures.

- 59. Monitoring the Demonstration.** The state will provide CMS with information to effectively monitor the demonstration, upon request, in a reasonable timeframe.
- 60. Program Integrity.** The state must have processes in place to ensure that there is no duplication of federal funding for any aspect of the demonstration.

## **XI. MONITORING BUDGET NEUTRALITY FOR THE DEMONSTRATION**

- 61. Limit on Title XIX Funding.** Vermont will be subject to a limit on the amount of federal title XIX funding that the state may receive on selected Medicaid expenditures during the period of approval of the demonstration. The limit will consist of two parts, Medicaid Eligibility Groups defined in these Terms and Conditions and the New Adult Group, and are determined by using a per capita cost method. The Supplemental Test for the New Adult Group is described in STC 65. Actual expenditures subject to the budget neutrality expenditure limit must be reported by Vermont using the procedures described in the section for General Financial Requirements under title XIX. The data supplied by the state to CMS to calculate the annual limits is subject to review and audit, and if found to be inaccurate, will result in a modified budget neutrality expenditure limit. CMS' assessment of the state's compliance with these annual limits will be done using the Schedule C report from the Medicaid Budget and Expenditure System/ Children's Health Insurance Budget and Expenditure System (MBES/CBES).
- 62. Risk.** Vermont will be at risk for the per capita cost for demonstration enrollees under this budget neutrality agreement, but not for the number of demonstration enrollees in each of the groups. By providing FFP for all demonstration enrollees, Vermont will not be at risk for changing economic conditions which impact enrollment levels. However, by placing Vermont at risk for the per capita costs for demonstration enrollees, CMS assures that the federal demonstration expenditures do not exceed the level of expenditures that would have occurred had there been no demonstration.
- 63. Budget Neutrality Annual Expenditure Limit.** For each year of the budget neutrality agreement an annual budget neutrality expenditure limit is calculated for each EG described as follows:
- An annual EG estimate must be calculated as a product of the number of eligible member months reported by the state for that EG under the section entitled General Reporting Requirements, times the appropriate estimated per member per month (PMPM) costs from the table in subparagraph (b) below.
  - The PMPMs for each EG used to calculate the annual budget neutrality expenditure limit for this demonstration is specified below.

Medicaid Eligibility Group	Trend Rate	DY 12 PMPM CY 2017	DY 13 PMPM CY 2018	DY 14 PMPM CY 2019	DY 15 PMPM CY 2020	DY 16 PMPM CY 2021
----------------------------	------------	--------------------	--------------------	--------------------	--------------------	--------------------

ABD - Non-Medicare – Adult	3.70%	\$1,509.69	\$1,565.54	\$1,623.47	\$1,683.54	\$1,745.83
ABD - Non-Medicare – Child	3.70%	\$2,957.18	\$3,066.60	\$3,180.06	\$3,297.72	\$3,419.74
ABD – Dual	3.70%	\$2,599.65	\$2,695.84	\$2,795.58	\$2,899.02	\$3,006.28
ANFC - Non-Medicare – Adult	4.90%	\$644.18	\$675.75	\$708.86	\$743.60	\$780.03
ANFC - Non-Medicare – Child	4.60%	\$537.35	\$562.07	\$587.93	\$614.97	\$643.26

- c. Each DY, the net variance between the without-waiver cost and actual with-waiver cost will be reduced. The reduced variance, to be calculated as a percentage of the total variance, will be used in place of the total variance to determine overall budget neutrality for the demonstration. (Equivalently, the difference between the total variance and reduced variance could be subtracted from the without-waiver cost estimate.) The formula for calculating the reduced variance is: reduced variance equals total variance times applicable percentage. The percentages for each EG and DY are determined based on how long the associated population has been enrolled in managed care subject to this demonstration; lower percentages are for longer-established managed care populations. In the Vermont demonstration, the percentages below apply to all EGs in the same manner.

	DY 12 CY 2017	DY 13 CY 2018	DY 14 CY 2019	DY15 CY 2020	DY 16 CY 2021
Savings Percentage	30%	25%	25%	25%	25%

- 64. Impermissible DSH, Taxes or Donations.** The CMS reserves the right to adjust the budget neutrality terms in order to be consistent with enforcement of impermissible provider payments, health care-related taxes, new federal statutes, or with policy interpretations implemented through letters, memoranda, or regulations. CMS reserves the right to make adjustments to the budget neutrality terms if any health care-related tax that was in effect during the base year, or provider-related donation that occurred during the base year, is determined by CMS to be in violation of the provider donation and health care related-tax provisions of section 1903(w) of the Act. Adjustments to annual budget targets will reflect the phase-out of impermissible provider payments by law or regulation, where applicable.
- 65. Monitoring of New Adult Group Spending and the Opportunity to Adjust Projections.** For each DY, a separate annual budget limit for the new adult group will be calculated as product of the trended monthly per person cost times the actual number of eligible/member months as reported to CMS by the state under the guidelines set forth in STC 55. The trend rates and per capita cost estimates for the new adult group are listed in the table below.

Medicaid Eligibility Group	Trend Rate	DY 12 PMPM CY 2017	DY 13 PMPM CY 2018	DY 14 PMPM CY 2019	DY 15 PMPM CY 2020	DY 16 PMPM CY 2021
New Adult Group	4.20%	\$518.26	\$540.03	\$562.71	\$586.34	\$610.97

- a. If the state's experience of the take-up rate for the new adult group and other factors that affect the costs of this population indicate that the PMPM limit described above may underestimate the actual costs of medical assistance for the new adult group, the state has the opportunity to submit an adjustment to the PMPM limit, along with detailed expenditure data to justify this, for CMS review without submitting an amendment pursuant to STC 7. In order to ensure timely adjustments to the PMPM limit for a demonstration year, the revised projection must be submitted to CMS by no later than the end of the third quarter of the demonstration year for which the adjustment would take effect. Additional adjustments to the PMPM limit may be made pursuant to the process outlined in (d) below.
- b. The budget limit for the new adult group is calculated by taking the PMPM cost projection for the above group in each DY, times the number of eligible member months for that group and DY, and adding the products together across DYs. The federal share of the budget neutrality cap is obtained by multiplying the total computable budget neutrality cap by the federal share.
- c. The state will not be allowed to obtain budget neutrality "savings" from this population.
- d. If total FFP reported by the state for the new adult group should exceed the federal share of FFP for the budget limit for the new adult group by more than 3 percent following each demonstration year, the state must submit a corrective action plan to CMS for approval.

**66. Supplemental Budget Neutrality Test 1: SUD Expenditures.** As part of the SUD program, the state may receive FFP for the continuum of services to treat OUD and other SUDs, provided to Medicaid enrollees in an IMD. These are state plan services that would be eligible for reimbursement if not for the IMD exclusion. Therefore, they are being treated as hypothetical for the purposes of budget neutrality. Hypothetical services can be treated in budget neutrality in a way that is similar to how Medicaid state plan services are treated, by including them as a "pass through" in both the without-waiver and with-waiver calculations. However, the state will not be allowed to obtain budget neutrality "savings" from these services. If total FFP for hypothetical groups should exceed the federal share of the SUD Budget Neutrality Test Hypotheticals Cap, the difference must be reported as a cost against the budget neutrality limit described in STC 63.

Medicaid Eligibility	TREND	DY 12 PMPM	DY 13 PMPM	DY 14 PMPM	DY 15 PMPM	DY 16 PMPM
----------------------	-------	------------	------------	------------	------------	------------

Group (MEG)		CY 2017	CY 2018	CY 2019	CY 2020	CY 2021
SUD IMD ABD	3.4%	n/a	\$3,436.40	\$3,553.24	\$3,674.05	\$3,798.97
SUD IMD ABD Duals	1.8%	n/a	\$2,749.94	\$2,799.44	\$2,849.83	\$2,901.13
SUD IMD Non-ABD	0.0%	n/a	\$2,852.36	\$2,852.36	\$2,852.36	\$2,852.36
SUD IMD New Adult	0.6%	n/a	\$2,988.12	\$3,006.05	\$3,024.09	\$3,042.23

- 67. Composite Federal Share Ratios.** The federal share of the budget neutrality expenditure limit is calculated by multiplying the limit times the Composite Federal Share Ratio. The Composite Federal Share is the ratio calculated by dividing the sum total of federal financial participation (FFP) received by the state on actual demonstration expenditures during the approval period, as reported through the MBES/CBES and summarized on Schedule C with consideration of additional allowable demonstration offsets such as, but not limited to, premium collections and pharmacy rebates, by total computable demonstration expenditures for the same period as reported on the same forms.
- 68. Enforcement of Budget Neutrality.** CMS shall enforce budget neutrality over the life of the demonstration rather than on an annual basis. The budget neutrality test for the demonstration extension will incorporate net savings from the immediately prior demonstration period of October 1, 2011 through December 31, 2016, but not from any earlier approval period.
- 69. Exceeding Budget Neutrality.** If the budget neutrality expenditure limit, as defined in STC 63, has been exceeded at the end of this demonstration period, the excess federal funds, must be returned to CMS. If the demonstration is terminated prior to the end of the budget neutrality agreement, an evaluation of this provision shall be based on the time elapsed through the termination date.
- 70. Expenditure Review and Cumulative Target Calculation.** CMS will enforce budget neutrality over the life of the demonstration, rather than on an annual basis. However, no later than 6 months after the end of each demonstration year, CMS will calculate an annual expenditure target for the completed year. This amount will be compared with the actual FFP claimed by the state under budget neutrality. Using the schedule below as a guide, if the state exceeds the cumulative target, they must submit a corrective action plan (CAP) to CMS for approval within 30 days of notification from CMS. The state will subsequently implement the approved CAP.

<u>Year</u>	<u>Cumulative Target Definition</u>	<u>Percentage</u>
Year 12	Year 12 budget estimate plus	3 percent
Year 13	Years 12 and 13 combined budget estimate plus	3 percent
Year 14	Years 12 through 14 combined budget estimate plus	3 percent
Year 15	Years 12 through 15 combined budget estimate plus	1.5 percent
Year 16	Years 12 through 16 combined budget estimate plus	0 percent

## **XII. EVALUATION OF THE DEMONSTRATION**

- 71. Independent Evaluator.** Upon approval of the demonstration, the state must begin to arrange with an independent party to conduct an evaluation of the demonstration to ensure that the necessary data is collected at the level of detail needed to research the approved hypotheses. The independent party must sign an agreement to conduct the demonstration evaluation in an independent manner in accord with the CMS-approved, draft Evaluation Design. When conducting analyses and developing the evaluation reports, every effort should be made to follow the approved methodology. However, the state may request, and CMS may agree to, changes in the methodology in appropriate circumstances.
- 72. Evaluation Budget.** A budget for the evaluation must be provided with the draft Evaluation Design. It will include the total estimated cost, as well as a breakdown of estimated staff, administrative and other costs for all aspects of the evaluation, such as any survey and measurement development, quantitative and qualitative data collection and cleaning, analyses, and report generation. A justification of the costs may be required by CMS if the estimates provided do not appear to sufficiently cover the costs of the design or if CMS finds that the design is not sufficiently developed, or if the estimates appear to be excessive.
- 73. Draft Evaluation Design.** The state's Evaluation Design must be amended to incorporate the SUD component. The state must submit, for CMS comment and approval, an updated draft Evaluation Design with implementation timeline no later than 180 days after the approval date of the SUD amendment. Any modifications to an existing approved

Evaluation Design will not affect previously established requirements and timelines for report submission for the demonstration, if applicable.

- 74. Evaluation Design Approval and Updates.** The state must submit a revised draft Evaluation Design within 60 days after receipt of CMS' comments. Upon CMS approval of the draft Evaluation Design, the document will be included as an attachment to these STCs. Per 42 CFR 431.424(c), the state will publish the approved Evaluation Design to the state's website within 30 days of CMS approval. The state must implement the evaluation design and submit a description of the evaluation implementation progress in each of the Monitoring Reports, including any required Rapid Cycle Assessments specified in these STCs. Once CMS approves the evaluation design, if the state wishes to make changes, the state must submit a revised evaluation design to CMS for approval.
- 75. SUD Evaluation Questions and Hypotheses.** The evaluation documents must include a discussion of the SUD evaluation questions and hypotheses that the state intends to test. The hypothesis testing should include, where possible, assessment of both process and outcome measures. Proposed measures should be selected from nationally recognized sources and national measures sets, where possible. Measures sets could include CMS's Core Set of Health Care Quality Measures for Children in Medicaid and CHIP, Consumer Assessment of Health Care Providers and Systems (CAHPS), the Initial Core Set of Health Care Quality Measures for Medicaid-Eligible Adults and/or measures endorsed by National Quality Forum (NQF).
- 76. Interim Evaluation Report.** The state must submit an Interim Evaluation Report for the completed years of the demonstration, and for each subsequent renewal or extension of the demonstration, as outlined in 42 CFR 431.412(c)(2)(vi). When submitting an application for renewal, the Evaluation Report should be posted to the state's website with the application for public comment.
- a. The interim evaluation report will discuss evaluation progress and present findings to date as per the approved evaluation design.
  - b. For demonstration authority that expires prior to the overall demonstration's expiration date, the Interim Evaluation Report must include an evaluation of the authority as approved by CMS.
  - c. If the state is seeking to renew or extend the demonstration, the draft Interim Evaluation Report is due when the application for renewal is submitted. If the state made changes to the demonstration in its application for renewal, the research questions and hypotheses, and how the design was adapted should be included. If the state is not requesting a renewal for a demonstration, an Interim Evaluation report is due one (1) year prior to the end of the demonstration. For demonstration phase-outs prior to the expiration of the approval period, the draft Interim Evaluation Report is due to CMS on the date that will be specified in the notice of termination or suspension.



- d. The state must submit the final Interim Evaluation Report 60 calendar days after receiving CMS comments on the draft Interim Evaluation Report and post the document to the state's website.
- 77. Summative Evaluation Report.** The state must submit a draft Summative Evaluation Report for the demonstration's approval period, July 1, 2018 – December 31, 2021, within 18 months of the end of the approval period represented by these STCs. The Summative Evaluation Report must include the information in the approved Evaluation Design.
- a. Unless otherwise agreed upon in writing by CMS, the state must submit the final Summative Evaluation Report within 60 calendar days of receiving comments from CMS on the draft.
  - b. The final Summative Evaluation Report must be posted to the state's Medicaid website within 30 calendar days of approval by CMS.
- 78. State Presentations for CMS.** CMS reserves the right to request that the state present and participate in a discussion with CMS on the Evaluation Design, the interim evaluation, and/or the summative evaluation.
- 79. Public Access.** The state shall post the final documents (e.g., Monitoring Reports, Close Out Report, approved Evaluation Design, Interim Evaluation Report, and Summative Evaluation Report) on the state's Medicaid website within 30 days of approval by CMS.
- 80. Additional Publications and Presentations.** For a period of 12 months following CMS approval of the final reports, CMS will be notified prior to presentation of these reports or their findings, including in related publications (including, for example, journal articles), by the state, contractor, or any other third party directly connected to the demonstration. Prior to release of these reports, articles or other publications, CMS will be provided a copy including any associated press materials. CMS will be given 10 business days to review and comment on publications before they are released. CMS may choose to decline to comment or review some or all of these notifications and reviews. This requirement does not apply to the release or presentation of these materials to state or local government officials.
- 81. Cooperation with Federal Evaluators.** As required under 42 CFR 431.420(f), the state shall cooperate fully and timely with CMS and its contractors' in any federal evaluation of the demonstration or any component of the demonstration. This includes, but is not limited to, commenting on design and other federal evaluation documents and providing data and analytic files to CMS, including entering into a data use agreement that explains how the data and data files will be exchanged, and providing a technical point of contact to support specification of the data and files to be disclosed, as well as relevant data dictionaries and record layouts. The state shall include in its contracts with entities who collect, produce or maintain data and files for the demonstration, that they shall make such data available for the federal evaluation as is required under 42 CFR 431.420(f) to support federal evaluation. The state may claim administrative match for these activities. Failure to comply with this STC may result in a deferral being issued as outlined in STC 47.

### XIII. USE OF DEMONSTRATION FUNDS

**82. Use of Demonstration Funds.** Since 2005, the state has been able to make expenditures previously referred to as “Managed Care Organization” (MCO) investments. As part of the 2017 extension these expenditures will be referred to as “investments.” The demonstration provides authority for expenditures within the annual limits specified in STC 84 below and can include expenditures within the following areas:

- a. Reduce the rate of uninsured and/or underinsured in Vermont;
- b. Increase the access to quality health care by uninsured, underinsured, and Medicaid beneficiaries;
- c. Provide public health approaches and other innovative programs to improve the health outcomes, health status and quality of life for uninsured, underinsured and Medicaid-eligible individuals in Vermont; and
- d. Encourage the formation and maintenance of public-private partnerships in health care, including initiatives to support and improve the health care delivery system and promote transformation to value-based and integrated models of care.

**83. Phase-Down of Investments.** The state must follow the phase-down schedule below for the following investments. The percentages note how much of the SFY 2016 amount the state has authority to spend for DY 1 through DY 5 of the extension period.

	DY 1 of the extension CY 2017  DY 12	DY 2 of the extension CY 2018  DY 13	DY 3 of the extension CY 2019  DY 14	DY 4 of the extension CY 2020  DY 15	DY 5 of the extension CY 2021  DY 16
Vermont Psychiatric Care Hospital, Brattleboro Retreat, Valley Vista, Maple Leaf, Serenity House, and Lund Home (IMD)	100%	100%	100%	100%	Amount to be determined per the phase-down schedule in STC 90
HIT	100%	50%	0%	0%	0%

	DY 1 of the extension CY 2017 DY 12	DY 2 of the extension CY 2018 DY 13	DY 3 of the extension CY 2019 DY 14	DY 4 of the extension CY 2020 DY 15	DY 5 of the extension CY 2021 DY 16
Non-state plan Related Education Fund Investments, Room and Board, and Physician Training Program not tied to serving in an underserved area	100%	100%	67%	33%	0%

**84. Investment Annual Limits.** The table below shows the specific annual limits. These amounts cannot be rolled over from DY to DY.

	DY 1 of the extension	DY 2 of the extension	DY 3 of the extension	DY 4 of the extension	DY 5 of the extension	Total
	CY 2017	CY 2018	CY 2019	CY 2020	CY 2021	
Annual Investment Limit	\$142.5M	\$148.5M	\$138.5M	\$136.5M	\$136.5M	\$702.5M

**85. Investment Approval Process.** The state may spend up to the amounts listed in the above “Investment Annual Limits” STC 84 on approved investments during each DY. See Attachment H for a list of approved investments. The state must submit an Investment Claiming Protocol for all current and new investments. This protocol will become Attachment M. The annual limits cannot be rolled over to the next DY. If the state chooses to add a new investment, it must meet the criteria specified in STC 82 “Use of Demonstration Funds” and must not supplant other federal involvement (including meeting a maintenance of effort requirement for any federal grant program) and must not include the following, including other activities CMS determines are unallowable:

- a. Construction costs (bricks and mortar);
- b. Room and board;
- c. Animal shelters and vaccines;
- d. Provider or beneficiary debt relief and restructuring;

- e. Sheltered workshops;
- f. Research expenditures;
- g. Rent and/or utility subsidies that are normally funded by the United States Department of Housing and Urban Development;
- h. Prisons, correctional facilities or services for people who are civilly committed and unable to leave an institutional setting;
- i. Services provided to individuals who are not lawfully present in the United States or are undocumented;
- j. Facility closures;
- k. Unspecified projects; and
- l. School based programs for children.

**86. Accountable Care Organization (ACO) and Medicaid Community Provider Integration Program (“Medicaid Pathway”) Investments.** CMS is making one-time funding available under the above investment structure for the state to assist the Accountable Care Organization (ACO) and Medicaid community providers in one-time, developmental start-up funding. STC 87 establishes that Vermont shall notify CMS of delivery system-related investments that fall within the following categories which requires that the state notify CMS 90 days prior to claiming for any of the proposed new investments. If CMS finds that the proposed investment does not meet the criteria outlined in STC 82 and 86, it must notify Vermont of this finding within 45 days. For investments that do not fall within the categories below, Vermont must follow the notification and CMS review procedures as described in STC 88. The state must not include any costs listed in STC 85 above.

a. Delivery System Related Investment Categories

The goal of the delivery system-related investments is to support implementation of Vermont’s All-Payer Accountable Care Organization (ACO) model.

- i. Category #1 projects consist of funding to the Accountable Care Organization(s). Funding under category #1 is limited to development costs only.
  - ii. Category #2 projects consist of funding to providers.
- b. Vermont may select time-limited, start-up delivery system investments in DY one (1) through DY four (4) of the extension period and maintenance investments in DY five (5) of the renewal period. These are time-limited investments that are expected to phase down and out at the end of five (5) years. There may not be start-up investments in DY five (5) of the extension period.
- c. A project plan is required for each project and shall include an explanation of how the project will provide a return on investment over the demonstration extension period and how the project could be sustainably funded or phased out by the completion of the five (5) year demonstration extension period. The state must

include metrics for all projects and the metrics are required for all years that the project receives funding. Detailed requirements are listed in Attachment I.

- d. Vermont may include one-time, development start-up funding for its ACO and “Medicaid Pathways” program as an investment as long as the projects meet the criteria in Attachment I. For such projects, Vermont will follow the new investment notification requirements in STC 87 below.

- 87. New Investment Notification.** The state must notify CMS of any new investments. Investments must meet the criteria in STC 82 above and must not include any of the activities listed in STC 85 above. The state must submit information regarding new investments following the template in Attachment J. The state may also choose from a menu of time-limited, start-up, one-time delivery system activities listed in Attachment I and must indicate if the proposed investment is strictly administrative in nature. The state must notify CMS 90 days prior to claiming for any of the proposed new investments. CMS reserves the right to not approve new investments if they do not meet the criteria above or if CMS and the state cannot agree to a phase-down schedule for the Vermont Psychiatric Care Hospital and other IMD costs. If CMS finds that the proposed investment does not meet the criteria above, it must notify Vermont of this finding within 45 days. If CMS notifies the state with concerns, the proposed investment will be considered under review as outlined in STC 88 below.
- 88. Requirement for Approval of Investments That Do Not Meet Criteria.** The state may request to add an investment that does not meet the requirements of STC 85 or the menu of delivery system projects in Attachment I. In this instance, the state must submit a letter to CMS at least 120 days prior to the proposed implementation explaining the investment and providing justification for the investment, including how the investment advances the goals of the Medicaid program and demonstration. CMS will review the investment and will issue a disapproval or approval within 60 days of receipt of the state’s letter.
- 89. IMD Evaluation Requirements.** CMS is continuing time-limited expenditure authority for costs not otherwise matchable, subject to the cap described in STC 84 for costs of care to eligible individuals at a specific group of facilities (listed in STC 83) that are IMDs. Given this unique previously approved authority, CMS is asking the state to perform an extensive evaluation of the IMD expenditure authority (in addition to the evaluation that is required under the SUD program approved in the SUD amendment) on individuals with severe mental illness as well as individuals in need of acute mental health and substance use disorder services in the context of system-wide service, payment, and delivery system reforms. The evaluation will help inform broader policy discussions about Medicaid funding for IMD services.
- 90. Phase-Down Plan for Vermont Psychiatric Care Hospital and IMD Expenditures.** No later than December 31, 2018, the state must submit a phase-down schedule for the Vermont Psychiatric Care Hospital and other IMD expenditures. The state must propose a lower amount for the IMD expenditures for Calendar Year 2021 (DY five (5) of the demonstration extension). The reduced IMD expenditures must start January 1, 2021. IMD expenditures must phase down to \$0 by December 31, 2025. If the state does not submit the phase-down

plan by December 31, 2018, the default percentage for DY five (5) of the extension period (DY 16) is 0 percent.

**91. Application Process for Use of Demonstration Funds.** AHS will use a standardized approach to evaluate new investment applications. Documentation of new and proposed investments will be posted on the state's Global Commitment to Health register website. Where specific program statistics for Medicaid, uninsured, or underinsured members are not available, the state will apply a proxy percentage for allowable expenditures based on the most recent reliable and valid state survey information such as the Vermont Household Health Insurance Survey. Monitoring and evaluation of approved investments will be performed and submitted to CMS in the quarterly and annual reports to ensure that expenditures advance the goals of the demonstration and the Medicaid program and do not violate the restrictions listed in STC 85.

**92. Administrative Investments.** The state may only receive the 50 percent administrative matching rate for investments that are strictly administrative in nature. The following investments have been found to be strictly administrative in nature:

- a. Green Mountain Care Board;
- b. Health Research and Statistics;
- c. Patient Safety Adverse Events; and
- d. Area Health Education Centers (AHEC).

#### **XIV. MEASUREMENT OF QUALITY OF CARE AND ACCESS TO CARE**

**93. Comprehensive State Quality Strategy (CQS).** The state shall expand upon the managed care quality strategy requirements at 42 CFR 438.340 and adopt and implement a comprehensive, dynamic, and holistic continuous quality improvement strategy that integrates all aspects of quality improvement programs, processes, and requirements across the state's Medicaid program. This comprehensive quality strategy (CQS) must address quality improvement for all components of the state's Medicaid state plan and its section 1115 demonstration. The CQS must meet all the requirements of 42 CFR 438 and must include LTSS and HCBS quality components.

- a. *CQS Elements.* The CQS must also address the following elements, as well as those identified in 42 CFR 438.340(b):
  - i. Goals. Building on the requirements at 42 CFR 438.340(b)(2), the state's goals for improvement, identified through claims and encounter data, quality metrics, and expenditure data. The goals should align with the three-part aim but should be more specific in identifying pathways for the state to achieve these goals.

- ii. Responsibilities. The CQS must identify Single State Agency and public managed care responsibilities. The Single State Agency retains ultimate authority and accountability for public managed care responsibilities and adherence to the CQS, including monitoring and evaluation of the public managed care model's compliance with requirements specific to the MLTSS assurances identified in STC 93(a)(v)(2) below as well as the health and welfare of enrollees.
- iii. Performance Improvement Projects (PIPs). Building on the requirements at 42 CFR 438.340(b)(3)(ii), the associated interventions for improvement in the goals. All performance improvement project (PIP) topics, tied to specific goals, must be included in the CQS.
- iv. Performance Measures. Building on the requirements at 42 CFR 438.340(b)(3)(i), the specific quality metrics for measuring improvement in the goals. The metrics should be aligned with the CMS Child and Adult Core Measure Sets for Medicaid and CHIP, and should also align with other existing Medicare and Medicaid federal measure sets where possible and appropriate. The metrics should go beyond Healthcare Effectiveness Data and Information Set (HEDIS®) and Consumer Assessment of Healthcare Providers and Systems (CAHPS) data, and should reflect cost of care.
  - 1. Levels of Aggregation. Metrics should be measured at the following levels of aggregation: the state Medicaid agency, specific health care program (such as Choices for Care), if applicable, and potentially at each direct health services provider. The state will work with CMS to further define metrics, as appropriate, for collection.
  - 2. Benchmarks and Targets. The specific methodology for determining benchmark and target performance on these metrics.
- v. Populations. Specific metrics related to each population covered by the Medicaid program, including children, pregnant women, non-disabled adults (including parents), individuals receiving HCBS services, and individuals receiving LTSS.
  - 1. HCBS performance measures in the areas of: level of care determinations, person-centered service planning process, outcome of person-centered goals, health and welfare, outcomes, quality of life, effectiveness process, community integration, and assuring there are qualified providers and appropriate HCBS settings.
  - 2. The CQS must include a special focus on MLTSS populations and address the following:

- a. A self-assessment of MLTSS adherence to state and federal standards of care to include:
    - i. Assessment of existing initiatives designed to improve the delivery of MLTSS, including performance.
    - ii. Examination of processes to identify any potential corrective action steps toward improving the MLTSS system.
  - b. Person-centered planning and integrated care settings
  - c. Comprehensive and integrated service packages
  - d. Qualifications of providers
  - e. Participant protection
- vi. Timeline. The CQS should include a timeline that considers metric development and specification, contract amendments, data submission and review, incentive disbursement (if available), and the re-basing of performance data.
- vii. Monitoring and Evaluation. This should include specific plans for continuous quality improvement, which includes transparency of performance on metrics and structured learning, as well as a rigorous and independent evaluation of the demonstration, as described in STC 71. The evaluation in STC 71 should reflect all the programs covered by the CQS as mentioned above.
- viii. Performance Improvement Accountability. The state must include in its CQS a determination of how plans for financial incentives, if available, adequately align with the specific goals and performance improvement targets, and whether enhancements to these incentives are necessary (increased or restructured financial incentives, in-kind incentives, contract management, etc.).
- b. *State and Provider Responsibilities*. The CQS must include state Medicaid agency and any contracted service providers' responsibilities, including managed care entities, and providers enrolled in the state's FFS program. The state Medicaid agency must retain ultimate authority and accountability for ensuring the quality of and overseeing the operations of the program. The CQS must include distinctive components for discovery, remediation, and improvement.
- c. *CQS Development, Evaluation, and Revision*. The state must comply with the requirements at 42 CFR 438.340(c) regarding the development, evaluation, and revision of the CQS. This includes the requirements at 42 CFR 438.340(c)(1) regarding public engagement. The state must revise (and submit to CMS for review)



the CQS whenever this demonstration is renewed or materially amended, or when significant changes are made to the associated Medicaid programs and thus the content of the CQS. An outline and/or driver diagram for the revised CQS must be submitted to CMS with 90 days of approval of the demonstration extension or material amendment. A draft of the revised CQS must be submitted to CMS for review within 180 days of approval of the demonstration extension or material demonstration amendment.

- i. A material amendment to the demonstration is one that makes changes to the populations that participate in managed care; changes the services included in the managed care program; changes how the managed care program operates; brings an existing program into the demonstration; or otherwise substantially impacts a component of the CQS.
- ii. Any further revisions must be submitted accordingly:
  1. Modifications to the CQS due to changes in the Medicaid operating authorities must be submitted concurrent with the proposed changes to the operating authority (e.g., state plan or waiver amendments or waiver extensions); and/or
  2. Changes to an existing CQS due to fundamental changes to the CQS must be submitted for review to CMS no later than 60 days prior to the contractual implementation of such changes. If the changes to the CQS do not impact any provider contracts, the revisions to the CQS may be submitted to CMS no later than 60 days following the changes.
- iii. At a minimum, the CQS must be revised at least once every three (3) years (pursuant to 42 CFR 438.340(c)(2)), but no more often than once per year (inclusive of any revisions per the requirements of STC 50).
- d. *CQS Annual Reports.* Pursuant to STC 50, Annual Report, the state must include information on the implementation and effectiveness of its CQS in its annual demonstration reports, which should include a discussion of the CQS as it impacts the demonstration.
- e. *Availability.* Consistent with 42 CFR 438.340(d), the state must make the CQS available on the Web site required under 42 CFR 438.10(c)(3).

## **XV. Opioid Use Disorder (OUD)/Substance Use and Disorder (SUD)**

- 94. Opioid Use Disorder/Substance Use Disorder Program.** Effective upon CMS' approval of the OUD/SUD Implementation Protocol, as described in STC 95, the demonstration benefit package for Vermont Medicaid recipients will include OUD/SUD treatment services, including services provided in residential and inpatient treatment settings that qualify as an Institution for Mental Diseases (IMD), which are not otherwise matchable expenditures under section 1903 of the Act. The state will be eligible to receive FFP for Vermont

Medicaid recipients residing in IMDs under the terms of this demonstration for coverage of medical assistance, including OUD/SUD benefits that would otherwise be matchable if the beneficiary were not residing in an IMD. Vermont will aim for a statewide average length of stay of 30 days in residential treatment settings, to be monitored pursuant to the SUD Monitoring Protocol as outlined in section X below, to ensure short-term residential treatment stays. Under this demonstration component, beneficiaries will have access to high-quality, evidence-based OUD and other SUD treatment services ranging from medically supervised withdrawal management to on-going chronic care for these conditions in cost-effective settings while also improving care coordination and care for comorbid physical and mental health conditions.

The coverage of OUD/SUD inpatient, residential treatment and withdrawal management services in IMDs will expand Vermont's current OUD/SUD benefit package available to all Vermont Medicaid recipients as outlined in Table 1. Room and board costs are not considered allowable costs for residential treatment service providers unless they qualify as inpatient facilities under section 1905(a) of the Act.

Table 1 Vermont OUD/SUD Benefits Coverage with Expenditure Authority

<b>SUD Benefit</b>	<b>Medicaid Authority</b>	<b>Expenditure Authority</b>
Early Intervention (Screening, Brief Intervention and Referral to Treatment)	State plan (Individual services covered)	
Outpatient Services	State plan (Individual services covered)	
Intensive Outpatient Services	State plan (Individual services covered)	
Residential Treatment	State plan (Individual services covered)	Services provided to individuals in IMDs
Medically Supervised Withdrawal Management	State plan	Services provided to individuals in IMDs
Medication-Assisted Treatment (MAT)	State plan	Services provided to individuals in IMDs

The state attests that the services indicated in Table 1, above, as being covered under the Medicaid state plan authority are currently covered in the Vermont Medicaid state plan.

- 95. SUD Implementation Protocol.** The state must submit an OUD/SUD Implementation Protocol within 90 calendar days after approval of this demonstration. The state may not claim FFP for services provided in IMDs until CMS has approved the Implementation Protocol. With this amendment, CMS is also approving the SUD Implementation Protocol and it has been incorporated into the STCs, as Attachment N and, may be altered only with CMS approval. After approval of the Implementation Protocol, FFP will be available prospectively, not retrospectively. Failure to submit an Implementation Protocol will be considered a material failure to comply with the terms of the demonstration project as

described in 42 CFR 431.420(d) and, as such, would be grounds for termination or suspension of the OUD/SUD program under this demonstration. Failure to progress in meeting the milestone goals agreed upon by the state and CMS will result in a funding deferral. At a minimum, the OUD/SUD Implementation Protocol must describe the strategic approach and detailed project implementation plan, including timetables and programmatic content where applicable, for meeting the following milestones which reflect the key goals and objectives of the SUD component of this demonstration program:

- a. **Access to Critical Levels of Care for OUD and other SUDs:** Service delivery for new benefits, including residential treatment and withdrawal management, within 12-24 months of OUD/SUD program demonstration approval;
- b. **Use of Evidence-based SUD-specific Patient Placement Criteria:** Establishment of a requirement that providers assess treatment needs based on SUD-specific, multidimensional assessment tools, such as the American Society of Addiction Medicine (ASAM) Criteria or other comparable assessment and placement tools that reflect evidence-based clinical treatment guidelines within 12-24 months of OUD/SUD program demonstration approval;
- c. **Patient Placement:** Establishment of a utilization management approach such that beneficiaries have access to SUD services at the appropriate level of care and that the interventions are appropriate for the diagnosis and level of care, including an independent process for reviewing placement in residential treatment settings within 12-24 months of SUD program demonstration approval;
- d. **Use of Nationally Recognized SUD-specific Program Standards to set Provider Qualifications for Residential Treatment Facilities:** Currently, residential treatment service providers must be a licensed organization, pursuant to the residential service provider qualifications described in the Preferred Provider Substance Use Disorder Treatment Standards of the Vermont Department of Health's Division of Alcohol and Drug Abuse Programs. The state will establish residential treatment provider qualifications in licensure, policy or provider manuals, managed care contracts or credentialing, or other requirements or guidance that meet program standards in the ASAM Criteria or other comparable, nationally recognized, SUD-specific program standards regarding, in particular, the types of services, hours of clinical care, and credentials of staff for residential treatment settings within 12-24 months of OUD/SUD program demonstration approval;
- e. **Standards of Care:** Establishment of a provider review process to ensure that residential treatment providers deliver care consistent with the specifications in the ASAM Criteria or other comparable, nationally recognized SUD program standards based on evidence-based clinical treatment guidelines for types of services, hours of clinical care, and credentials of staff for residential treatment settings within 12-24 months of SUD program demonstration approval;

- f. **Standards of Care:** Establishment of a requirement that residential treatment providers offer MAT on-site or facilitate access to MAT off-site within 12-24 months of SUD program demonstration approval;
  - g. **Sufficient Provider Capacity at each Level of Care including Medication-assisted Treatment for OUD:** An assessment of the availability of providers in the key levels of care throughout the state, or in the regions of the state participating under this demonstration, including those that offer MAT, within 12 months of SUD program demonstration approval;
  - h. **Implementation of Comprehensive Treatment and Prevention Strategies to Address Opioid Abuse and OUD:** Implementation of opioid prescribing guidelines along with other interventions to prevent prescription drug abuse and expand coverage of and access to naloxone for overdose reversal as well as implementation of strategies to increase utilization and improve functionality of prescription drug monitoring programs;
  - i. **SUD Health IT Plan:** Implementation of the milestones and metrics as detailed in STC 99; and
  - j. **Improved Care Coordination and Transitions between Levels of Care:** Establishment and implementation of policies to ensure residential and inpatient facilities link beneficiaries with community-based services and supports following stays in these facilities within 24 months of SUD program demonstration approval.
- 96. SUD Monitoring Protocol.** The state must submit a SUD Monitoring Protocol within 150 calendar days after approval of SUD program under this demonstration. The SUD Monitoring Protocol must be developed in cooperation with CMS and is subject to CMS approval. Once approved, the SUD Monitoring Protocol will be incorporated into the STCs, as Attachment O. At a minimum, the SUD Monitoring Plan Protocol will include reporting relevant to each of the program implementation areas listed in STC 43. The protocol will also describe the data collection, reporting and analytic methodologies for performance measures identified by the state and CMS for inclusion. The SUD Monitoring Protocol will specify the methods of data collection and timeframes for reporting on the state's progress on required measures as part of the general reporting requirements described in STC 50 of the demonstration. In addition, for each performance measure, the SUD Monitoring Protocol will identify a baseline, a target to be achieved by the end of the demonstration and an annual goal for closing the gap between baseline and target expressed as percentage points.

Where possible, baselines will be informed by state data, and targets will be benchmarked against performance in best practice settings. CMS will closely monitor demonstration spending on services in IMDs to ensure adherence to budget neutrality requirements. Progress on the performance measures identified in the Monitoring Protocol will be reported via the quarterly and annual monitoring reports.

**97. Mid-Point Assessment.** The state must conduct an independent mid-point assessment of the OUD/SUD Program by December 31, 2020. The assessor must collaborate with key stakeholders, including representatives of MCOs, SUD treatment providers, beneficiaries, and other key partners in the design, planning and conducting of the mid-point assessment. The assessment will include an examination of progress toward meeting each milestone and timeframe approved in the SUD Implementation Protocol, and toward closing the gap between baseline and target each year in performance measures as approved in the SUD Monitoring Protocol. The assessment will also include a determination of factors that affected achievement on the milestones and performance measure gap closure percentage points to date, and a determination of selected factors likely to affect future performance in meeting milestones and targets not yet met and about the risk of possibly missing those milestones and performance targets. The mid-point assessment will also provide a status update of budget neutrality requirements. For each milestone or measure target at medium to high risk of not being met, the assessor will provide, for consideration by the state, recommendations for adjustments in the state's implementation plan or to pertinent factors that the state can influence that will support improvement. The assessor will provide a report to the state that includes the methodologies used for examining progress and assessing risk, the limitations of the methodologies, its determinations and any recommendations. A copy of the report will be provided to CMS. CMS will be briefed on the report.

For milestones and measure targets at medium to high risk of not being achieved, the state will submit to CMS modifications to the SUD Implementation Protocol and SUD Monitoring Protocols for ameliorating these risks subject to CMS approval.

- a. SUD Evaluation.** The OUD/SUD Evaluation will be subject to the same requirements as the overall demonstration evaluation, as listed in sections IX General Reporting Requirements and XII Evaluation of the Demonstration of the STCs.
- b. SUD Evaluation Design.** The state must submit, for CMS comment and approval, a revision to the Evaluation Design to include the SUD program with implementation timeline, no later than 180 days after the effective date of these amended STCs. Any modifications to an existing approved Evaluation Design will not affect previously established requirements and timelines for report submission for the demonstration, if applicable. The state must use an independent evaluator to develop the draft Evaluation Design.
  - i. Evaluation Design Approval and Updates.** The state must submit a revised draft Evaluation Design within 60 days after receipt of CMS' comments. Upon CMS approval of the draft Evaluation Design, the document will be included as an attachment to these STCs. Per 42 CFR 431.424(c), the state will publish the approved Evaluation Design within 30 days of CMS approval. The state must implement the evaluation design and submit a description of its evaluation implementation progress in each of the Quarterly and Annual Reports, including any required Rapid Cycle Assessments specified in these STCs. Once CMS approves the evaluation design, if the state wishes to make

changes, the state must submit a revised evaluation design to CMS for approval.

- 98. Evaluation Questions and Hypotheses Specific to OUD/SUD Program.** The evaluation documents must include a discussion of the evaluation questions and hypotheses that the state intends to test. Each demonstration component should have at least one evaluation question and hypothesis. The hypothesis testing should include, where possible, assessment of both process and outcome measures. Proposed measures should be selected from nationally recognized sources and national measures sets, where possible. Measures sets could include CMS’s Core Set of Health Care Quality Measures for Children in Medicaid and CHIP, Consumer Assessment of Health Care Providers and Systems (CAHPS), the Initial Core Set of Health Care Quality Measures for Medicaid-Eligible Adults and/or measures endorsed by National Quality Forum (NQF).
- 99. SUD Health Information Technology (Health IT).** The state will provide CMS with an assurance that it has a sufficient health IT infrastructure/“ecosystem” at every appropriate level (i.e. state, delivery system, health plan/MCO and individual provider) to achieve the goals of the demonstration—or it will submit to CMS a plan to develop the infrastructure/capabilities. This “SUD Health IT Plan,” or assurance will be included as a section of the state’s “Implementation Plan” (see STC 95) to be approved by CMS. The SUD Health IT Plan will detail the necessary health IT capabilities in place to support beneficiary health outcomes to address the SUD goals of the demonstration. The plan will also be used to identify areas of SUD health IT ecosystem improvement.
- a. The SUD Health IT section of the Implementation Plan will include implementation milestones and dates for achieving them.
  - b. The SUD Health IT Plan must be aligned with the state’s broader State Medicaid Health IT Plan (SMHP) and, if applicable, the state’s Behavioral Health (BH) “Health IT” Plan.
  - c. The SUD Health IT Plan will describe the state’s goals, each DY, to enhance the state’s prescription drug monitoring program’s (PDMP).<sup>1</sup>
  - d. The SUD Health IT Plan will address how the state’s PDMP will enhance ease of use for prescribers and other state and federal stakeholders.<sup>2</sup> This will also include plans to include PDMP interoperability with a statewide, regional or local Health Information Exchange. Additionally, the SUD Health IT Plan will describe ways in which the state will support clinicians in consulting the PDMP prior to prescribing a

---

<sup>1</sup> Prescription drug monitoring programs (PDMP) are electronic databases that track controlled substance prescriptions in states. PDMPs can provide health authorities timely information about prescribing and patient behaviors that contribute to the “opioid” epidemic and facilitate a nimble and targeted response.

<sup>2</sup> *Ibid.*

- controlled substance—and reviewing the patients’ history of controlled substance prescriptions—prior to the issuance of a Controlled Substance Schedule II (CSII) opioid prescription.
- e. The SUD Health IT Plan will, as applicable, describe the state’s capabilities to leverage a master patient index (or master data management service, etc.) in support of SUD care delivery. Additionally, the SUD Health IT Plan must describe current and future capabilities regarding PDMP queries—and the state’s ability to properly match patients receiving opioid prescriptions with patients in the PDMP. The state will also indicate current efforts or plans to develop and/or utilize current patient index capability that supports the programmatic objectives of the demonstration.
  - f. The SUD Health IT Plan will describe how the activities described in (a) through (e) above will support broader state and federal efforts to diminish the likelihood of long-term opioid use directly correlated to clinician prescribing patterns.<sup>3</sup>
  - g. In developing the Health IT Plan, states should use the following resources:
    - i. States may use resources at Health IT.Gov (<https://www.healthit.gov/playbook/opioid-epidemic-and-health-it/>) in “Section 4: Opioid Epidemic and Health IT.”
    - ii. States may also use the CMS 1115 Health IT resources available on “Medicaid Program Alignment with State Systems to Advance HIT, HIE and Interoperability” at <https://www.medicaid.gov/medicaid/data-and-systems/hie/index.html>. States should review the “1115 Health IT Toolkit” for health IT considerations in conducting an assessment and developing their Health IT Plans, found at <https://www.healthit.gov/topic/advancing-interoperability-medicaid>.
    - iii. States may request from CMS technical assistance to conduct an assessment and develop plans to ensure they have the specific health IT infrastructure with regards to PDMP plans and, more generally, to meet the goals of the demonstration
  - h. The state will include in its SUD Monitoring Protocol (see STC 96) an approach to monitoring its SUD Health IT Plan which will include performance metrics provided by CMS or State defined metrics to be approved in advance by CMS.
  - i. The state will monitor progress, each DY, on the implementation of its SUD Health IT Plan in relationship to its milestones and timelines—and report on its progress to CMS in in an addendum to its Annual Reports (see STC 50).

---

<sup>3</sup> Shah, Anuj, Corey Hayes and Bradley Martin. *Characteristics of Initial Prescription Episodes and Likelihood of Long-Term Opioid Use — United States, 2006–2015*. MMWR Morb Mortal Wkly Rep 2017; 66.

- j. As applicable, the state should advance the standards identified in the ‘Interoperability Standards Advisory—Best Available Standards and Implementation Specifications’ (ISA) in developing and implementing the state’s SUD Health IT policies and in all related applicable State procurements (e.g., including managed care contracts) that are associated with this demonstration.
  - i. Where there are opportunities at the state and provider levels (up to and including usage in MCO or ACO participation agreements) to leverage federal funds associated with a standard referenced in 45 CFR 170 Subpart B, the state should use the federally recognized standards, barring another compelling state interest.
  - ii. Where there are opportunities at the state and provider levels to leverage federal funds associated with a standard not already referenced in 45 CFR 170 but included in the ISA, the state should use the federally recognized ISA standards, barring no other compelling state interest.

**100. Deferral of Federal Financial Participation (FFP) from IMD claiming for Insufficient Progress Toward Milestones** Up to \$5,000,000 in FFP for services in IMDs may be deferred if the state is not making adequate progress on meeting the milestones and goals as evidenced by reporting on the milestones in the Implementation Protocol and the required performance measures in the Monitoring Protocol agreed upon by the state and CMS. Once CMS determines the state has not made adequate progress, up to \$5,000,000 will be deferred in the next calendar quarter and each calendar quarter thereafter until CMS has determined sufficient progress has been made.



## XVI. SCHEDULE OF THE STATE DELIVERABLES OF THE DEMONSTRATION PERIOD

Due Date	Deliverable	STC Reference
30 calendar days after approval date <sup>4</sup>	Written acknowledgement of the award letter and acceptance of the STCs	N/A; <i>see</i> Approval letter
90 calendar days after approval date	SUD Implementation Protocol	STC 95
150 calendar days after SUD program approval date	SUD Monitoring Protocol	STC 96
180 calendar days after the demonstration's implementation and annually thereafter	Post Award Forum	STC 44
180 days after the amendment approval (~December 3, 2018)	Draft Evaluation Design	STC 73
60 calendar days after receipt of CMS comments	Final Evaluation Design	STC 74
30 calendar days after CMS Approval	Approved Evaluation Design published to state's website	STC 74
December 31, 2020	Mid-Point Assessment	STC 97
One year prior to current expiration date, December 31, 2020	Draft Interim Evaluation Report	STC 76
60 calendar days after receipt of CMS comments	Interim Evaluation Report	STC 76

<sup>4</sup> Approval date refers to the date marked on the approval letter for this demonstration.

Within 18 months of the end of the demonstration period	Draft Summative Evaluation Report	STC 77
60 calendar days after receipt of CMS comments	Final Summative Evaluation Report	STC 77
30 calendar days after CMS approval	Approved Final Summative Evaluation Report published to state's website	STC 77
120 days prior to proposed Implementation	Approval of Investments That Do Not Meet Criteria	STC 88
90 days prior to claiming for any of the proposed new investments.	New Investment Notification	STC 87
Within 30 days of CMS written request.	State Data Collection	STC 52
No later than December 31, 2018	Phase-Down Plan for Vermont Psychiatric Care Hospital and IMD Expenditures	STC 90

Recurring Date	Deliverable	STC Reference
Not later than April 1 <sup>st</sup>	Annual Report	STC 50

Annually (included in annual report submission)	Comprehensive State Quality Strategy	STC 93
Not later than 90 days prior to the effective date	Interagency Agreement and Rate Certification	STC 23
Not later than October 1 of the demonstration year for which the adjustment would take effect.	PMPM limit calculation	STC 63(a)
Quarterly	Quarterly Monitoring Report	STC 50
Quarterly	CMS-64 Expenditure Reports	STCs 53 & 54

## **ATTACHMENT A: QUARTERLY REPORT CONTENT AND FORMAT**

Under section IX, STC 50, the state is required to submit quarterly progress reports to CMS. The purpose of the quarterly report is to inform CMS of significant demonstration activity from the time of approval through completion of the demonstration. The reports are due to CMS 60 days after the end of each quarter.

The following report guidelines are intended as a framework and can be modified when agreed upon by CMS and the state. A complete quarterly progress report must include an updated budget neutrality monitoring workbook. An electronic copy of the report narrative, as well as the Microsoft Excel workbook, is provided.

### **NARRATIVE REPORT FORMAT:**

**Title Line One** – Vermont Global Commitment to Health

**Title Line Two** – Section 1115 Quarterly Report

**Demonstration/Quarter Reporting Period:**

Example:

Demonstration Year: 6 (10/1/2010 – 9/30/2011)

Federal Fiscal Quarter: 1/2010 (10/01/2010 – 12/31/2010)

### **Introduction**

Information describing the goal of the demonstration, what it does, and key dates of approval/operation. (This should be the same for each report.)

### **Enrollment Information**

Please complete the following table that outlines all enrollment activity under the demonstration. The state should indicate “N/A” where appropriate. If there was no activity under a particular enrollment category, the state should indicate that by “0”.

### **Enrollment Counts**

**Note:** Enrollment counts should be person counts, not member months.

### **Demonstration Populations**

<b>Current Enrollees – Last day of the quarter: xx/xx/xxxx</b>	<b>Previously Reported Enrollees – Last day of quarter: xx/xx/xxxx</b>	<b>Variance</b>
<b>Demonstration Population 1:</b>		
<b>Demonstration Population 2:</b>		
<b>Demonstration Population 3:</b>		
<b>Demonstration Population 4:</b>		
<b>Demonstration Population 5:</b>		
<b>Demonstration Population 6:</b>		
<b>Demonstration Population 7:</b>		
<b>Demonstration Population 8:</b>		

### **Outreach/Innovative Activities**

Summarize outreach activities and/or promising practices for the current quarter.

### **Operational/Policy Developments/Issues**

Identify all significant program developments/issues/problems that have occurred in the current quarter, including but not limited to: approval and contracting with new plans, benefit changes, and legislative activity. The state must also report on whether any of the HCBW-like programs have waiting lists and an update on the progress of enrolling individuals on the waiting list.

### **Financial/Budget Neutrality Development/Issues**

Identify all significant developments/issues/problems with financial accounting, budget neutrality, and CMS-64 reporting for the current quarter. Identify the state's actions to address these issues.

### **Member Month Reporting**

Enter the member months for each of the EGs for the quarter.

#### **A. For Use in Budget Neutrality Calculations**

Eligibility Group	Month 1	Month 2	Month 3	Total for Quarter Ending XX/XX
Population 1:				
Population 2:				
Population 3:				
Population 4:				
Population 5:				
Population 6:				
Population 7:				
Population 8:				

### **Consumer Issues**

A summary of the types of complaints or problems consumers identified about the program in the current quarter. Include any trends discovered, the resolution of complaints, and any actions taken or to be taken to prevent other occurrences. Also discuss feedback received from the other consumer groups

### **Quality Assurance/Monitoring Activity**

Identify any quality assurance/monitoring activity in current quarter.

### **Demonstration Evaluation**

Discuss progress of evaluation design and planning.

### **Enclosures/Attachments**

Identify by title any attachments along with a brief description of what information the document contains.

### **State Contact(s)**

Identify individuals by name, title, phone, fax, and address that CMS may contact should any questions arise.

### **Date Submitted to CMS**

**ATTACHMENT B**  
**Summary of Choices for Care Eligibility**  
**Criteria**

<b>Choices for Care Eligibility Group</b>	<b>Choices for Care Clinical Eligibility Categories*</b>			
	<b>Need for Assistance with Activities of Daily</b>	<b>Physical Health Needs</b>	<b>Behavioral Health Needs/Needs Due to Impaired Decision Making</b>	<b>Unique Circumstances</b>
<b>Highest</b>	Extensive or total assistance daily with eating, toileting, bed mobility or transfer and limited assistance with any other activity of daily living (ADL).	Skilled nursing care on a daily basis for a specific condition/ treatment or unstable medical condition.	Severe impairment with decision making or moderate impairment with behavioral symptoms (e.g., wandering, aggression, resistance to care) that occur frequently and are not easily altered.	Loss of primary caregiver; loss of living situation; health and welfare at imminent risk without services; health condition would be at imminent risk or worsen if services are not provided or if services are discontinued.

<b>High</b>	Extensive or total assistance daily with bathing, dressing, eating, toileting, and mobility.	Skilled nursing care, assessment and monitoring of care on less than daily basis but require an aggregate of personal care, nursing care, therapies and/or medical treatments on a daily basis; skilled teaching to regain or maintain certain skills/control.	Impaired judgment or loss of decision making that: <ul style="list-style-type: none"> <li>• Requires controlled environment to maintain safety due to behavioral conditions (e.g., wandering, aggression), or</li> <li>• Requires constant or frequent direction to perform certain ADLs.</li> </ul>	Health and welfare at imminent risk without services; health condition would worsen without services.
<b>Moderate</b>	Supervision or assistance 3 or more times in 7 days with one ADL or combination of ADL and IADL's.	Chronic condition that requires monitoring at least monthly.	Impaired judgment or decision making that requires general supervision on a daily basis.	Worsening health condition without services.

\*Persons must meet both clinical and financial eligibility requirements detailed in Vermont rule and policy.



## ATTACHMENT C

### Choices for Care Services by Demonstration Group

All covered services are subject to medical necessity review. A complete description of covered services and limitations is contained in the Vermont approved title XIX State plan, the Choices for Care Operational Protocol, Vermont statutes, regulations, and policies and procedures.

Definitions of each service may be found in Attachment D.

<b>Type of HCBS Service</b>	<b>Highest Need</b>	<b>High Need</b>	<b>Moderate Need</b>	<b>CRT</b>	<b>Limitations</b>
Adult Day Services	X	X	X	X	Any limitation on this service are defined by Vermont rules and policies.
Assistive Devices and Home Modifications	X	X		X	
Case Management	X	X	X	X	
Companion	X	X		X	Limited in combination with Respite Service.
Homemaker	X	X	X	X	Excluded if participant receives Personal Care services since homemaker activities are included among Personal Care services.
Incidental purchases paid out of cash allotments to participants who are self-directing their services	X	X			Limited to Flexible Choices participants who are self-directing their services.
Nursing Overview	X	X			Limited to participants residing in Enhanced Residential Care.

<b>Type of HCBS Service</b>	<b>Highest Need</b>	<b>High Need</b>	<b>Moderate Need</b>	<b>CRT</b>	<b>Limitations</b>
Personal Care	X	X		X	Includes assistance with ADLs and limited IADLs; laundry, meal preparation; medication management and non-medical transportation.
Personal Emergency Response System	X	X		X	
Respite Care	X	X		X	Limited in combination with Companion Service for individuals residing at home.
Social and Recreational Activities	X	X			Limited to participants residing in Enhanced Residential Care.
Supervision	X	X			Limited to participants residing in Enhanced Residential Care.
Transportation Services	X	X		X	Non-medical transportation. Limited to participants residing in Enhanced Residential Care. Included in Personal Care for individuals residing at home.

## ATTACHMENT D

### Choices for Care Long-Term Services and Supports Definitions

#### Long-Term Services and Supports Service Definitions & Waiting List Procedures

Comprehensive descriptions and coverage policies, prior authorization, applicant rules and limitations are defined by the Medicaid State Plan, Vermont statutes and rules and program policies.

Choices for Care
<b>Adult Day Services:</b> Community-based non-residential services that provide a range of professional health, social and therapeutic services delivered in a safe, supportive environment.
<b>Assistive Devices and Home Modifications:</b> An “Assistive Device” is defined as an item which is used to increase, maintain, or improve functional capabilities. Such devices are intended to replace functional abilities lost to the individual because of his or her disability and must be used in performing Activities of Daily Living (ADL) or Instrumental Activities of Daily Living (IADL). A “Home Modification” is defined as a physical adaptation to the home which is necessary to allow safe access to and use of the individual’s primary living space, bathroom, kitchen, or main exit/entrance to the home.
<b>Case Management:</b> Assistance to participants in gaining access to needed long-term care Medicaid services and other state plan and/or medical, social and community services. This includes comprehensive assessment and reassessments, treatment and support planning, obtaining and monitoring the provision of services included in the service care plan and assessing the quality, effectiveness and efficiency of CFC services.
<b>Enhanced Residential Care Home Services:</b> A package of services provided by an approved Level III Residential Care Home (RCH) or an Assisted Living Residence (ALR). In addition to services provided to all RCH/ALR residents, these residential settings also provide a Registered Nurse on-site, personal care services and daily social and recreational activity opportunities.
<b>Adult Family Care:</b> 24-hour care and support option in which participants live in and receive services from an Adult Family Care Home that is contracted by an Authorized Agency.
<b>Companion Care:</b> Non-medical supervision and socialization for participants who are unable to care for themselves.
<b>Homemaker Services:</b> Assistance with activities that help to maintain a safe, healthy environment for individuals residing in their homes. Such services contribute to the prevention, delay, or reduction of risk of harm or hospital, nursing home, or other institutional care.
<b>Personal Care:</b> Assistance with Activities of Daily Living (ADLs) like eating, dressing, walking, transferring, toileting and bathing and Instrumental Activities of Daily Living (IADLs) such as cooking, cleaning and shopping.

**Personal Emergency Systems:** Electronic devices which enable individuals at high risk to secure help in an emergency.

**Respite Care:** Alternate caregiving arrangements to facilitate planned short-term and time-limited breaks for unpaid caregivers.

**Flexible Choices (Self -Directed Care):** Participant- or surrogate-directed home and community-based option, which converts a participant's Home-Based Service Plan into a cash allowance.

Working with a consultant, the participant develops a budget that details expenditure of the allowance and guides the participant's acquisition of services to meet their needs.

**Nursing Facility:** Health-related services (above the level of room and board) not available in the community, needed regularly due to a mental or physical condition that includes provision of or arranging nursing or related services and specialized rehabilitative services to attain or maintain the highest practicable physical, mental, and psychosocial wellbeing of each resident.

## ATTACHMENT E

### Global Commitment Specialized Program Service Definitions

Vermont's specialized programs rely on person-centered planning to develop individualized plans of care. Specialized programs support a continuum of care from short-term crisis or family support to intensive 24/7 home and community-based wraparound services. These programs include both State Plan-recognized and specialized non-State Plan services and providers to support enrollees in home and/or community settings. The state may require: additional provider agreements, certifications or training not found in the State plan; specific assessment tools, level of care or other planning processes; and/or prior authorizations to support these programs. This attachment is for summary purposes only. Complete service definitions, approved provider types, applicant rules, prior authorizations, limitations and exclusions can be found in Vermont statute, rule and policy.

Traumatic Brain Injury Program (TBI) Services
<b>Crisis Support Services:</b> Time-limited services and supports that assist an individual to resolve a severe behavioral, psychological or emotional crisis safely in their community. This includes 24/7 availability, one-to-one support and case management, hospital diversion programs, mobile outreach, community crisis placements and/or intensive in home support.
<b>Psychological and Counseling Supports:</b> Services provided by or under the direction of licensed practitioners that include, but may not be limited to: clinical assessment; medication and psychiatric consultation; individual, family and group therapy; or specialized behavioral or health services.
<b>Case Management:</b> Assistance to enrollees in gaining access to needed waiver, medical, social, educational and other services regardless of the funding source for the services to which access is gained. Case management includes comprehensive assessment; treatment planning and plan of care development; service coordination; monitoring; and collateral contacts with persons involved and/or designated by the enrollee.
<b>Community Supports:</b> Individualized support services that may be provided in a family setting, group home, supervised apartment, other community residential setting or in the individual's own apartment/home. Support may include 24-hour care and supervision as part of authorized treatment plan goals and objectives.
<b>Habilitation:</b> Comprehensive and integrated one-to-one training and support by authorized Life Skills Aides (LSA) to provide training in specific activities of daily living identified in the treatment plan designed to promote independent living and community re-integration.
<b>Respite Care:</b> Alternative caregiving arrangements to facilitate planned short-term and time-limited breaks for caregivers.

**Supported Employment:** Job coaching, on- and off-site support, and consultation with employers to support competitive employment in integrated community work settings.

**Environmental and Assistive Technology:** Physical adaptations, devices or technology in the home necessary to ensure health and safety or to enable greater independence. Eligible items may include, but are not limited to: durable medical equipment; safety devices; physical endurance equipment prescribed by a licensed health professional; and accessibility devices and equipment. This may include services/supports, deposits, rentals or other items which are determined to be necessary to improve functional independence.

**Self-Directed Care:** When an individual, their family or surrogate meets requirements and chooses to manage some or all of their TBI services, the person has the responsibility of hiring his or her own staff and overseeing the administrative responsibilities associated with receiving TBI funding, including contracting for services, developing a service plan, fulfilling the responsibilities of the employer, and planning for back-up support or respite in the case of an emergency.

<b>Services for Children and Youth under 21 Experiencing Severe Emotional Disturbance/ Mental Illness and Their Families</b>
<p><b>Service Coordination:</b> Case management and assistance to individuals and families in planning, developing, choosing, gaining access to, coordinating and monitoring the provision of medical, social, educational and other services and supports, including discharge planning, advocacy, monitoring and supporting them to make and assess their own decisions.</p>
<p><b>Community Supports</b> (Individual or Group): Specific, individualized and goal-oriented services that assist individuals in developing skills and social supports necessary to promote growth.</p>
<p><b>Skilled Therapy Services:</b> Services provided by or under the direction of licensed practitioners that include, but may not be limited to: clinical assessment; medication and psychiatric consultation; individual, family and group therapy; or specialized behavioral and health services.</p>
<p><b>Residential Treatment:</b> Out-of-home treatment services that include:</p> <ul style="list-style-type: none"> <li>• <u>Transitional Living</u>: Short-term, out-of-home care for adolescents requiring intensive supports in order to transition to independent living.</li> <li>• <u>Therapeutic Foster Care</u>: Short-term, out-of-home care to assist in skill development and remediation of intensive mental health issues to support a return to the family.</li> <li>• <u>Residential Treatment</u>: Intensive out-of-home care for mental health treatment, skill building, family reintegration and/or specialized assessment services to assist recovery and skill building that supports return to the family home.</li> </ul>
<p><b>Flexible Support:</b></p> <ul style="list-style-type: none"> <li>• <u>Family Education</u>: In-home support and treatment for the purpose of enhancing the family's ability to meet their child's emotional needs.</li> <li>• <u>Specialized Rehabilitation or Treatment Plan Services</u>: Services, supports or devices used to increase, maintain, or improve functional capabilities or health outcomes identified as the result of an approved assessment, treatment plan and/or prior approval.</li> </ul>
<p><b>Counseling:</b> Services directed toward the development and restoration of skills or the elimination of psychosocial barriers that impede the development or modification of skills necessary for independent functioning in the community. Services may include approved peer-supported and recovery services.</p>
<p><b>Respite:</b> Alternative caregiving arrangements to facilitate planned short-term and time-limited breaks for caregivers.</p>
<p><b>Supported Employment:</b> Job coaching, on- and off-site support, and consultation with employers to support competitive employment in integrated community work settings.</p>
<p><b>Crisis Supports:</b> Time-limited services and supports that assist an individual to resolve a severe behavioral, psychological or emotional crisis safely in their community. This includes 24/7 availability, one to one support, and case management, hospital diversion programs, mobile outreach, community crisis placements and/or intensive in home support.</p>

**Environmental Safety Devices:** Devices or technology necessary to ensure health and safety or to enable independence. This does not include structurally permanent modifications.

### Community Rehabilitation and Treatment

**Service Coordination:** Case management and assistance to individuals and families in planning, developing, choosing, gaining access to, coordinating and monitoring the provision of medical, social, educational and other services and supports, including discharge planning, advocacy, monitoring and supporting them to make and assess their own decisions.

**Community Supports:** (Individual or Group): Specific, individualized and goal-oriented services which assist individuals in developing skills and social supports necessary to promote growth.

#### Flexible Support:

- Day Recovery/Psychoeducation, Including Recovery Education: Group recovery activities in a milieu that promotes wellness, empowerment, a sense of community, personal responsibility, self-esteem and hope. These activities are consumer-centered; they provide socialization, daily skills development, crisis support, and promotion of self-advocacy.
- Family Psychoeducation and Support for Families and Significant Others: To support recovery and assist individual in managing their symptoms.

**Skilled Therapy Services:** Services provided by or under the direction of licensed practitioners that include, but may not be limited to: clinical assessment; individual, group, and family therapy or diagnosis-specific practices; medication evaluation, management and consultation with Primary Care; inpatient behavioral health services; partial hospitalization.

#### Residential Treatment

- Residential Treatment: Intensive mental health treatment, skill building, community reintegration and/or specialized assessment services to assist recovery and skill building to support community living, but not provided in institutions for mental disease (IMD). Treatment may include the use of approved peer-supported and peer-run alternatives.
- Housing and Home Supports: Mental Health services and supports based on the clinical needs of individuals in and around their residences. This may include support to a person in his or her own home; a family home; sharing a home with others (e.g., in an apartment, group home, shared living arrangement).

**Crisis Support:** Time-limited services and supports that assist individuals to resolve a severe behavioral, psychological or emotional crisis safely in their community. This includes 24-hour/7-day-a-week availability, one-to-one support, case management, hospital diversion programs, mobile outreach, community crisis placements and/or intensive in home support.



**Environmental Safety Devices:** Devices or technology necessary to ensure health and safety or to enable independence. This does not include structurally permanent modifications.

**Counseling:** Services directed toward the development and restoration of skills or the elimination of psychosocial barriers that impede the development or modification of skills necessary for independent functioning in the community. May include approved peer-supported and/or peer-run recovery services.

**Respite:** Alternative caregiving arrangements to facilitate planned short-term and time-limited breaks for caregivers.

**Supported Employment:** Job coaching, on- and off-site support, and consultation with employers to support competitive employment in integrated community work settings.

Developmental Disability Services
<p><b>Service Coordination:</b> Case management and assistance to individuals and families in planning, developing, choosing, gaining access to, coordinating and monitoring the provision of medical, social, educational and other services and supports, including planning, advocacy, monitoring and supporting them to make and assess their own decisions.</p>
<p><b>Residential Habilitation:</b> Home supports, services and supervision to an individual in and around their residence up to 24 hours a day. This may include support to a person in his or her own home; sharing a home with others (e.g., in an apartment, group home, shared living arrangement); or who lives with his or her family.</p>
<p><b>Day Habilitation:</b> Community supports that are specific individualized and goal-oriented services which assist individuals in developing skills and social supports necessary to promote positive growth. This may also include support for persons to prevent them from entering more restrictive levels of care such as:</p> <ul style="list-style-type: none"> <li>• <u><i>Flexible Family Funding:</i></u> One-time support to assist a family not receiving other specialized services in maintaining their family member in home and diverting the use of more costly home and community-based services or restrictive levels of care.</li> <li>• <u><i>Specialized Treatment Plan Services:</i></u> Services, supports or devices used to increase, maintain, or improve functional capabilities or health outcomes identified as the result of an approved assessment, plan of care and/or prior approval.</li> </ul>
<p><b>Supported Employment:</b> Job coaching, on- and off-site support, and consultation with employers to support competitive employment in integrated community work settings.</p>
<p><b>Crisis Services:</b> Time-limited intensive services and supports that assist individuals to resolve a severe behavioral, psychological or emotional crisis safely in their community. This includes 24/7 availability, case management, hospital diversion programs, mobile outreach, community crisis placements and/or intensive in home support.</p>
<p><b>Clinical Interventions:</b> Assessment, therapeutic, medication or medical services provided by clinical or medical staff.</p>
<p><b>Respite:</b> Alternative caregiving arrangements to facilitate planned short-term and time-limited breaks for caregivers.</p>
<p><b>Self-Directed Care:</b> When an individual, their family or surrogate meets requirements and chooses to manage some or all of their developmental services, the person has the responsibility of hiring his or her own staff and overseeing the administrative responsibilities associated with receiving developmental services funding, including contracting for services, developing a service plan, fulfilling the responsibilities of the employer, and planning for back-up support or respite in the case of an emergency.</p>

## **ATTACHMENT F**

### **Choices for Care Wait List Procedure Description**

#### **Choices for Care - Waiting List Procedures High Needs**

Active participants who meet the “High Needs” clinical criteria at reassessment will not be terminated from services as long as they continue to meet all other CFC eligibility criteria.

New CFC applicants who meet the “High Needs” clinical criteria may be placed on a waiting list if state funds are not available at the time of referral, using the following procedures:

1. If funds are not available at time of application, Department of Disabilities, Aging and Independent Living (DAIL) staff will complete a High Needs Wait List Score Sheet.
2. A score will be generated based on the individuals Activities of Daily Living (ADL), Cognition, Behavior, Medical Conditions/Treatments and Risk Factors.
3. DAIL staff will then place the individual on a waiting list in order of score.
4. DAIL staff will notify the individual in writing that they have been found clinically eligible for the High Needs Group and have been placed on a wait list. The Case Management (CM) agency that the applicant chose on the application will be in contact with them. Appeal rights will also be included in the notice.
5. DAIL staff will forward a copy of the CFC program application and Wait List Score Sheet to the CM agency indicated on the application. The application will not be sent if the CM agency assisted in completing the application.
6. The case manager/agency will make contact with individuals on the “High Needs” wait list on a monthly basis to monitor if they have had a change in their health or functional needs and complete the High Needs Waiting List Monthly Follow-up Sheet. The initial contact will occur no later than 14 days after receiving the referral.
7. If the individual has had a significant health or functional status change the case manager will contact DAIL staff. DAIL staff shall reassess for clinical eligibility determination and/or rescore for wait list. Agencies are encouraged to use the Triggers for High Needs Wait List Referral for Clinical Review as a guide to determine if another clinical assessment is warranted.
8. DAIL staff and providers will review the wait list with the CFC waiver team at monthly meetings. Each case management agency designee (determined by the CM agency) will ensure that a copy of the follow-up sheet for all applicants on the High Needs wait list monitored by their agency and send to DAIL Waterbury by the 5th of each month. DAIL staff will follow up with the CM agency if any High Needs Waiting List Monthly Follow-up Sheets are missing.
9. Applicants on a waiting list shall be admitted to the Choices for Care waiver as funds become available, according to procedures established by the Department and implemented by regional Choices for Care waiver teams. The Choices for Care waiver teams shall use professional judgment in managing admissions to the Choices for Care waiver, admitting individuals with the most pressing needs. The teams shall consider the following factors:
  - a. Unmet needs for ADL assistance;

- b. Unmet needs for IADL assistance;
  - c. Behavioral symptoms;
  - d. Cognitive functioning;
  - e. Formal support services;
  - f. Informal supports;
  - g. Date of application;
  - h. Need for admission to or continued stay in a nursing facility;
  - i. Other risk factors, including evidence of emergency need; and
  - j. Priority score.
10. When funding is allocated to an individual, DAIL staff will notify the individual and continue the CFC application process.

### **Choices for Care Moderate Needs Waiting List**

Moderate Needs applicants may be placed on a waiting list if funds are not available or capacity at Adult Day is not available at the time of application, using the following procedures:

1. If funding, or capacity at Adult Day, is not available at time of application, the case manager (CM) will notify the individual in writing and will send a copy of the notice and application to the requested Service Providers.
2. The Homemaker Agency or Adult Day provider (Moderate Needs Providers) will place the individual on their waiting list.
3. Applicants on Community Medicaid are considered first priority, then chronological order by date of application.
4. Participants who are already active on Moderate Needs and wish to add a second service will be put on the wait list according to their original Moderate Needs application date.
5. The wait list should contain only those people who are still waiting for funding on the last day of the reporting month.
6. The wait list shall not contain the names of people who have an active Moderate Needs service authorization and are waiting for staffing or additional hours. The Moderate Needs Providers must forward a copy of the wait list to DAIL by the 15th of the month following the reporting month. *For example, the January report is due at DAIL by February 15th and must contain everyone waiting for funding as of January 31st.*
7. Providers who have no wait list must either send a blank wait list or send an email to DAIL by the 15th of the month stating they have no wait list.
8. When funding is allocated to an applicant the Moderate Needs Providers will indicate such date on the wait list and notify the Moderate Needs case manager.
9. The CM will notify the applicant when funding becomes available and continue the eligibility process. The CM shall put the date the applicant came off the wait list on the Moderate Needs application.
10. If the individual is already receiving other Moderate Needs services, the CM will complete a Moderate Needs Group Change Form and send to the Moderate Needs Coordinator. The Moderate Needs Coordinator will complete and send a new

Service Authorization to the individual, case manager and provider(s).

11. The effective date of the service will be the date the individual was taken off the wait list or a later date as requested by the CM.
12. The DAIL Moderate Needs Coordinator will review the provider's wait list upon receiving a new Moderate Needs application to ensure that Medicaid applicants are served before non-Medicaid applicants.
13. Providers must assure that all people listed on their wait list are still waiting for funding to be served. This is accomplished contacting people on the wait list at least once every six months.

**ATTACHMENT G**  
**Premiums and Co-Payments for Demonstration Populations**

Premiums for children age 0 through age 18 in Population 1 are charged according to the following chart:

<b>Group</b>	<b>Premiums</b>
Children with income > 195% percent through 237% of the FPL	\$15/month/family
Underinsured Children with income > 237% through 312% FPL	\$20/month/family
Uninsured Children with income > 237% through 312% of the FPL	\$60/month/family

<b>Population</b>	<b>Premiums</b>	<b>Co-Payments</b>	<b>State Program Name</b>
<b>Demonstration Population 7:</b> Medicare beneficiaries with income at or below 150 percent of the FPL, who may be enrolled in the Medicare Savings Program (MSP) but are not otherwise categorically eligible for full benefits.	Premiums not to exceed the following: 0-150% FPL: \$15/month/person	Not to exceed the nominal co-payments specified in the Medicaid State plan.	VPharm1
<b>Demonstration Population 8:</b> Medicare beneficiaries with income above 150 percent and up to and including 225 percent of the FPL, who may be enrolled in the Medicare Savings Program (MSP), but are not otherwise categorically eligible.	Premiums not to exceed the following: 151-175% FPL: \$20/month/person 176-225% FPL: \$50/month/person	Not to exceed the nominal co-payments specified in the Medicaid State plan.	VPhar m2 or VPharm3

**ATTACHMENT H**  
**List of Approved Investments**

<b>No.</b>	<b>Investment Name</b>
1.	Residential Care for Youth/Substitute Care
2.	Lund Home: IMD
3.	Institution for Mental Disease Services: DMH
4.	Return House
5.	Northern Lights
6.	Pathways to Housing
7.	Institution for Mental Disease Services: DVHA
8.	Vermont Information Technology Leaders HIT/HIE/HCR
9.	Addison Helping Overcome Poverty's Effects (HOPE) (Challenges for Change)
10.	Vermont Physician Training
11.	Non-state plan Related Education Fund Investments
12.	Mental Health Children's Community Services
13.	Acute Psychiatric Inpatient Services
14.	St. Albans and United Counseling Service Transitional Housing (Challenges for Change)
15.	Northeast Kingdom Community Action
16.	Mental Health CRT Community Support Services
17.	Recovery Centers
18.	Patient Safety Net Services
19.	Emergency Medical Services
20.	Vermont Veterans Home
21.	Area Health Education Centers (AHEC)
22.	Emergency Support Fund
23.	Public Inebriate Program (Challenges for Change)
24.	CHIP Vaccines
25.	Physician/Dentist Loan Repayment Program
26.	Strengthening Families
27.	Flexible Family/Respite Funding
28.	Special Payments for Treatment Plan Services
29.	Emergency Mental Health for Children and Adults
30.	Substance Use Disorder Treatment
31.	Health Laboratory
32.	Health Professional Training
33.	Prevent Child Abuse Vermont: Shaken Baby
34.	Prevent Child Abuse Vermont: Nurturing Parent
35.	Building Bright Futures
36.	Agriculture Public Health Initiatives
37.	WIC Coverage
38.	Fluoride Treatment

<b>No.</b>	<b>Investment Name</b>
39.	Health Research and Statistics
40.	Epidemiology
41.	United Ways 2-1-1
42.	Quality Review of Home Health Agencies
43.	Support and Services at Home (SASH)
44.	Vermont Blueprint for Health
45.	Green Mountain Care Board
46.	Immunization
47.	Patient Safety - Adverse Events
48.	Poison Control
49.	Healthy Homes and Lead Poisoning Prevention Program
50.	Tobacco Cessation: Community Coalitions
51.	Vermont Blueprint for Health
52.	Buy-In
53.	HIV Drug Coverage
54.	Designated Agency Underinsured Services
55.	Medical Services
56.	Aid to the Aged, Blind and Disabled CCL Level III
57.	Aid to the Aged, Blind and Disabled Res Care Level III
58.	Aid to the Aged, Blind and Disabled Res Care Level IV
59.	Essential Person Program
60.	GA Medical Expenses
61.	Therapeutic Child Care
62.	Lamoille Valley Community Justice Project
63.	Mobility Training/Other Services-Elderly Visually Impaired
64.	DS Special Payments for Medical Services
65.	Seriously Functionally Impaired: DAIL
66.	MH Outpatient Services for Adults
67.	Respite Services for Youth with SED and their Families
68.	Seriously Functionally Impaired: DMH
69.	Intensive Substance Abuse Program (ISAP)
70.	Intensive Domestic Violence Program
71.	Community Rehabilitative Care
72.	Family Supports
73.	Renal Disease
74.	TB Medical Services
75.	Family Planning
76.	Statewide Tobacco Cessation
77.	Home Sharing
78.	Self-Neglect Initiative
79.	Mental Health Consumer Support Programs



No.	Investment Name
80.	Intensive Sexual Abuse Prevention Program
81.	OneCare Vermont Accountable Care Organization (ACO) Quality and Health Management Measurement Improvement Investment
82.	OneCare Vermont ACO Advanced Community Care Coordination
83.	One Care Accountable Care Organization Primary Prevention Development Investment

## **ATTACHMENT I**

### **Menu of Approvable Delivery System Investments**

As described in STC 82, Vermont has a unique investment authority under the Global Commitment to Health demonstration to spend up to annual limits on expenditures for the following purposes:

- a) Reduce the rate of uninsured and/or underinsured in Vermont;
- b) Increase the access to quality health care by uninsured, underinsured, and Medicaid beneficiaries;
- c) Provide public health approaches and other innovative programs to improve the health outcomes, health status and quality of life for uninsured, underinsured and Medicaid-eligible individuals in Vermont; and
- d) Encourage the formation and maintenance of public-private partnerships in health care, including initiatives to support and improve the health care delivery system.

CMS is making funding available under the above investment structure for the state to assist the Accountable Care Organization (ACO) and providers in one-time, developmental start-up funding, as defined in STC 86. STC 87 establishes that Vermont shall notify CMS of delivery system-related investments that fall within the following categories. For investments that do not fall within the categories below, Vermont must follow the notification and CMS review procedures as described in STC 88.

#### Delivery System-related Investment Categories

The goal of the delivery system-related investments is to support implementation of Vermont's All-Payer Accountable Care Organization (ACO) model.

- Category #1 projects consists of funding to Accountable Care Organization(s). Funding under category #1 is limited to development costs only.
- Category #2 projects consist of funding to providers.

Vermont may select time-limited, start-up delivery system investments in demonstration year (DY) 1 through 4 of the extension period and maintenance investments in DY 5 of the extension period. These are time-limited investments that are expected to phase down and be completed at the end of five years. There may not be start-up investments in DY 5 of the extension period.

A project plan is required for each project and shall include an explanation of how the project will provide a return on investment over the demonstration extension period and how the project could be sustainably funded through the ACO over the five-year demonstration. The state must include metrics for all projects and the metrics are required for all years that the project receives funding.

#### **Category #1: Accountable Care Organization (ACO) Infrastructure Improvement Program**

Project funding under category #1 is limited to development costs only. Category #1 projects are only allowed from demonstration year 1 through demonstration year 4 of the extension period. The state must submit a project plan to CMS at the time the state notifies CMS of the proposed project that includes a phasedown of demonstration funding no later than DY 5 of the extension period.

Eligibility: To be eligible to receive any funding under category #1, the ACO must meet the following criteria:

- Once the Green Mountain Care Board full certification and budget review process is implemented (expected by January 1, 2018), meet the state certification standards set by the Green Mountain Care Board under Vermont Act 113 (2016);
- Sign an agreement with the state consistent with the state's All-Payer Model Accountable Care Organization agreement with the Centers for Medicare & Medicaid Services; and
- Sign an agreement with at least one other payer consistent with the state's All-Payer Model Accountable Care Organization agreement.

Objectives: The ACO must submit a project plan to the state that describes how the funding would help the ACO achieve one or more of the following objectives:

- Develop governance, skills, and capacity to perform under a Medicaid risk-based contract designed to be an integrated part of an all-payer approach;
- Manage enrollees' care across Medicaid providers in a manner consistent with unified processes across payers; and
- Successfully operate without decreased access or quality under population-level spending targets set to prospectively provide affordable per-person spending to the payers, programs and employers covering Vermont residents.

Metrics: Project metrics may include, but are not limited to:

- ACO quality measures included in the contract between DVHA and the ACO;
- Improvement in the ACO quality measures included in the contract between DVHA and the ACO; and
- Increase in the number of community providers participating in the ACO network and level of access to Medicaid enrollees.

Eligible Project Categories: Projects may fall under one or more of the categories of projects identified below in category #1(a) through category #1(b)(4).

**Category #1(a): Quality and Health Management Measurement Improvement Projects** The purpose of these projects is to provide funding for quality and health improvement information development and dissemination for participating providers of the ACO. Projects under this category must include one or more of the following:

- Learning collaboratives for provider communities to share best practices for using data to support health improvement for Medicaid beneficiaries;

- Technical assistance to providers in setting quality improvement targets for their specific panel of Medicaid patients in order to meet the ACO quality measures or to support the measures in the APM agreement; and
- Technical assistance in testing payment models which reward communities (and their providers across the continuum of care and services) who demonstrate high quality and/or improvement by working together.

Project metrics may include, but are not limited to:

- Yearly participation targets for learning collaboratives which demonstrate greater participation by number or type of provider quality improvement in one or more of the ACO quality measures (<http://dvha.vermont.gov/administration/vermont-medicaid-shared-savings-progam-vmssp>); and
- Number of ACO communities who achieve high overall results across a full measure scorecard, or targets identified in the state's Quality Improvement Plan (<http://dvha.vermont.gov/global-commitment-to-health/1vt-gc-cqs-september-15-2015-cms-submission.pdf>).

**Category #1(b): Community-Based Population Health Projects** The goal of this category of projects is to improve the integration of care for Medicaid beneficiaries by improving relationships between Medicaid's community providers and local hospitals. Projects must be designed, at the local/regional level, to promote integration across all types of care and service providers and targeted to the overall goals, including measures agreed to by the state in the All-Payer ACO Model Agreement or in the state's Quality Improvement Plan. The APM measures include:

- Reducing deaths of Vermont residents related to drug overdose;
- Reducing the number of deaths due to suicide;
- Not increasing the prevalence of COPD, diabetes and hypertension for Vermont residents;
- Increasing the level and consistency in screening, access, and follow-up for mental health and substance abuse issues; and
- Ensuring most Vermonters have a usual primary care physician.

Projects must include one or more of the types of projects described in category #1(b)(1) through #1(b)(4).

**Category #1(b)(1) Primary and Secondary Prevention Development** projects, including:

- Expanding disease-specific programs to slow or reverse existing disease state and related co-morbidities at the community or local level;
- Building a statewide, community-focused health and wellness program; and
- Tailoring existing prevention programs to specific characteristics of Medicaid beneficiaries, the uninsured or the underinsured.

Metrics may include, but are not limited to: 1) disease-specific improvement targets, 2) an increase of prevention activities in a specific community, and/or 3) number of participants engaged.

**Category #1(b)(2) Community-Based Provider Capacity** projects to build integration between essential community providers, such as those who provide mental health, substance use disorder, developmental services, and long-term services and supports, and ACO, to ensure community-based providers have the capacity to participate in quality improvement and health management projects with the ACO, and to ensure that Medicaid community providers are able to participate in the other ACO projects funded by investments.

Metrics include, but are not limited to: 1) an increase in the number of participating community-based providers in the ACO's network or in specific ACO projects.

**Category #1(b)(3) Socio-Economic Risk and Mitigation** projects to develop a screening profile for socio-economic, environmental, and behavior risks for low-income Vermonters that builds on the Screening, Brief Intervention Referral to Treatment (SBIRT) program. These projects will ensure that individuals' unique needs and challenges are incorporated in care planning and that coordination is expanded beyond medical providers and Medicaid community providers. The purpose is to develop projects promoting a whole-person approach to care that takes into consideration the socio-economic needs of specific individuals.

Metrics may include, but are not limited to: 1) the number of individuals with unique care plans that include addressing socio-economic needs or 2) the number of providers who have integrated the tool into their work flow or electronic medical record.

**Category #1(b)(4) Advanced Community Care Coordination** projects would organize and expand upon current care management programs to create an efficient and effective approach, eliminating duplication in this arena. The project would include development of capacity to identify individuals needing supplemental coordination and management through risk scoring and other methods. This will involve codifying more standardized levels of care coordination, and developing programs and plans to best deliver the services based on existing capacity and community approaches. For example, projects would develop formats for shared care plans for complex (high risk scoring) patients and enhancement of existing community-based care management programs where necessary to meet the population health measures.

Metrics include, but are not limited to: 1) patients under active management, 2) percentage of patients engaged out of those who meet the criteria, and 3) the utilization and quality outcomes for patients under the more coordinated and advanced coordinated care management system.

**Category #2: Medicaid Community Provider Integration Program ("Medicaid Pathway")**

**Goal:** The goal of these projects is to assist Vermont's Medicaid community-based service providers to be able to manage population health for Medicaid beneficiaries and be able to participate in the All-Payer model, including being able to accept value-based and risk-based payments.

**Target:** The following providers will propose projects under this category: Medicaid community- based providers, including designated mental health, disability support, substance use disorder providers and long-term services and support providers.

Metrics include, but are not limited to: 1) targets identified in the Agency's comprehensive quality strategy, 2) the ACO measures included in the Medicaid contract, or 3) the APM measures included in the APM agreement with CMS.

## ATTACHMENT J

### Investment Application Template

During the extension negotiations, CMS reviewed the current 80 investments. For each new investment, the state must submit the following information to CMS as described in STC 87.

<b>Date</b>	
<b>Investment Title</b>	
<b>Estimated Amount</b>	
<b>Time Period</b>	
<b>Department</b>	
<b>Category</b>	
<b>Project Objective (Must be time-limited)</b>	
<b>Project Description, including Phase-down Strategy</b>	
<b>Project Outcomes</b>	
<b>Project Specific Measurements (include measures and targets for each measure)</b>	
<b>How does the state ensure there is no duplication of federal funding?</b>	
<b>Source of non-federal share</b>	
<b>How does the project provide a return on investment?</b>	
<b>How does the state ensure that the investment does not include any activities listed in STC #85 (Investment Approval Process)?</b>	
<b>Performance Monitoring Plan</b>	

The state assures that in reporting cost, the state and providers must adhere to 45 CFR §75 Uniform Administration Requirements, Cost Principles, and Audit Requirements for Health and Human Services (HHS) Awards and 42 CFR §413 Principles of Reasonable Cost Reimbursement. Pursuant to 45 CFR §75.302(a) the state must have proper fiscal control and accounting procedures in place to permit the tracing of funds to a level of expenditures adequate to establish that such funds have not been used in violation of applicable statutes. Costs must be supported by adequate source documentation.



**ATTACHMENT K**  
**Evaluation Design**  
**Approved March 8, 2018**

**I. GLOBAL COMMITMENT TO HEALTH OVERVIEW**

The Vermont Global Commitment to Health Medicaid Section 1115(a) Demonstration was originally approved on September 27, 2005, and implemented on October 1, 2005. The Global Commitment to Health Section 1115(a) Demonstration is designed to use a multi-disciplinary approach to comprehensive Medicaid reform, including the basic principles of public health, the fundamentals of effective administration of a Medicaid managed care delivery system, public-private partnership, and program flexibility.

As of January 1, 2017, Vermont and CMS extended the Global Commitment to Health Demonstration to further promote delivery system and payment reform to meet the goals of the State working with the Center for Medicaid and CHIP Services, and the Center for Medicare and Medicaid Innovation (CMMI). Consistent with Medicare's payment reform efforts the Demonstrations allow for alignment across public payers. Specifically, Vermont expects to demonstrate its ability to achieve universal access to health care, cost containment, and improved quality of care.

Since 2005, the Global Commitment to Health Demonstration has reduced Vermont's uninsured rate from 11.4 percent in 2005 to approximately 2.7 percent in 2015 through expansion of eligibility and other Affordable Care Act reforms. The Demonstration has also enabled Vermont to address and eliminate bias toward institutional care and offer cost-effective, community-based services. For example, the proportion of Choices for Care participants served in the community has passed fifty percent and continues to increase. In addition, Vermont no longer has a waiting list for individuals in the Highest and High Need Groups under the Choices for Care component of the Demonstration.

Due to the expansion of eligibility under the Vermont State Plan, pursuant to the Affordable Care Act, expansion of eligibility is no longer the primary focus of the Demonstration. However, the Demonstration continues to promote delivery system reform and cost-effective, community-based services as an alternative to institutional care. The State's goal in implementing the Demonstration is to improve the health status of all Vermonters by:

- Promoting delivery system reform through value-based payment models and alignment across public payers;
- Increasing access to affordable and high-quality health care by assisting lower-income individuals who can qualify for private insurance through the Marketplace;
- Improving access to primary care;
- Improving the health care delivery for individuals with chronic care needs; and
- Allowing beneficiaries a choice in long-term services and supports and providing an array of home and community-based (HCBS) alternatives recognized to be more cost-effective than institutional based supports.

The State employs four major elements in achieving the above goals:

1. **Program Flexibility:** Vermont has the flexibility to invest in certain specified alternative services and programs designed to achieve the Demonstration's objectives (including the Marketplace subsidy program).
2. **Managed Care Delivery System:** Under the Demonstration, the Agency for Human Services (AHS) executes an annual agreement with the Department of Vermont Health Access (DVHA), which delivers services through a managed care-like model, subject to the requirements that would be applicable to a non-risk pre-paid inpatient health plan (PIHP) as defined by the Special Terms and Conditions (STCs).
3. **Removal of Institutional Bias:** Under the Demonstration, Vermont provides a choice of settings for delivery of services and supports to older adults, people with severe and persistent mental illness, people with physical disabilities, people with developmental disabilities, and people with traumatic brain injuries who meet program eligibility and level of care requirements.
4. **Delivery System Reform:** Under the Demonstration, Vermont supports systemic delivery reform efforts using the payment flexibility provided through the Demonstration to create alignment across public and private payers.

The initial Global Commitment to Health and Choices for Care Demonstrations were approved in September of 2005 and became effective October 1, 2005. The Global Commitment to Health Demonstration was extended for three (3) years, effective January 1, 2011, and again for three (3) years, effective October 2, 2013. The Choices for Care Demonstration was extended for five (5) years, effective October 1, 2010, and became part of the Global Commitment to Health Demonstration in January 2015. The following amendments have been made to the Global Commitment to Health Demonstration:

- 2007: A component of the Catamount Health program was added, enabling the State to provide a premium subsidy to Vermonters who had been without health insurance coverage for a year or more, have income at or below 200 percent of the FPL, and who do not have access to cost-effective employer-sponsored insurance, as determined by the state.
- 2009: The State extended Catamount Health coverage to Vermonters at or below 300 percent of the FPL.
- 2011: The State included a palliative care program for children who are at or below 300 percent of the FPL and have been diagnosed with life-limiting illness that would preclude them from reaching adulthood. This program allows children to receive curative and palliative care services such as expressive therapy, care coordination, family training and respite for caregivers.
- 2012: CMS provided authority for the State to eliminate the \$75 inpatient admission co-pay and to implement nominal co-payments for the Vermont Health Access Plan (VHAP) as articulated in the Medicaid state plan.
- 2013: CMS approved the extension of the Global Commitment to Health Demonstration, which included sun-setting the authorities for most of the Expansion Populations, including Catamount Health coverage, because these populations would be eligible for Marketplace coverage beginning January 1, 2014. The extension also

added the New Adult Group under the State Plan to the population affected by the Demonstration effective January 1, 2014. Finally, the extension also included premium subsidies for individuals enrolled in a qualified health plan whose income is at or below 300 percent of the FPL.

- 2015: In January 2015, the Global Commitment to Health Demonstration was amended to include authority for the former Choices for Care Demonstration. In addition, the State received section 1115 authority to provide full Medicaid State Plan benefits to pregnant women who are determined presumptively eligible.

### **A. Demonstration Goals**

The State's high-level goal for all health reforms is to create an integrated health system able to achieve the Institute of Medicine's "Triple Aim" goals of improving patient experience of care, improving the health of populations, and reducing per capita cost.<sup>5</sup> This is supported in the Global Commitment to Health Demonstration through supporting innovative delivery system reforms, including Medicaid Accountable Care Organizations (ACO) and the development of progressive in-home and community-based services and supports that are cost-effective and support persons who have long-term care service and support needs, and complex medical, mental health and/or substance use disorder treatment needs. Overarching Demonstration goals are described below:

- **To increase access to care:** All enrollees must have access to comprehensive care, including financial, geographic, physical, and communicative access. This means having health insurance, appropriate providers, timely access to services, culturally sensitive services, and the opportunity for second opinions as needed.
- **To contain health care cost:** Cost-effectiveness takes into consideration all costs associated with providing programs, services, and interventions. It is measurable at the category-of-service, individual enrollee, aid category, and aggregate program levels.
- **To improve the quality of care:** Quality refers to the degree to which programs/services and activities increase the likelihood of desired outcomes. The six domains necessary for assuring quality health care identified by the Institute of Medicine (IOM, 2001) are:
  - *Effectiveness:* Effective health care provides evidence-based services to all who can benefit, refraining from providing services that are not of benefit.
  - *Efficiency:* Efficient health care focuses on avoiding waste, including waste of equipment, supplies, ideas, and energy.
  - *Equity:* Equal health care provides care without variation in quality due to gender, ethnicity, geographic location, or socioeconomic status.
  - *Patient Centeredness:* Patient-centered care emphasizes a partnership between provider and consumer.
  - *Safety:* Safe health care avoids injuries to consumers from care that is intended

---

<sup>5</sup> Crossing the Quality Chasm: A New Health System for the 21<sup>st</sup> Century. Washington DC: National Academy Press, Institute of Medicine; 2001.

to help.

- *Timeliness*: Timely health care involves obtaining needed care and minimizing unnecessary delays in receiving care.
- *To eliminate institutional bias*: By allowing specialized program participants choices in where they receive long-term services and supports and by offering a cost-effective array of in-home and community services for older adults, people with severe and persistent mental illness, people with developmental disabilities and people with traumatic brain injuries who meet program eligibility and level of care requirements.

## ***B. Public Managed Care Delivery System, Investments and All-Payer Model***

Vermont operates the Demonstration using a managed care-like model that complies with federal regulations at 42 CFR Part 438 that would be applicable to a non-risk PIHP, including beneficiary rights and protections such as independent beneficiary support systems and formal grievance and appeal procedures.

In addition to the Demonstration, beginning in 2018, the State has also begun implementation of the Vermont All-Payer Accountable Care Organization (ACO) Model (All-Payer Model) under section 1115A of the Social Security Act through the Center for Medicare and Medicaid Innovation (CMMI). The All-Payer Model and the Global Commitment to Health Medicaid Demonstration are expected to complement each other to support systemic delivery reform efforts. Using the payment flexibility provided through the Demonstration and the Model, alignment across public and private payers is expected. A brief description of the Medicaid public managed care-like model and current reform efforts is provided below.

### *Public Managed Care-Like Model*

The Agency of Human Services (AHS), as Vermont's Single State Medicaid Agency, is responsible for oversight of the managed care-like Medicaid delivery system. The Department of Vermont Health Access (DVHA) operates the Medicaid program as if it were a Managed Care Organization in accordance with federal managed care regulations. Program requirements and responsibilities are delineated in an inter-governmental agreement (IGA) between AHS and DVHA. DVHA also has sub-agreements with the other State entities that provide specialty care for Global Commitment (GC) enrollees (e.g., mental health services, developmental disability services, and specialized child and family services). As such, since the inception of the GC Demonstration, DVHA and its IGA partners have modified operations to meet Medicaid managed care requirements, including requirements related to network adequacy, access to care, beneficiary information, grievances, quality assurance, and quality improvement. Per the External Quality Review Organization's annual findings, DVHA and its IGA partners have achieved exemplary compliance rates in meeting Medicaid managed care requirements. Departments of Vermont State government that participate in the provision of covered services to enrollees under the Demonstration are outlined, in brief, below.

*Department of Vermont Health Access (DVHA)*: DVHA, which operates the Medicaid program as if it were a public MCO under Global Commitment Demonstration, has a threefold mission:

- To assist beneficiaries in accessing clinically appropriate health services;
- To administer Vermont's public health insurance system efficiently and effectively; and
- To collaborate with other health care system entities in bringing evidence-based practices to Vermont Medicaid beneficiaries.

*Department of Mental Health (DMH)*: The mission of DMH is to promote and improve the mental health of Vermonters and to provide Vermonters with access to effective prevention, early intervention, and mental health treatment and supports as needed to live, work, learn, and participate fully in their communities. DMH consists of two programmatic divisions: Adult Mental Health Services Division and the Child, Adolescent, and Family Mental Health Services Division. DMH has primary responsibility for overseeing the quality of psychiatric and mental health care provided for two of Vermont's Special Health Needs populations defined under the Global Commitment Demonstration, including persons with a severe and persistent mental illness and children who are experiencing a severe emotional disturbance.

*Department of Disabilities, Aging, and Independent Living (DAIL)*: DAIL assists older Vermonters and people with disabilities to live as independently as possible. It provides support to families of children with disabilities to help maintain them in their home. It helps adults with disabilities find and maintain meaningful employment, and it ensures quality of care and life for individuals receiving health care and/or long-term care services from licensed or certified health care providers. DAIL also protects vulnerable adults from abuse, neglect, and exploitation and provides public guardianship to elders and people with developmental disabilities. DAIL operates the several specialized Medicaid programs under the Demonstration, including Choices for Care, Developmental Disability Services and Traumatic Brain Injury Services.

*Vermont Department of Health (VDH)*: VDH's goal is to have the nation's premier system of public health, enabling Vermonters to lead healthy lives in healthy communities. VDH leads the state and communities in the development of systematic approaches to health promotion, safety, and disease prevention. VDH continuously assesses, vigorously pursues, and documents measurable improvements to the health and safety of Vermont's population. VDH will succeed through excellence in individual achievement, organizational competence, and teamwork within and outside of VDH. VDH's division of Alcohol and Drug Abuse Programs supports the innovated Medicaid Health Home program for Medication-Assisted Opioid Treatment in partnerships with DVHA, as well as extensive outpatient and residential treatment and recovery support for alcohol and other drugs use disorders.

*Department for Children and Families (DCF)*: DCF promotes the social, emotional, physical, and economic well-being of Vermont's children and families. It achieves this mission by providing Vermonters with protective, developmental, therapeutic, probation, economic, and other support services. To this end, DCF works in statewide partnership with families, schools, businesses, community leaders, and service providers. DCF offers specialized Medicaid services to children and families at risk of or experiencing trauma and early childhood intervention for families with children from birth to age six with developmental needs.

*Agency of Education (AOE)*: The AOE is responsible for overseeing coverage and reimbursement under the School-Based Health program. The Special Education Medicaid

School-Based Health Services Program is used by the State to support health-related services provided to special education students who are enrolled in Medicaid and receive eligible services in accordance with their individualized education plans (IEPs). The AOE is established as an “Organized Delivery System” under Medicaid and is responsible for the program adherence to all State and Federal Medicaid and Education laws and regulations.

### *Delivery System Investments*

Under the public managed care-like model, the Demonstration provides the State with flexibility to invest in health care innovations that:

- a. Reduce the rate of uninsured and/or underinsured in Vermont;
- b. Increase the access to quality health care by uninsured, underinsured, and Medicaid beneficiaries;
- c. Provide public health approaches and other innovative programs to improve the health outcomes, health status and quality of life for uninsured, underinsured and Medicaid-eligible individuals in Vermont; and
- d. Encourage the formation and maintenance of public-private partnerships in health care, including initiatives to support and improve the health care delivery system and promote transformation to value-based and integrated models of care.

In addition, CMS has provided the State with one-time spending authority to support Accountable Care Organizations and Medicaid community providers in delivery system reform through activities such as, but not limited to:

- Infrastructure improvement;
- Quality and health improvement information development and dissemination;
- Community-related population health projects;
- Socio-economic risk assessment and mitigation; and
- Provider integration to build integration across physical health, mental health substance use disorder treatment and long-term services and supports.

Investment awards are expected to give preference to activities that promote collaboration, build capacity across the care continuum, consider social determinates of health, and promote an integrated health care system consistent with the framework set forth in the Vermont All-Payer Accountable Care Organization Model Agreement (All-Payer Model Agreement) and the Global Commitment Demonstration. Specifically, the State would like to encourage ACO-based, provider-led reform that features (a) collaboration between providers, (b) reimbursement models that move away from Fee-For-Service payment, and (c) rigorous quality measurement that aligns with the All-Payer Model quality framework.

## *All-Payer Model Alignment*

The All-Payer Model Agreement between the State and the Federal government was signed by the Green Mountain Care Board on October 26, 2016 and signed by the Governor and the Secretary of Human Services on October 27, 2016. The All-Payer Model Agreement includes a target for a sustainable rate of growth for health care spending in Vermont across Medicaid, Medicare, and commercial payers, and would build on past programs like Vermont's Medicaid and commercial shared savings programs. The All-Payer Model will include, beginning in 2019, the Vermont Medicare ACO Initiative, which will focus on a set of health care services roughly equivalent to Medicare Parts A and B (e.g., hospital and physician services), and will include design elements similar to the Next Generation ACO Model, including quality and performance measurement, benefit enhancements, and certain alternative payment mechanisms. The State will provide a plan in 2019 for integrating any institutional long-term services and supports in the total cost of care in the next Demonstration period.

The All-Payer Model Agreement and Global Commitment Medicaid Demonstration are complementary frameworks that support Vermont's health care reform efforts. Each agreement provides federal support to further Vermont's strategic goal of creating an integrated health care system, including increased alignment across payers and providers.

### ***C. Eligibility, Benefits and Cost Sharing***

Eligibility under the Demonstration includes the following Medicaid and Demonstration groups:

**Population 1:** Mandatory State Plan populations (except for the new adult group). This group receives benefits as described in the Medicaid State Plan and may receive HCBS benefits described in the STCs if they meet additional program eligibility standards.

**Population 2:** Optional State Plan populations. This group receives benefits as described in the Medicaid State Plan and may receive HCBS benefits described in the STCs if they meet additional program eligibility standards.

**Population 3:** Affordable Care Act new adult group. This group receives benefits as described in the Medicaid State Plan and may receive HCBS benefits described in the STCs if they meet additional program eligibility standards.

**Population 4:** Individuals receiving home and community-based waiver (HCBW)-like services who meet the clinical standard in the Choices for Care program for the Highest Need Group. This group receives benefits as described in the Medicaid State Plan and Choices for Care program benefits as described in the STCs.

**Population 5:** Individuals receiving HCBW-like services who met the clinical standard in the Choices for Care program for the High Need Group. This group receives benefits as described in the Medicaid State Plan and Choices for Care program benefits as described in the STCs.

**Population 6:** Individuals who are not otherwise eligible under the Medicaid State Plan and who would not have been eligible had the state elected eligibility under 42 CFR 435.217, but are at



risk for institutionalization and need home and community-based services. This group receives a limited HCBW-like service benefit including Adult Day Services, Case Management, and Homemaker Services in the Choices for Care program as outlined in the (STCs).

**Population 7:** Medicare beneficiaries who are 65 years or older or have a disability with income at or below 150 percent of the FPL, who may be enrolled in the Medicare Savings Program (MSP) but are not otherwise eligible for full benefits. This group receives a limited pharmacy benefit including Medicaid prescriptions, eyeglasses and related eye exams; MSP beneficiaries also receive benefits as described in the Title XIX state plan.

**Population 8:** Medicare beneficiaries who are 65 years or older or have a disability with income above 150 percent and up to and including 225 percent of the FPL, who may be enrolled in the MSP, but are not otherwise eligible for full benefits. This group receives a limited pharmacy benefit including maintenance drugs; MSP beneficiaries also receive benefits as described in the Title XIX state plan.

All covered services may be subject to review and prior approval by DVHA and/or its partner departments in the Agency of Human Services, based on medical appropriateness. A complete listing of covered services and limitations are contained in the Vermont approved Title XIX State Plan, Vermont statutes, regulations, and policies and procedures. Premiums and cost-sharing for populations 1, 2, and 3 must follow Medicaid requirements that are set forth in statute, regulation and policy. Standard Medicaid exemptions from cost-sharing set forth in 42 CFR 447(b) applies to the Demonstration. The state must not apply co-payment requirements to excluded populations (children under age 21, pregnant women or individuals in long-term care facilities) or for excluded services/supplies (e.g., family planning). Vermont charges premiums for children through age 18 with income above 195 percent of the FPL through 312 percent of the FPL. Premium populations are outlined in Exhibit 1 below.

***Exhibit 1: Vermont Premium Populations***

Population	Premiums	Co-Payments	State Program Name
Children with income > 195% percent through 237% of the FPL	\$15/month/family	N/A	Dr. Dynasaur
Underinsured Children with income > 237% through 312% FPL	\$20/month/family	N/A	Dr. Dynasaur
Uninsured Children with income > 237% through 312% of the FPL	\$60/month/family	N/A	Dr. Dynasaur
Medicare beneficiaries with income at or below 150 percent of the FPL, who may be enrolled in the Medicare Savings Program but are not otherwise categorically eligible for full benefits (Demonstration)	0-150% FPL: \$15/month/person	Not to exceed the nominal co-payments specified in the Medicaid State plan.	VPharm1;



population 7).			
Medicare beneficiaries with income above 150 percent and up to and including 225 percent of the FPL, who may be enrolled in the Medicare Savings Program, but are not otherwise categorically eligible (Demonstration population 8).	151-175% FPL: \$20/month/person 176-225% FPL: \$50/month/person	Not to exceed the nominal co-payments specified in the Medicaid State plan.	VPharm2; VPharm3

#### ***D. Specialized Programs***

Under the GC Demonstration, Vermont is authorized to provide an array of cost-effective in-home and community services. Providers of these services must meet designation, certification and/or additional licensing requirements to be approved by the State to serve the most vulnerable of Vermont's citizens. These specialized programs are designed to support a unique group of beneficiaries; each is outlined below.

- *Choices for Care*: long-term services and supports for persons with disabilities and older Vermonters. The Demonstration authorizes HCBS waiver-like and institutional services such as: nursing facility; enhanced residential care; personal care; homemaker services; companion care; case management; adult day services; and adult family care.
- *Developmental Disability Services*: provides long-term services and supports for persons with intellectual disabilities. The Demonstration authorizes HCBS waiver-like services, including service coordination, residential habilitation, day habilitation, supported employment, crisis services, clinical intervention, respite and self-directed care.
- *Traumatic Brain Injury Services*: provides recovery-oriented and long-term services and supports for persons with a traumatic brain injury. The Demonstration authorizes HCBS waiver-like services including crisis/support services, psychological and counseling supports, case management, community supports, habilitation, respite care, supported employment, environmental and assistive technology and self-directed care.
- *Enhanced Family Treatment*: provides intensive in-home and community treatment services for children who are experiencing a severe emotional disturbance and their families. The Demonstration authorizes HCBS waiver-like services including service coordination, flexible support, skilled therapy services, environmental safety devices, counseling, residential treatment, respite, supported employment, and crisis and community supports.
- *Community Rehabilitation and Treatment Program*: provides recovery oriented, in-home and community treatment services for adults who have a severe and persistent mental illness. The Demonstration authorizes HCBS waiver-like services including service coordination, flexible support, skilled therapy services, environmental safety devices, counseling, residential treatment, respite, supported employment, and crisis and community supports.

Through a special provision as a Designated State Health Program, Community Rehabilitation and Treatment benefits can be extended to individuals with severe and persistent mental illness with incomes between 133 and up to and including 185 percent

of the federal poverty level, under the Demonstration.

In addition, the Demonstration authorizes the:

- *Children's Palliative Care Program*: provides care coordination, respite care, expressive therapies, family training, and bereavement counseling for children under the age of 21 years in populations 1, 2, and 3 who have been diagnosed with a life-limiting illness that is expected to be terminal before adulthood.
- *Adult Hospice Program*: allows for hospice services to be delivered concurrently with curative therapy to adults in populations 1, 2, and 3.

Lastly, as a Designated State Health Program, the Demonstration allows:

- *Marketplace Subsidies*: The State offer subsidies for premiums for individuals with incomes at or below 300 percent of the federal poverty level who are purchasing health care coverage from a Qualified Health plan in Marketplace. The program is known as Vermont Premium Assistance (VPA) as part of the state-based health benefits exchange.

#### ***E. Special Considerations for Mental Health and Substance Use Disorder Treatment***

Since its inception, Vermont's Demonstration has included payment flexibilities to support cost-effective alternatives to traditional Medicaid State Plan benefits. The State has used this authority to provide a continuum of treatment programs for persons who need inpatient psychiatric treatment, detoxification and/or residential treatment for substance use disorder. In several cases services are rendered by providers whose bed capacity is over 16 beds. Thus, these programs are considered Institutions for Mental Disease (IMD) facilities. CMS is continuing time-limited expenditure authority for services in several facilities that meet the definition of an IMD pursuant to an evaluation of their role and effectiveness in Vermont's Medicaid Demonstration.

CMS is asking the State to perform an evaluation of its IMD expenditure authority in the context of system-wide service, payment, and delivery system reforms and the State's extensive investments in cost effective community-based alternatives to institutional care. The evaluation will help inform broader policy discussions about Medicaid funding for IMD and community-based services.

In addition to the study of IMD-related services, the State is exploring opportunities and options for delivery system reforms that will promote a continuum of Substance Use Disorder Treatment Services and the State's alignment with CMS's Substance Use Disorder demonstration opportunities SMD letter. The State will include measures in the Demonstration evaluation design that will serve as baseline metrics for monitoring the full continuum of Substance Use Disorder Treatment services in the future.

## II. EVALUATION AND PROCUREMENT STRATEGY

The evaluation strategy for the Global Commitment Demonstration is designed to measure the degree to which its purposes, aims, goals, and objectives have been achieved. The evaluation is designed to not only address the long-term impact, but also to provide intermediate and short-term data on its performance through rapid cycle assessments.

In addition to assessing its overall impact, the evaluation examines the specific effects of the innovative changes made possible because of the Demonstration. Thus, the plan utilizes both performance measurement results (providing more real-time data focused on whether a program is achieving measurable objectives) and more rigorous program evaluation findings that analyzes findings against national benchmarks, changes over time and attempts to isolate key variables influencing outcomes.

To ensure that the new aspects of the Demonstration extension are implemented as intended and achieve the related goals/objectives and desired outcomes, this evaluation plan includes full alignment with the State's Comprehensive Quality Strategy, Rapid Cycle Assessment and Summative evaluation designs. It will employ qualitative and quantitative methods to collect and analyze data. This evaluation will not focus on outcomes exclusively, but is interested in capturing any evidence that the Demonstration supports: increased access to care; improved quality of care; cost containment; and stable in-home and community alternatives to institutional care.

### *A. Comprehensive Quality Strategy and Rapid Cycle Assessment*

Vermont has a Comprehensive Quality Strategy (CQS) that integrates all aspects of quality improvement programs, processes, and requirements across the State's Medicaid program. The CQS is intended to serve as a blueprint or road map for Vermont and its Medicaid managed care-like operations in assessing the quality of care that beneficiaries receive, as well as for setting forth measurable goals and targets for improvement. As approved by CMS, the CQS is the vehicle for demonstrating Vermont's compliance with the new HCBS regulations (comparable to 'transition plans' in other states). The CQS meets all requirements of 42 CFR 438 and includes LTSS and HCBS quality components. Key elements addressed in the CQS include: goals; responsibilities; performance improvement projects; performance measures; populations; timelines; monitoring and evaluation; and performance improvement accountability.

The Demonstration's evaluation will align with the goals, measures and monitoring activities outlined in the AHS CQS. AHS will regularly monitor the Demonstration on the key outcome measures and performance targets and make changes as appropriate (obtaining CMS or legislative approval where needed). The CQS is reviewed and updated as needed, but no less than once every three years.

The State must also routinely evaluate policy changes and new initiatives to rapidly assess effectiveness, promote continuous improvement and to identify success and barriers without delay. The State will retain responsibility for conducting rapid cycle assessments for any new

payment and service delivery and/or payment reform implemented or supported by the Demonstration (e.g., Next Generation Medicaid ACO) as well as any new Delivery System Reform Investments. Results from the rapid cycle assessments will directly influence decision making by giving AHS insights into any potential shortcomings, oversights and successes. Documenting the development of new initiatives and their operational impact provides an understanding of the reasons for successful or unsuccessful performance, provides direction in shaping program modifications and improvement, and provides information about whether evaluation findings can be generalized.

This rapid analysis will be based on grantee reporting, key informant information from the AHS, as well as community leaders, administrators, physician leaders, and others directly responsible for, or knowledgeable about, the new initiative or investment. As appropriate, fiscal analysis will be conducted to analyze expenditure information. Reports will be used to provide program staff with specific details for the month, quarter, or year, and/or provide direction in shaping modifications that may be required to support more effective investments.

This type of rapid cycle approach blurs some of the classic differentiation between formative and summative evaluation approaches. The selection of similar evaluation methods for different purposes will allow the State and providers to focus on adjusting the process aspects of an innovation – while at the same time improving the impact of the innovation overall. It is important to note that the rigor of the evaluation should not be sacrificed for the sake of speed. To do so, advanced statistical methods to measure effectiveness should be used, including the appropriate selection of comparison groups whenever possible.

In practice, this commitment to alignment of performance oversight will create a feedback loop across evaluation activities, rapid cycle assessment reports and summative evaluation findings. This process of regularly measuring, monitoring, and making changes should result in continuous performance improvement in terms of achieving its performance targets and intended outcomes.

## ***B. Summative Evaluation***

In addition to the activities described above, summative evaluation techniques will be used to measure how the Demonstration has changed or improved the health and well-being of the GC population. The summative evaluation will address each of the hypotheses identified in Section III A.

Additionally, DVHA and its IGA partners are required to submit annual performance measurement data to AHS. These metrics will be used to help define and measure progress toward the Demonstration's ability to increase access to care; improve quality of care (including outcomes and consumer satisfaction); contain the cost of care; and support stable in-home and community alternatives to institutional care for enrollees.

The required performance measures include HEDIS® (see Section III D). DVHA will also be required to report enrollee experience based on the Consumer Assessment of Healthcare

Providers and Systems (CAHPS) or CAHPS-like model, with the potential for findings to be supplemented by targeted surveys for special needs populations. Specifically, the State is exploring the use of CAHPS-Home and Community-Based Services (HCBS) module for participants in several of its specialized programs. Items under consideration for use are outlined in Exhibit 2 on the following page.

## Exhibit 2: Potential CAHPS-HCBS Performance Measures

Potential CAHPS-HCBS Measures	
Performance Area	Metric
Quality of Care	Percent of enrollees who rate the help they get from staff as very good or excellent
Health	Percent of enrollees who rate their overall health as good, very good or excellent
Courtesy and Respect	Percent of enrollees who report that in the last 3 months, staff usually or always treat them with courtesy and respect
Case Manager	Percent of enrollees who rate the help they get from their case manager as very good or excellent
Choice and Control	Percentage of people who report that in the last 3 months, their service plan included most or all of things that were important to them
Employment	Percent of enrollees who report that in the last 3 months, they usually or always could do things in the community that they liked, when they wanted

In addition, inpatient and outpatient utilization, cost, and quality indicators for GC enrollees before and after their enrollment in specialized programs and Demonstration initiatives will be analyzed and compared to benchmarks and/or targets to assess the attainment of these goals. This analysis will determine whether statistically significant differences exist year to year in access to care; improved quality of care; cost containment; and stable in-home and community alternatives to institutional care. Annual data will be tracked and trended over time (when available).

Summative evaluation techniques will also be applied to study the impact and effectiveness of IMD services in the Vermont system of care for persons who are experiencing a psychiatric emergency and/or who have substance use disorder treatment needs.

### *C. Procurement Strategy and Evaluator Qualifications*

Procurement for an evaluation contractor to assist the State in executing its Demonstration

Vermont Global Commitment to Health Demonstration

Approval Period: January 1, 2017 through December 31, 2021

Amended: June 6, 2018

evaluation plan was pursuant to the State of Vermont Agency of Administration Bulletin 3.5 processes [found here](#). The State retains responsibility for rapid cycle assessment reports, monitoring delivery system and other investments and overall Demonstration performance monitoring. Global Commitment to Health HEDIS® measures are independently validated by the State’s External Quality Review Organization (EQRO). To mitigate any potential conflict of interest, the evaluation contractor is responsible for secondary analysis of the State’s findings, benchmarking performance to national standards, evaluating changes over time, isolating key variables and interpreting results. As part of the focused IMD evaluation, the evaluator is responsible for final measure selection, identifying, if viable, other State systems that may serve as comparisons, conducting all data analysis, measuring change over time and developing sensitivity models as necessary to address study questions.

The State anticipates issued one procurement for all summative evaluation activities and the production of required CMS reports. Bidders were given the option of working with a subcontractor on the IMD and/or other components of the design. The successful bidder demonstrated, at a minimum, the following qualifications:

- The extent to which the evaluator can meet State RFP minimum requirements;
- The extent to which the evaluator has sufficient capacity to conduct the proposed evaluation, in terms of technical experience and the size/scale of the evaluation;
- The evaluator’s prior experience with similar evaluations;
- Past references; and
- Value, e.g., the assessment of an evaluator’s capacity to conduct the proposed evaluation with their cost proposal, with consideration given to those that offer higher quality at a lower cost.

#### ***D. Evaluation Budget and Timeline***

The State’s evaluation budget and timelines are tentative pending data sharing schedules established with the evaluation contractor. The budget may be modified if terms of the current Demonstration agreement are amended during the project period. AHS will report on progress and any known challenges to the evaluation budget, timelines and implementation in its quarterly and annual Demonstration reports to CMS. Appendix 1 provides an overview of the AHS proposed evaluation budget. Outlined below and on the following pages are the expected timelines and major evaluation related milestones.

#### **Demo Year 12: (1/1/2017-12/31/2017)**

<b>Extension Year 1 (2017)</b>	
	<b>Month</b>

<b>Activity/ Milestone</b>	<b>Jan</b>	<b>Feb</b>	<b>Mar</b>	<b>Apr</b>	<b>May</b>	<b>Jun</b>	<b>Jul</b>	<b>Aug</b>	<b>Sep</b>	<b>Oct</b>	<b>Nov</b>	<b>Dec</b>
Draft Evaluation Design	X	X										X
CMS Review			X									
Incorporate CMS Revisions				X								
Final Evaluation Design				X								
Publish Evaluation Design				X								
Procure Independent Evaluator				X	X	X	X	X				
Finalize Research Methods									X			
Finalize Performance Measures									X			
Collect, Analyze, Interpret Data									X	X	X	X
Disseminate AHS Rapid Cycle Assessment Findings for Feedback				X			X			X		

**Demo Year 13: (1/1/2018-12/31/2018)**

<b>Activity/Milestone</b>	<b>Extension Year 2 (2018)</b>											
	<b>Month</b>											
	<b>Jan</b>	<b>Feb</b>	<b>Mar</b>	<b>Apr</b>	<b>May</b>	<b>Jun</b>	<b>Jul</b>	<b>Aug</b>	<b>Sep</b>	<b>Oct</b>	<b>Nov</b>	<b>Dec</b>
Collect, Analyze, Interpret Data	X	X	X	X	X	X	X	X	X	X	X	X
Create Draft Interim Evaluation Report #1	X	X										
Disseminate Preliminary Findings for Feedback		X										
Submit Draft Interim Evaluation Report #1 to CMS (IMD focus)				X								

Submit Final Interim Evaluation Report #1 to CMS						X						
Disseminate AHS Rapid Cycle Assessment Findings for Feedback				X			X			X		

**Demo Year 14: (1/1/2019-12/31/2019)**

Activity/Milestone	Extension Year 3 (2019)											
	Month											
	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Revise Design as Needed	X											
Collect, Analyze, Interpret Data	X	X	X	X	X	X	X	X	X	X	X	X
Disseminate AHS Rapid Cycle Assessment Findings for Feedback				X			X			X		

**Demo Year 15: (1/1/2020 – 12/31/2020)**

Activity/Milestone	Extension- Year 4 (2020)											
	Month											
	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Collect, Analyze, Interpret Data	X	X	X	X	X	X	X	X	X	X	X	X
Create Draft Interim Evaluation Report #2								X				
Disseminate Interim Evaluation Report #2 Findings for Feedback								X	X			
Finalize Draft Interim Evaluation Report #2										X	X	
Submit Interim Evaluation Report #2 to CMS												X
Disseminate AHS Rapid Cycle Assessment Findings for Feedback				X			X			X		

**Demo Year 16: (1/1/2021-12/31/2021)**

Vermont Global Commitment to Health Demonstration  
Approval Period: January 1, 2017 through December 31, 2021  
Amended: June 6, 2018



Activity/Milestone	Extension Year 5 (2021)											
	Month											
	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Create Draft Summative Evaluation Report #1	X	X	X									
Submit Draft Summative Evaluation Report #1 to CMS				X								
Incorporate CMS Comments					X							
Submit Final IMD Summative Evaluation Report #1						X						
Publish Final Summative Evaluation Report #1							X					
Disseminate AHS Rapid Cycle Assessment Findings for Feedback				X			X			X		

**Post Demo: (1/1/2022-9/30/2022)**

Activity/Milestone	Post Extension (2022)											
	Month											
	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Create Draft Summative Evaluation Report #2	X	X			X							
Disseminate Draft Summative Evaluation Report #2 Findings for Feedback			X	X								
Submit Draft Summative Evaluation Report #2 to CMS						X						









Incorporate CMS Comment								X				
Submit Final Summative Evaluation Report #2 to CMS								X				
Publish Final Summative Evaluation Report #2									X			

### III. EVALUATION DESIGN AND METHODS

In updating its existing Medicaid Demonstration evaluation strategy as reflected in this document, the State has refined overarching Demonstration hypotheses and identified study populations and levels of stratification for specialized programs and projects. The design identifies additional data sources related to IMD study, reviews general methods and data analytics, and defines on-going reporting requirements for the term of the Demonstration. However, final techniques, technical specifications and study groups will be determined following engagement of the independent evaluator.

#### ***A. Hypothesis***

The State has identified the following overarching hypotheses for the Demonstration.

-  The Demonstration will result in improved access to care;
-  The Demonstration will result in improved quality of care;
-  Value-based payment models will improve access to care;
-  Improved access to preventive care will result in lower overall costs for the health care delivery system;
-  Improved access to primary care will result in improved health outcomes;
-  Enhanced care coordination will improve timely access to needed care;
-  The Demonstration will result in increased community integration; and
-  The Demonstration will maintain or reduce spending in comparison to what would have been spent absent the Demonstration;.

#### ***B. Study Populations***

The evaluation will study the impact of the Demonstration on all enrollees e.g., total Medicaid population (enrollees participating in specialized programs (e.g., ID/DD, CFC, CRT, TBI, ACO Attributed), enrollees participating in non-specialized programs) as well as provide stratification for various hypothesis and key measures by specialized program participants. In addition, focused analysis will address:

- The impact of Marketplace subsidies for Qualified Health Plans on continuity of coverage; if feasible based on sample size, staff and budget considerations, the State will stratify impact by income level;
- Access to care for children in families who are required to make premium payments; if feasible based on sample size, staff and budget considerations the State will stratify impact by income level;
- Access, cost and quality for substance use disorder and psychiatric IMD services (See Section IV for more detailed description).

An overview of each hypothesis, the research questions and the expected study populations is provided in Exhibit 3 on the following page.

**Exhibit 3: Hypotheses and Study Populations**

Summary of Study Populations by Hypotheses		
Research Question	Hypothesis	Study Populations & Levels of Stratification
Will the Demonstration result in improved access to care?	<ul style="list-style-type: none"> <li>The demonstration will result in improved access to community-based medical, mental health, substance use disorder and dental care.</li> <li>The demonstration will reduce the rate of potentially avoidable ED visits and unplanned hospital admissions.</li> <li>Premium requirements for eligible families above 195% FPL will not impede access to enrollment.</li> <li>The VPA Qualified Health Plan subsidy program will result in improved access to health care.</li> </ul>	<ul style="list-style-type: none"> <li>Total Medicaid</li> <li>Specialized Program Enrollees (CFC, CRT, DDS, SUD, TBI)</li> <li>Children's Premium Population</li> <li>VT Premium Assistance (VPA-marketplace subsidies) population</li> <li>IMD Service Recipients</li> </ul>
Will the Demonstration result in improved quality of care?	<ul style="list-style-type: none"> <li>The demonstration will improve: <ul style="list-style-type: none"> <li>asthma care;</li> <li>preventative health screenings for female enrollees;</li> <li>mental health follow-up after psychiatric hospitalization; and</li> <li>initiation and engagement in SUD treatment.</li> </ul> </li> <li>The demonstration will improve enrollee experience of care and satisfaction with the health plan.</li> </ul>	<ul style="list-style-type: none"> <li>Total Medicaid</li> <li>Specialized Program Enrollees (CFC, CRT, DDS, SUD, TBI)</li> <li>Blueprint Advanced Primary Care Practice Enrollees</li> <li>IMD Service Recipients</li> </ul>
Will value-based payment models increase access to care?	<ul style="list-style-type: none"> <li>The Medicaid ACO will show a lower overall cost of care.</li> <li>The Medicaid ACO will improve access to mental health care and substance use disorder treatment.</li> <li>ACO enrollees will receive: <ul style="list-style-type: none"> <li>timely prenatal care; and</li> <li>developmental screenings in the first 3 years of life.</li> </ul> </li> <li>ACO enrollees will show improved diabetes and hypertension outcomes.</li> </ul>	<ul style="list-style-type: none"> <li>ACO Attributed Enrollees</li> </ul>

**Exhibit 3: Hypotheses and Study Populations**

<b>Summary of Study Populations by Hypotheses</b>		
<b>Research Question</b>	<b>Hypothesis</b>	<b>Study Populations &amp; Levels of Stratification</b>
Will improved access to preventive care result in lower overall costs for the health care delivery system?	<ul style="list-style-type: none"> <li>The Blueprint for Health initiative will reduce per capita expenditures for enrollees whose diabetes is in control.</li> <li>The Blueprint for Health initiative will contain or reduce total per capita expenditures for enrollees ages 1-64 years.</li> </ul>	<ul style="list-style-type: none"> <li>Total Medicaid</li> <li>Specialized Program Enrollees (CFC, CRT, DDS, SUD, TBI)</li> <li>Blueprint Advanced Primary Care Practice Enrollees</li> </ul>
Will improved access to primary care result in improved health outcomes?	<ul style="list-style-type: none"> <li>The Blueprint for Health will improve diabetes control for members age 18-75.</li> </ul>	<ul style="list-style-type: none"> <li>Blueprint Advanced Primary Care Practice Enrollees</li> </ul>
Will enhanced care coordination increase timely access to needed care?	<ul style="list-style-type: none"> <li>Blueprint for Health enrollees will report timely access and satisfaction with their experience of care.</li> </ul>	<ul style="list-style-type: none"> <li>Blueprint Advanced Primary Care Practice Enrollees</li> </ul>
Will the Demonstration increase community integration?	<ul style="list-style-type: none"> <li>The demonstration will increase community living and integration for persons needing LTSS.</li> <li>The demonstration will increase choice and autonomy for persons needing LTSS.</li> <li>The demonstration will increase integrated employment options for persons needing LTSS.</li> </ul>	<ul style="list-style-type: none"> <li>Specialized Program Enrollees (CFC, CRT, DDS, SUD, TBI)</li> <li>IMD Service Recipients</li> </ul>
Will Demonstration maintain or reduce spending in comparison to what would have been spent absent the Demonstration?	<ul style="list-style-type: none"> <li>The demonstration will contain or reduce spending.</li> </ul>	<ul style="list-style-type: none"> <li>Total Medicaid</li> </ul>

### *C. Data Collection and Assurances*

Vermont's public managed care-like model is managed by AHS through delegation to DVHA. Encounter, claims and cost data is available through the MMIS and will be made available to evaluators as needed for purpose of evaluation. Existing agreements with departments require that all IGA partners under the Demonstration make data available to support evaluations and performance monitoring efforts. AHS does not anticipate problems with data collection and reporting.

AHS will use a variety of sources and methods to test the above hypotheses, including beneficiary surveys and provider claims data. AHS staff and independent evaluators will also analyze data from third-party sources, such as the U.S. Census Bureau and, if consistent with the terms of the All-Payer Model Agreement, Medicare claims data through the All-Payer Model. Vermont data sources used to evaluate performance against Demonstration goals will include:

- Medicaid Management Information System (MMIS) encounter and utilization data from claims
- State Medicaid information system files that include eligibility and enrollment data
- VT Health Connect Premium Assistance (VPA) data files
- Consumer Assessment of Healthcare Providers and Systems (CAHPS)
- DAIL Social Assistance Management System (SAMS)
- ADAP Substance Abuse Treatment Information System (SATIS)
- DMH Monthly Service Reports (MSR)
- VT Health Care Quality Reports prepared by the state's External Quality Review Organization
- Quarterly Ombudsman Reports
- VT Department of Financial Regulation Household Health Insurance Surveys
- VT Department of Labor Employment (DOL)
- VT Department of Health, Healthy Vermonters 2020 Population Health Outcomes
- VT Department of Health, Substance Abuse Treatment Information System (SATIS)
- Vermont Health Care Uniform Reporting and Evaluation System (VHCURES)

To limit administrative burden on providers, consumers and staff and to eliminate duplicate evaluation efforts, this evaluation will coordinate and compile measures from existing evaluation

and performance monitoring efforts aimed at studying the impact of various health care initiatives under the Demonstration. A preliminary inventory of existing and planned evaluation and performance monitoring projects are provided in Exhibit 4 below.

Exhibit 4: Existing and Planned Evaluation and Monitoring Projects

Existing or Planned VT Evaluation Projects
All-Payer Model
Vermont Health Care Innovation Project
Medicaid Health Home – Medication-Assisted Opioid Treatment
AHS Performance Monitoring Projects
Global Commitment to Health Comprehensive Quality Measures, including HEDIS®
AHS Results Based Accountability Scorecards
Healthy Vermonters 2020
National Core Indicators Project, Developmental Disability, Aging and Other Disability Programs
Medicaid ACO Quality Measures
Blueprint for Health Multi-Payer Delivery Reform Initiative

***D. Performance Measures, Data Source, Frequency and Sampling Methods***

This Evaluation Plan incorporates the use of performance measures based on the following criteria: 1) evidenced based; 2) potential for improvement; 3) prevalence or incidence; 4) substantial impact on health status and/or health outcomes; 5) alignment with national measures; and 6) to the extent possible, adaptable measures across various practice settings. The Demonstration uses HEDIS® and AHS Results Based Accountability Scorecards for most of the targeted performance measures. Additionally, the evaluation will align measures and priorities with those collected as part of the All-Payer Model Agreement Appendix 1 [found here](#) on page 36, which includes alignment with the development of the Global Commitment to Health Medicaid ACO.




Using these measures, AHS will determine whether efforts to improve access (e.g., primary care visits, ED visits, and providers accepting Medicaid), enhance quality (e.g., follow-up after hospitalization, medication management for those with asthma, and patient experience of care), contain costs (e.g., budget neutrality, inpatient, and ED) and improve community integration were achieved. Performance measures specific to specialized programs and in-home and community services will also be included, such as ability of participants to live longer in their communities and experience an improved quality of life, choice and control.

The performance measures give trend information, which provides guidance in designing focused interventions for quality improvement. Reported HEDIS rates also can be benchmarked to NCQA Medicaid HEDIS means and percentiles, and compared to results from other states. Current performance targets and national benchmarks are identified in the States Comprehensive Quality Strategy [found here](#).

One other important source of information to initiate and guide improvement efforts is the beneficiary. The most widely used instrument for collecting reports and ratings of health care services from the beneficiary's perspective is the CAHPS. CAHPS survey data allows entities to: 1) analyze performance compared to benchmarks; 2) identify changes or trends in performance; and/or 3) consider other indicators of performance. Vermont will combine CAHPS data with information collected through periodic surveys of targeted groups of Demonstration enrollees.

Demonstration objectives and performance measures for each hypothesis are presented in Exhibits 5 through 10 starting on page 119. All Exhibits also address data collection methods for each measure, alignment with other State or National measures, sampling methodology, source of data, and frequency of measurement.

Three hypotheses (listed below) will be measured through evaluation efforts associated with the Blueprint for Health Multi-Payer Advance Primary Care Practice initiative:

-  Improved access to primary care will result in positive health outcomes;
-  Enhanced care coordination will promote timely access to needed care; and
-  Improved access to primary care will result in overall lower cost for the health care delivery system.

The Blueprint for Health is a state-led, multi-payer program dedicated to achieving well-coordinated and seamless health services, with an emphasis on prevention and wellness. As such, the Blueprint employs several different approaches to incentivizing delivery system reform and



increased quality and performance through payment reform. The foundation of the Blueprint model is a Multi-Payer Advanced Primary Care Practice (MAPCP) program. Participation is optional for providers, but mandatory for Vermont's commercial payers (with the exception of self-insured plans) and Medicaid.

Current participating payers in the Blueprint for Health include Medicaid, Medicare, Blue Cross Blue Shield of Vermont, MPV and CIGNA. As such, some measures reflect population health outcomes across payers and are not specifically stratified for Medicaid enrollees. As feasible within available resources, Blueprint performance and evaluation findings may include sub-analysis relative to Medicaid-only participants.

Acronyms used in Exhibits 5 through 10 are outlined below:

**ACO:** Accountable Care Organization  
**CC:** Chronic Condition  
**CFC:** Choices for Care  
**CRT:** Community Rehabilitation and Treatment  
**DDS:** Developmental Disabilities Services  
**ED:** Emergency Department  
**EPSDT:** Early Periodic Screening Diagnosis & Treatment  
**HCBS:** Home & Community-Based Services  
**LTSS:** Long-Term Services and Supports  
**MAT:** Medication-Assisted Treatment  
**MMIS:** Medicaid Management Information System  
**NCI-AD:** National Core Indicators Aging & Disabilities  
**NCI-DD:** National Core Indicators Developmental Disabilities  
**QHP:** Qualified Health Plan  
**SUD:** Substance Use Disorder  
**TBI:** Traumatic Brain Injury  
**VCCI:** VT Chronic Care Initiative  
**VPA:** Vermont Premium Assistance

**Exhibit 5: Access to Care Measures**

<b>Research Question: Will the Demonstration Result in Improved Access to Care?</b>					
<b>Performance Measure</b>	<b>Metric</b>	<b>Sampling Methodology</b>	<b>Source of Data</b>	<b>Frequency of Measurement<sup>6</sup></b>	<b>Alignment</b>
Ambulatory Care	Percent of adult enrollees who had an ambulatory or preventive care visit	Total Medicaid; Stratification for SUD, DDS, CFC, TBI & CRT	MMIS	Annual	N/A
Well-Child Visits	Percent of children under age 12 who received well-child care from a PCP in accordance with EPSDT periodicity schedule	Total Medicaid	MMIS	Annual	CMS Child Core Set
Adolescent Well-Care Visits	Percent of adolescents ages 12 to 21 who receive one or more well-care visits with a PCP during the measurement year	Total Medicaid; Stratification for ACO Attributed Members	MMIS	Annual	CMS Child Core Set All-Payer Model
Access to Dental Care	Percent of Medicaid enrollees with at least one dental visit	Total Medicaid	MMIS	Annual	N/A
Emergency Department Visits	Rate of ED visits per 1,000-member months	Total Medicaid; Stratification for SUD, DDS, CFC, TBI & CRT	MMIS	Annual	N/A
	Rate of potentially avoidable ED utilization	Total Medicaid; Stratification for SUD, DDS, CFC, TBI & CRT	MMIS	Annual	N/A
Inpatient Admissions	Rate of inpatient admissions per 1,000-member months	Total Medicaid	MMIS	Annual	N/A
	All-cause unplanned admissions for patients with multiple chronic conditions	Medicaid ACO Attributed Members	MMIS	Annual	All-Payer Model

<sup>6</sup> NCI-AD Surveys are expected to start in State Fiscal Year 2018 and be conducted annually thereafter.

**Exhibit 5: Access to Care Measures**

<b>Research Question: Will the Demonstration Result in Improved Access to Care?</b>					
<b>Performance Measure</b>	<b>Metric</b>	<b>Sampling Methodology</b>	<b>Source of Data</b>	<b>Frequency of Measurement<sup>6</sup></b>	<b>Alignment</b>
Effect of Children's Premiums	Percent of families that activate enrollment by paying the first month's premium	Total Premium	Eligibility Records	Annual	N/A
Impact of VPA Program	Percent of enrollees receiving VPA subsidy who maintain QHPs with no breaks in coverage	Total VPA	VPA Data	Annual	N/A
Getting Needed Care	Percent of survey respondents indicating they received necessary care	Random Medicaid	CAHPS (Adult, Child, Child w/CC)	Annual	CMS Adult & Child Core Measure Set
Physician Participation in Medicaid	Percent of active physicians participating in Medicaid – primary care and specialists	Total Vermont	Vermont Medical Association and MMIS	Annual	N/A
Health Coverage	Percent of uninsured Vermonters	Total Vermont	Vermont Household Insurance Survey	Every 3 years (2018, 2021)	N/A
Mental Health Utilization	Percent of enrollees receiving mental health services	Total Medicaid	MMIS	Annual	N/A
Substance Use Disorder Treatment Utilization	Percent of enrollees receiving substance use disorder treatment services	Total Medicaid; Stratification for CFC, CRT, DDS	MMIS	Annual	N/A
Medication-Assisted Treatment (MAT) for Opioid Addiction	Number of people receiving MAT per 10,000 Vermonters age 18-64	Total Vermont	VDH	Quarterly	All-Payer Model
Drug Overdose Deaths	Deaths related to drug overdose	Total Vermont	VDH	Annual	All-Payer Model

**Exhibit 6: Quality of Care Measures**

<b>Research Question: Will the Demonstration Result in Improved Quality of Care?</b>					
<b>Performance Measure</b>	<b>Metric</b>	<b>Sampling Methodology</b>	<b>Source of Data</b>	<b>Frequency of Measurement<sup>7</sup></b>	<b>Alignment</b>
Medication Management for People with Asthma	Percent of enrollees receiving appropriate asthma medication management	Total Medicaid	MMIS	Annual	All-Payer Model
Breast Cancer Screening	Percent of female enrollees age 50 to 74 who receive screening at appropriate intervals	Total Medicaid	MMIS	Annual	CMS Adult Core Set
Chlamydia Screening	Percent of female enrollees screened	Total Medicaid	MMIS	Annual	CMS Adult Core Set
Follow-up after Hospitalization for Mental Illness	Percent of enrollees discharged who had follow-up at 7 & 30 days	Total Medicaid; ACO Attributed Members	MMIS; MSR	Annual	CMS Adult & Child Core Measure Set
Substance Use Disorder Treatment	Percent of enrollees using substances who initiate and engage in treatment	Total Medicaid; ACO Attributed Members	MMIS	Annual	CMS Adult Core Set; All-Payer Model
Health Wellness	The proportion of people who describe their overall health as poor	Random CFC & TBI	NCI-AD	Annual	NCI
	The proportion of people described as having poor health	Random DDS	NCI-DD	Annual	NCI
Health Plan	Enrollee rating of satisfaction with health plan	Random Medicaid	CAHPS (Adult, Child, Child w/CC)	Annual	CMS Adult & Child Core Measure Set
Quick Care	Enrollee rating of ability to get care quickly	Random Medicaid	CAHPS (Adult, Child,	Annual	CMS Adult & Child Core

<sup>7</sup> CAHPS-HCBS Module and NCI-AD Surveys are expected to start in State Fiscal Year 2018 and be conducted annually thereafter.

**Exhibit 6: Quality of Care Measures**

<b>Research Question: Will the Demonstration Result in Improved Quality of Care?</b>					
<b>Performance Measure</b>	<b>Metric</b>	<b>Sampling Methodology</b>	<b>Source of Data</b>	<b>Frequency of Measurement</b>	<b>Alignment</b>
			Child w/CC)		Measure Set
Overall Rating of Care	Enrollee rating of care received	Random Medicaid	CAHPS (Adult, Child, Child w/CC)	Annual	CMS Adult & Child Core Measure Set
Customer Service	Enrollee rating of customer service	Random Medicaid	CAHPS (Adult, Child, Child w/CC)	Annual	CMS Adult & Child Core Measure Set
Communication	Enrollee rating of how well their physician explains things, listens to their concerns, shows respect and spends enough time with them	Random Medicaid	CAHPS (Adult, Child, Child w/CC)	Annual	CMS Adult & Child Core Measure Set
Chronic Care Management	Percent of enrollees with targeted chronic conditions enrolled in chronic care management program	Total VCCI	VCCI Ad hoc reports	Annual	N/A
Getting Needed LTSS	Proportion of participants needing assistance who always get enough assistance with everyday activities when needed	Random CFC & TBI	NCI-AD	Annual	NCI
	The rate at which people report that they do not get the services they need	Random DDS	NCI-AD	Annual	NCI

**Exhibit 7: Value Based Payment Measures**

<b>Research Question: Will Value-Based Payment Models Improve Access to Care?</b>					
<b>Performance Measure</b>	<b>Metric</b>	<b>Sampling Methodology</b>	<b>Source of Data</b>	<b>Frequency of Measurement</b>	<b>Alignment</b>
ACO Attributed Members	Percent of Medicaid enrollees aligned with ACO	Total Medicaid	Enrollment Files (PCP selection) and MMIS	Annual	All-Payer Model
ACO Cost Per Enrollee	Cost of care for Medicaid enrollees aligned with ACO	ACO Attributed Members	MMIS	Annual	N/A
ACO Access to Mental Health Treatment*	30-day follow-up after discharge from ED for mental health	ACO Attributed Members	MMIS	Annual	All-Payer Model
ACO Access to Substance Use Disorder Treatment	7- and 30-day follow-up after discharge from ED for alcohol or other drug dependence mental health	Total Medicaid; ACO Attributed Members	MMIS	Annual	All-Payer Model
ACO Depression Screening and Follow-up	Screening for clinical depression and follow-up plan	ACO Attributed Members	MMIS; ACO Medical Records	Annual	All-Payer Model
Prenatal Care	Timeliness of prenatal care	ACO Attributed Members	MMIS	Annual	N/A
Prevention	Developmental screening in the first 3 years of life	ACO Attributed Members	MMIS; ACO Medical Records	Annual	N/A
Health Outcomes	Diabetes mellitus: Hemoglobin A1c poor control (>9%)	ACO Attributed Members	MMIS	Annual	All-Payer Model
	Hypertension: controlling high blood pressure	ACO Attributed Members	MMIS	Annual	All-Payer Model

\* Vermont will be collecting data for NQF 2605 as part of the Vermont Medicaid Next Generation (VMNG) ACO program

**Exhibit 8: Primary Care and Enhanced Care Coordination**

<b>Research Questions: Will Improved Access to Primary Care Result in Improved Health Outcomes?;</b> <b>Will Enhanced Care Coordination Improve Timely Access to Needed Care?; and</b> <b>Will Improved Access to Primary Care Result in Lower Cost for the Health Care Delivery System?</b>					
<b>Performance Measure</b>	<b>Metric</b>	<b>Sampling Methodology</b>	<b>Source of Data</b>	<b>Frequency of Measurement</b>	<b>Alignment</b>
Cost	Total expenditures per capita, excluding specialized program services, for enrollees ages 1-64 years	Blueprint Medicaid Enrollees	MMIS	Annual	N/A
	Specialized Medicaid expenditures per capita, for enrollees ages 1-64 years	Blueprint Medicaid Enrollees	MMIS	Annual	N/A
Access to Care	Enrollee rating of ability to get desired appointment or information	Random Blueprint <sup>8</sup>	CAHPS - PCMH	Annual	Nat'l CAHPS-PCMH
Communication	Enrollee rating of how well their physician explains things, listens to their concerns, shows respect and spends enough time with them	Random Blueprint <sup>9</sup>	CAHPS - PCMH	Annual	Nat'l CAHPS-PCMH
Health Outcomes & Cost	Number of continuously enrolled members, ages 18-75 whose Diabetes HbA1c was in control compared to those with poor control	Blueprint <sup>10</sup>	VCHURES; Medical Records	Annual	All-Payer Model
	Expenditures per capita for continuously enrolled members, ages 18-75 whose Diabetes HbA1c was in control compared to those with poor control	Blueprint <sup>11</sup>	VCHURES; Medical Records	Annual	N/A

<sup>8</sup> If feasible based on staff and budget constraints the State will conduct a sub-analysis of Blueprint Medicaid Enrollees

<sup>9</sup> *ibid*

<sup>10</sup> *ibid*

<sup>11</sup> *ibid*

***Exhibit 8: Primary Care and Enhanced Care Coordination***

<b>Research Questions: Will Improved Access to Primary Care Result in Improved Health Outcomes?; Will Enhanced Care Coordination Improve Timely Access to Needed Care?; and Will Improved Access to Primary Care Result in Lower Cost for the Health Care Delivery System?</b>					
<b>Performance Measure</b>	<b>Metric</b>	<b>Sampling Methodology</b>	<b>Source of Data</b>	<b>Frequency of Measurement</b>	<b>Alignment</b>
	Inpatient hospitalizations per 1,000 members for continuously enrolled members, ages 18-75 whose Diabetes HbA1c was in control compared to those with poor control	Blueprint <sup>12</sup>	VCHURES; Medical Records	Annual	N/A

---

<sup>12</sup> Ibid



**Exhibit 9: Enhanced Community Integration**

<b>Research Question: Will the Demonstration Result in Increased Community Integration?</b>					
<b>Performance Measure</b>	<b>Metric</b>	<b>Sampling Methodology</b>	<b>Source of Data</b>	<b>Frequency of Measurement<sup>13</sup></b>	<b>Alignment</b>
Eliminating Institutional Bias	Average number of people served per month by setting: nursing facility, home, licensed residential facility	Total CFC population	MMIS	Annual	LTSS Re-balancing
Community Access	Proportion of people who do things they enjoy outside of their home when and with whom they want to	Random CFC & TBI population	NCI-AD	Annual	NCI
	The proportion of people who regularly participate in everyday integrated activities in their communities	Random DDS population	NCI-DD	Annual	NCI
Choice and Control	Proportion of people who can choose or change what kind of services they get and determine how often and when they get them	Random CFC & TBI	NCI-AD	Annual	NCI
	The proportion of people who make choices about their everyday lives, including: housing, roommates, daily routines, jobs, support staff or providers, what to spend money on, and social activities	Random DDS	NCI-DD	Annual	NCI
Employment	Proportion of people who have a paying job in the community, either full-time or part-time	Random CFC & TBI	NCI-AD	Annual	NCI
	Proportion of people who would like a job (if not currently employed)	Random CFC & TBI	NCI-AD	Annual	NCI

<sup>13</sup> CAHPS-HCBS Module is expected to start in State Fiscal Year 2018 and be conducted annually thereafter.

**Exhibit 9: Enhanced Community Integration**

<b>Research Question: Will the Demonstration Result in Increased Community Integration?</b>					
<b>Performance Measure</b>	<b>Metric</b>	<b>Sampling Methodology</b>	<b>Source of Data</b>	<b>Frequency of Measurement<sup>13</sup></b>	<b>Alignment</b>
Employment	Proportion of people who have a job in the community	Random DDS	NCI-DD	Annual	NCI
	Proportion of people who do not have a job in the community but would like to have one	Random DDS	NCI-DD	Annual	NCI
	Employment rate of people of working age	DDS, TBI, CRT	Vermont Department of Labor; VT Division of Vocational Rehabilitation	Annual	N/A

**Exhibit 10: Cost and Budget Neutrality**

<b>Research Question: Will Demonstration Maintain or Reduce Spending in Comparison to What Would Have Been Spent Absent the Demonstration?</b>					
<b>Performance Measure</b>	<b>Metric</b>	<b>Sampling Methodology</b>	<b>Source of Data</b>	<b>Frequency of Measurement</b>	<b>Alignment</b>
Emergency Department Cost	Average annual per enrollee cost of ED visits	Total Medicaid	MMIS	Annual	N/A
Inpatient Hospital Cost	Average annual per enrollee cost of inpatient hospital	Total Medicaid	MMIS	Annual	N/A
Pharmacy Cost	Average annual per enrollee cost of prescription drugs	Total Medicaid	MMIS	Annual	N/A
Total Cost per Enrollee	Average annual total cost per enrollee	Total Medicaid	MMIS	Annual	N/A
Total Cost per Major Aid Category	Average annual total cost per major aid category group	Total Medicaid	MMIS	Annual	N/A
Chronic Care Management Costs	Average annual per enrollee costs for chronic care management program participants	Total Medicaid	MMIS	Annual	N/A
Budget Neutrality	Actual aggregate expenditures versus budget neutrality limit	Total Medicaid	MMIS	Annual	STC

**E. METHODS**

Both qualitative and quantitative methods will be used to address the research questions. Qualitative designs will be used to better understand the process of Demonstration implementation, and will include the use of purposeful sampling, interviews, and inductive analysis to discover patterns, themes, and interrelationships. Qualitative methods will be employed for new delivery system reforms supported with Demonstration investment funds as a part of a formative study where applicable.

Quantitative methods will be used to better understand the impact of Demonstration implementation (i.e., the relationship that Demonstration participation has on: access to care; quality of care; cost containment; and stable in-home and community alternatives to institutional care) and will include the use of probability sampling, descriptive/inferential statistics, and deductive analysis to generate relationships between variables that can be generalized to the broader Medicaid population. Methodological considerations are provided below.

### *ISOLATION FROM OTHER INITIATIVES*

In general, external factors are not expected to significantly affect the assessment of hypotheses presented in this evaluation plan. Over the past several years the State sought to align its health care reforms across all populations and payers. The final Medicaid Demonstration extension and All-Payer Model were designed to create a seamless system. However, where market conditions and other contextual factors (e.g., provider or geographical differences) could have an impact, AHS and its evaluators will develop approaches to quantify and/or isolate the impact of such factors. The Demonstration supports a comprehensive approach across settings. Based on staff, budget and data considerations, the State will explore the feasibility of comparing outcomes for members who may be attributed to a specific initiative with those who are not involved in the initiative.

### *GENERALIZABILITY OF RESULTS*

Vermont's small size, statewide model and AHS single state agency 'umbrella' structure supports rapid adoption of programs. This provides an ideal environment for testing innovations that can be brought to scale in other states on a county or statewide level. In several instances, Vermont's health care and long-term service and support programs have become models for other states (e.g., Blueprint for Health, Choices for Care, Self/Surrogate-directed care). It is expected that specific aspects of the Demonstration and its evaluation design will continue to support generalizability.

### *DATA LIMITATIONS & MITIGATION*

Many participants in Vermont's specialized programs are dually eligible for Medicare and Medicaid. The absence of Medicare claims data presents challenges for certain metrics such as total cost of care, rates of preventive screens, follow-up after hospitalization. Consistent with the terms of the All-Payer Model Agreement, the AHS will seek access to Medicare data as part of its involvement in the All-Payer Model.

Vermont has been engaged in health care and payment reform since the inception of the Demonstration in 2005. In many cases, specialized programs no longer employ fee-for-service

claiming and encounter data may be stored in multiple legacy systems across AHS. In cases where programs have moved away from fee-for-service payment models, modified HEDIS® protocols will be used to assure data is complete and accurately adjusted when stratified for specialized populations.

Two data sets available for benchmarking performance are the VDH Hospital Discharge data and VHCURES. These data warehouses provide valuable information on claims over time, however information is de-identified. The Blueprint for Health and the Department of Mental Health have employed various techniques to match data and examine population trends over time and by payer. The DMH technique involves the use of probabilistic estimation. Probabilistic Population Estimation (PPE) is a statistical technique used by DMH that measures the number of people represented in data sets that do not share unique person identifiers. PPE reports how many people are represented in and across data sets without the need for identifiable protected health information.<sup>14</sup> These estimates are based on a comparison of the observed distribution of dates of birth in HIPAA-compliant "limited data sets" with the expected distribution of dates of birth. The validity and reliability of this procedure have been demonstrated by Banks and Pandiani (2001).<sup>15</sup> This approach is unobtrusive and it protects the personal privacy of individuals and the confidentiality of medical records because it does not depend on personally identifying information<sup>16</sup>.

Through its analytics vendor Onpoint Health Data Blueprint to Health links clinical data to de-identified VHCURES claims data. Onpoint de-identifies the clinical data using the same algorithms to hash the identifiers as was used by insurers for the VHCURES data. Using this method the vendor is able to link records between the two de-identified datasets using the hashed, or encrypted, identifiers.

## ***F. DATA ANALYSIS***

The evaluation data analysis will consist of both exploratory and descriptive strategies and incorporate univariate, bi-variate, and multi-variate techniques. SAS software will be used to systematically apply statistical and/or logical techniques to describe, summarize, and compare data within the state and across time, and to prepare data, wherever possible in a manner that permits comparison to results from other states applying the same methodology (e.g., HEDIS reports).

Descriptive statistics will be used to describe the basic features of the data and what they depict, and to provide simple summaries about the sample and the measures. Together with simple graphics analysis, the descriptive statistics form the basis of quantitative analysis of data. They are also used to provide simple summaries about the participants and their outcomes. An

---

<sup>14</sup> NASMHPD Research Institute, Inc. (2006) <https://pdfs.semanticscholar.org/839b/1b6326b0142356fe6da4c43d241b41b2432b.pdf>.

<sup>15</sup> Banks SM & Pandiani JA .(2001) Probabilistic population estimation of the size and overlap of data sets based on date of birth. *Statistics in Medicine*; 20: 1421-1430.

<sup>16</sup> Pandiani JA, Banks SM & Schacht LM. (1998) Personal privacy vs. public accountability: A technological solution to an ethical dilemma. *Journal of Behavioral Health Services and Research*; 25 (4): 456-463.

exploratory data analysis is used to compare many variables in the search for organized patterns. Data will be analyzed as rates, proportions, frequencies, measures of central tendency (e.g., mean, median, mode), and/or qualitatively analyzed for themes.

Whenever possible the evaluation will use longitudinal methods to measure change over time. As available, from other evaluation efforts related to the Demonstration (See Section III C), evaluators may employ secondary analysis to reexamine existing data to address Demonstration hypothesis or isolate Medicaid enrollees from the general population. Difference in Differences and Interrupted Time Series designs are proposed for various aspects of the design. Difference in differences methods will be used to characterize differences between groups when data exists before and after intervention for a group of individuals similar to participants (treatment group) that will not be receiving services/benefits (comparison group). It is anticipated that Accountable Care Organization (ACO) and Blueprint (BP) practice attribution will allow measurement in at least one time period before ACO/BP practice intervention and at least one time period after ACO/BP practice intervention. Appropriate measures associated with value based payments, primary care, and enhanced care coordination outlined in this document will be assessed relative to internal comparison groups when available. Anticipated data sources are also identified in aforementioned tables. When using these methods, the evaluator is expected to consider and address various issues that might compromise the results. If necessary, alternative methods might be required. Time-series methods will be used to characterize differences over time for waiver participants or subpopulations when data for a measure of interest exists sequentially in time at successive equally spaced intervals. The length of the pre/post study periods is expected to be a minimum of 12 months. When employed, this method will look for trends and patterns in the data. Appropriate measures of access, cost, and quality outlined in this document will be compared to suitable benchmarks and assessed relative to a baseline to test the associated hypotheses. Anticipated data sources are also identified in the aforementioned tables. It is anticipated that time series methods will be used for measures associated with aggregate demonstration and specialty program populations (including IMD and those impacted by premium payments and subsidies). When using these methods, the evaluator is expected to consider and address various issues that might compromise the results. If necessary, alternative methods might be required. Final determination of methods and analytics will be made following the review of sample size and available data points over the life of the Demonstration.

Inferential statistics will be used to try to reach conclusions that extend beyond the immediate data alone. Fundamentals statistics will be used to describe inferences about the populations from which they were drawn. Sensitivity analysis to address IMD study questions will be considered.

### *COMPARISON GROUPS*

In Vermont's Demonstration, Medicaid eligibility is synonymous with enrollment in the public managed care-like model, making general comparison and/or control groups difficult. Whenever possible matched samples for participants in specialized programs or reform initiatives (e.g., ACO, Blueprint, and Chronic Care Initiative) and those not receiving programs services will be

used to explore differences. Synthetic control techniques<sup>17</sup> will be considered if suitable comparison states and/or data exists. When feasible given sample size, sub-sets of program participants may be compared to statewide or national benchmarks. Additionally, the State will work with its evaluation contractor to determine if neighboring New England or other states may be comparable in size, provider network and reform initiatives.

## *POPULATION STRATIFICATION AND LEVELS OF ANALYSIS*

Levels of analysis will include the total Medicaid population, specialized program recipients, and when appropriate to the study question, major Medicaid aid category group (e.g., Aged Blind Disabled, Adults, Children, and MAGI). Please see Exhibits 5 through 10 for proposed stratification and levels of analysis by specialized program and measure.

### ***G. DATA REPORTING***

In addition to the four evaluation report deliverables listed below, the State will compile data and summarize Demonstration performance to-date for CMS in quarterly and annual reports. An independent evaluator will support all Demonstration evaluation reporting requirements.

- Interim Evaluation Report #1 (April 1, 2018)
- Interim Evaluation Report #2 (December 31, 2020)
- Summative Evaluation Report #1 (April 1, 2021)
- Summative Evaluation Report #2 (June 30, 2022)
- 

The independent evaluator will support the State of Vermont efforts to complete rapid cycle assessments for new payment and service delivery reform models including but not limited to ACO model enhancements, efforts to support integration across providers and new delivery system investments.

### ***H. BASELINE***

Vermont's Section 1115 Demonstration has been in operation for 11 years, Vermont's baseline data refers to historical data points available for review, trend analysis and longitudinal examination. Data from the following performance monitoring and existing evaluation efforts can be found online as outlined below.

Blueprint for Health [found here](#)

Medicaid HEDIS Measures [found here](#)

Medicaid CAHPS Survey Results [found here](#)

Medicaid ACO Shared Savings [found here](#)

Developmental Disability Services National Core Indicators Results [found here](#)

---

<sup>17</sup> Abadie Alberto, Alexis Diamond and Jens Hainmueller "Synthetic Control Methods for Comparative Case Studies: Estimating the Effect of California's Tobacco Control Program" Journal of American Statistical Association Vol. 105, No. 490, 2010 pp. 493-505.



#### **IV. MENTAL HEALTH AND SUBSTANCE USE DISORDER IMD EVALUATION**

CMS is continuing time-limited expenditure authority during the extension period (January 1, 2017 – December 31, 2021) for services in several facilities that are IMDs. This authority is pursuant to an evaluation of the IMD role and effectiveness in Vermont's Medicaid Demonstration. Vermont has agreed to phase down IMD expenditures in CY 2021 and phase out expenditures by 12/31/2025. The SUD demonstration amendment was approved in June 2018 and includes evaluation requirements. This section of the evaluation plan provides an overview of IMD programs and allowances in Vermont, study questions and tentative design components for both psychiatric and substance use disorder treatment programs.

##### **A. HISTORY AND BACKGROUND**

As part of its original 1115 Demonstration for the Vermont Health Access Plan (VHAP) Medicaid Expansion, Vermont received a waiver of the IMD exclusion. This waiver, effective January 1, 1996, permitted Vermont to reimburse IMDs for individuals enrolled under the 1115 Demonstration. The rationale behind this waiver was to permit the use of IMDs as alternatives to potentially more costly, general acute hospital services.

The 1115 Demonstration was amended in April 1999 to include the Community Rehabilitation and Treatment (CRT) program for adults who had a severe and persistent mental illness. The CRT model recognized the Department of Mental Health as a managed care entity, responsible for the provision of all behavioral health services in exchange for a capitated payment. Capitation payments included funding for all inpatient hospital services, including the Vermont State Hospital and the Brattleboro Retreat. Prior to approval of the CRT managed care model, Vermont (like several other states) relied on Disproportionate Share Hospital (DSH) funding as the mechanism to bring federal Medicaid dollars to support its State Hospital.

In 2004, CMS elected to no longer grant IMD waivers under its 1115 Demonstration authority; states with existing IMD waivers (including Vermont) were given a schedule to phase out available Medicaid reimbursement. Under the phase-out terms Vermont was permitted to continue Medicaid reimbursement of IMD services through Calendar Year 2004; reimbursement was limited to 50% of allowable expenditures in Calendar Year 2005. When the former Vermont State Hospital (VT) lost its Medicare certification in 2005, CMS sought assurances that Medicaid funds would not be used to support VT. Vermont removed funding for VT from the CRT capitation rates in 2005. The IMD waiver was completely phased out January 1, 2006. The Global Commitment to Health Demonstration, approved in 2005, historically enabled Vermont to operate under a statewide, public managed care model. The Global Commitment Demonstration provides the State with additional flexibility regarding health care service financing, including the purchase of health care services that are not traditionally covered by Medicaid. In the past Vermont used this authority to purchase alternative services, provided that:

- Services are determined to be medically appropriate;
- Care is delivered by a licensed (and not Medicare de-certified) health care provider; and
- Coverage of the service achieves program objectives related to cost, quality and/or access to care in the least restrictive, clinically appropriate setting possible.

Since 2005 Vermont has used its “in lieu of” authority under Global Commitment to purchase in-state residential substance use disorder and inpatient psychiatric treatment in lieu of more costly hospital-based care from several private facilities: Brattleboro Retreat, The Lund Home, Valley Vista and Serenity House.

In 2011, the former State psychiatric hospital was shut down by Tropical Storm Irene. As part of the planning process for building a new 25-bed State psychiatric hospital, post-Tropical Storm Irene, Vermont sought clarification from CMS in 2012 regarding its authority to access Medicaid funding, once certified, to support the new facility. In response to this request, CMS indicated that costs of psychiatric inpatient services for individuals between the ages of 21 and 65 residing in an IMD could not be included in the calculating the annual Medicaid managed care PMPM limits. However, Vermont was assured that it had authority under the Demonstration to fund IMD services by using its “managed care savings.” Facilities that will be involved in the focused study of mental health and substance use disorder IMD treatment services are described in Exhibit 11 below.

***Exhibit 11: Type and Size of IMD Facilities***

<b>Facility</b>	<b>Type and Target Group(s)</b>	<b>Treatment Focus</b>	<b># of Beds</b>
Lund Home	Residential treatment for pregnant and parenting women w/children under 5 years old. Both mothers and children live on-site. Pregnant women may enroll in the program for the length of their pregnancy and through a post-partum period based on their individual needs	Substance Use Disorder; Mental Health	26
Valley Vista	Residential treatment for women, men, and adolescents	Substance Use Disorder	80
Serenity House	Residential treatment for adults	Substance Use Disorder	24
Brattleboro Retreat: Substance Use Disorder	Inpatient detoxification and treatment for adults	Substance Use Disorder	30
Brattleboro Retreat: Inpatient Psychiatric Hospital	Inpatient stabilization for adults	Psychiatric	89
Vermont Psychiatric Care	Inpatient stabilization for adults under the care and custody of DMH	Psychiatric	25



Hospital			
----------	--	--	--

## ***B. STUDY QUESTIONS, POPULATIONS AND DESIGN***

The State is seeking to examine variables related to psychiatric and substance abuse treatment in two separate analysis. Analysis from this study will help inform the State's decisions related to next steps for substance use disorder and psychiatric treatment capacity, coverage and limitations in Vermont's system of care. Variables identified for study include, but are not limited to:

- Emergency room utilization;
- Lengths of stay in emergency rooms;
- Access to acute inpatient treatment for mental health and substance use disorders;
- Lengths of stay in acute inpatient settings for treatment for those conditions;
- Quality of acute mental health or substance use disorder treatment;
- Quality of discharge planning in making effective linkages to community-based care;
- Readmissions for inpatient treatment;
- Cost of treatment for acute mental health or substance use disorder conditions;
- Access to care for co-morbid physical health conditions;
- Quality of care for co-morbid physical health conditions; and
- Overall cost of care for mental health and substance use disorders and co-morbid physical conditions combined.

## ***C. IMD REPORT***

The State recognizes that data from the IMD sub-evaluation is required at the same time as Interim Evaluation Report #1, April 1, 2018. The State and its evaluation contractor will:

1. Implement data collection for any identified IMD data gaps (psychiatric and SUD);
2. Conduct analysis of psychiatric-related, IMD-related data, including the four-year period preceding the start of the current demonstration (CY2013-2016);
3. Review preliminary psychiatric IMD findings;
4. Conduct analysis of ADAP and DCF data and refine DMH psychiatric analysis as needed to finalize;
5. Collect, analyze and interpret performance measure data;
6. Prepare IMD sub-evaluation findings as part of Interim Evaluation Report #1 for April 1, 2018;
7. Revise Interim Evaluation Report #1 within 30 days of receipt of CMS feedback post April 1, 2018;
8. Continue to collect and analyze IMD related data for the period 2018 – 2020;
9. Prepare final IMD sub-evaluation findings as part of Interim Evaluation Report #2 for December 31, 2020 CMS submission; and
10. Revise Interim Evaluation Report #2 within 30 days of receipt of CMS feedback post December 31, 2020.

Outlined in the following sub-sections are the hypotheses, study questions and design elements

Vermont Global Commitment to Health Demonstration

Approval Period: January 1, 2017 through December 31, 2021

Amended: June 6, 2018

for each of the two IMD target areas, psychiatric and substance use disorder treatment.

---

## I. PSYCHIATRIC IMD TREATMENT

The State's two inpatient IMDs provided services for persons who are experiencing psychiatric crisis. Persons receiving inpatient treatment may be enrolled in the DMH Community Rehabilitation and Treatment program or be considered for involuntary admission. In both these cases, individuals must undergo a pre-placement screening by designated DMH crisis screeners. Enhanced care coordination and community service planning is also supported by DMH through utilization management staff in the central office and a network of designated and specialized program providers throughout the state. Persons who are receiving services from independent physicians, psychologists and/or other counselors, not overseen by DMH, are prior approved and reviewed for continued stay and discharge planning support by DVHA staff. The following hypotheses and study questions have been identified:

- ✚ Research Question: Will expanded IMD authority support enrollees to receive care in the least restrictive most clinically appropriate setting possible?
  - The projected elimination psychiatric IMD capacity will negatively impact: emergency room utilization and lengths of stay; access to acute inpatient treatment and length of stay; and cost of community hospital care.
  - IMD services result in improved quality of care and community integration as evidenced by: lower re-admission rates and/or access to primary care.
- ✚ Research Question: Is expanded IMD authority necessary to support Vermont's small size and community hospital system?
  - There is no capacity in the current community hospital system in Vermont to absorb the downsizing necessary to eliminate IMD claiming.
- ✚ Research Question: Will elimination of federal participation result in reductions in community -based treatment capacity due to increased pressure on that State budget?
  - The projected impact of removing Federal Financial Participation (FFP) for psychiatric IMD on other services and providers in the community will be negative.

### *PSYCHIATRIC DESIGN, MEASURES AND DATA SOURCES*

Vermont's IMD facilities are statewide providers. Their state-wideness, coupled with the historic nature of the State's funding and utilization of these programs, make evaluation design options such as pre/post Demonstration extension, regional or other in-state comparison groups difficult. However, due to damage to the state psychiatric hospital, associated with Tropical Storm Irene in August of 2011, the State may be in a unique situation to employ interrupted time series and/or sensitivity analysis related to the provision of psychiatric treatment services and impact in the community-based system of care pre/post Tropical Storm Irene.

Specifically, the former 54-bed Vermont State psychiatric hospital, funded primarily through the State general fund, was shut down due to damage sustained during Tropical Storm Irene. Patients

and staff were moved into general hospital settings and retrofitted facilities across the State until a replacement facility could be built. During the ensuing 3-year period, the State invested significant resources into mobile outreach, crisis stabilization and psychiatric treatment services in the community. At that time, DMH also initiated a contract for the use of 14 beds at the Brattleboro Retreat.

DMH collects data that includes information on increased community hospital payments, emergency room utilization and wait times, and psychiatric inpatient services for persons who would have otherwise been served at the former State hospital and who require additional resources during their hospitalization (known as patients with a “Level 1” designation). Additionally, DMH has historic data on hospital and temporary facility staffing needed during Tropical Storm Irene. This data and the information available pre/post Tropical Storm Irene, following the opening of the new 25-bed Vermont Psychiatric Care Hospital in July of 2014, may provide valuable insights into the impact of IMD services on the overall service system. Data may allow for the construction of a mathematical model to support sensitivity analysis related to how future changes in psychiatric bed-capacity may impact cost and utilization of other community mental health services. Data sources available for this analysis are detailed below.

- **DMH Core Data Elements** – Identifiable information on all significant dates and times for adults and children waiting for inpatient care under the custody of the commissioner. Data are generally available mid-month after the month of interest.
- **DMH Adult Involuntary Tracking** – Identifiable information on all inpatient admissions under the custody of the commissioner. Data are generally available one month after the quarter of interest.
- **DMH Financials** – Financial tracking and accounting for all payments, including Medicaid, that are not processed through the MMIS. Data are generally available one month after the month of interest.
- **DVHA Adult Inpatient Tracking** – Identifiable information on all Medicaid-paid inpatient admissions for adults, including Level 1 inpatient stays. Data are generally available mid-month after the month of interest.
- **VPCH Electronic Health Record** – Identifiable information on all inpatient stays at VPCH, the state-run IMD. VPCH stays are paid by MCO investment and therefore there are no claims presented to Medicaid for those stays. Data are close to real time and would require HIPPA-compliant procedures for access.
- **Brattleboro Retreat (BR) Electronic Health Record** – Identifiable information on all inpatient stays. Data are close to real-time and would require HIPPA-compliant procedures for access.
- **VHCURES Data Warehouse** – Unidentifiable information on all paid claims for medical care in Vermont for insurers covering 200+ lives. Matches possible using probabilistic estimation. VPCH is not captured in VHCURES, but BR is captured. Data are generally available one year after quarter of interest.

- **DMH Monthly Service Report** – Identifiable information from community service providers (Designated Agencies) for all services provided via DMH-funded programs. Data are generally available two months after the month of interest.
- **MMIS** – Identifiable information on all Medicaid-paid claims for care in Vermont. Data are generally available three months after the quarter of interest.
- **VDH General Hospital Discharge Dataset** – Unidentifiable information on all discharges from Vermont hospitals regardless of payer or ability to pay. Data are generally available two to three years after the year of interest.

A list of potential measures is outlined in Exhibit 12 on the following page. This Exhibit provides options for psychiatric IMD measurement. It is not expected that all measures will be included in the final design. Follow-up after hospitalization is included as a continuity of care metric in Exhibit 12. Vermont will use the NCQA measure “Follow-Up After Hospitalization for Mental Illness” (NQF #0576). Vermont will work with its independent evaluator to ensure that additional relevant and obtainable continuity of care measures are included in the psychological IMD evaluation. Measures will be selected and finalized once evaluators have had an opportunity to review and discuss available data, assess data integrity and determine sample sizes with AHS, DVHA and DMH staff. Once data integrity review is final, the hypotheses, research questions and measures will be clarified and presented in the interim findings report. If feasible based on staff and budget considerations data will be stratified to assess Access, Cost and Quality.

**Exhibit 12: Potential Measures for Psychiatric IMD Evaluation**

<b>Potential Psychiatric IMD Treatment Evaluation Measures, Sampling Method &amp; Data Source</b>				
<b>Performance Measure</b>	<b>Metric</b>	<b>Alignment</b>	<b>Sampling Method</b>	<b>Data Source</b>
Emergency Department (ED) psychiatric boarding <sup>18</sup>	Average number of people per day in ED waiting for inpatient psychiatric care	N/A	Persons in care and custody of DMH	DMH Core Data Elements
	Time from need for hospitalization to disposition, less time for medical clearance			
ED room utilization <sup>19</sup>	% population with avoidable ED utilization	HEDIS®	IMD admissions	MMIS
	% population ED utilization	HEDIS®	IMD admissions	MMIS
Access to acute inpatient treatment for mental health	State Hospital utilization per 1,000 population	SAMHSA URS	Total Vermont	MMIS
	Other psychiatric utilization per 1,000 population	SAMHSA URS	Total Vermont	MMIS
Lengths of stay (LOS) in acute inpatient psychiatric IMD	Median and mean LOS for discharged patients	SAMHSA URS	IMD admissions	MMIS
	Median and mean LOS for resident patients in facility ≤ 1 year	SAMHSA URS	IMD admissions	MMIS
	Median and mean LOS for resident patients in facility > 1 year	SAMHSA URS	IMD admissions	MMIS
Quality of acute mental health IMD treatment	Hours of physical restraint use	HBIPS-2	IMD admissions	DMH
	Hours of seclusion use	HBIPS-3	IMD admissions	DMH
	Patients discharged on multiple antipsychotic medications with appropriate justification	HBIPS-5	IMD admissions	Medical Records
	Alcohol use screening	SUB-1	IMD admissions	Medical Records

<sup>18</sup> Vermont Statutes require people to go to the emergency dept. if inpatient care is needed and a placement cannot be made. Utilization is high because it is SOP for people to arrive at the ED prior to inpatient admission.

<sup>19</sup> Ibid.

**Exhibit 12: Potential Measures for Psychiatric IMD Evaluation**

<b>Potential Psychiatric IMD Treatment Evaluation Measures, Sampling Method &amp; Data Source</b>				
<b>Performance Measure</b>	<b>Metric</b>	<b>Alignment</b>	<b>Sampling Method</b>	<b>Data Source</b>
	Alcohol use brief intervention provided or offered and the subset alcohol use brief intervention	SUB-2/-2A	IMD admissions	Medical Records
	Tobacco use screening	TOB-1	IMD admissions	Medical Records
	Tobacco use treatment provided or offered and the subset tobacco use treatment	TOB-2/-2A	IMD admissions	Medical Records
	Screening for metabolic disorders	IPFQR <sup>20</sup> FY2018	IMD admissions	Medical Records
Experience of care	Assessment of patient experience of care	IPFQR FY2018	IMD admissions	CAHPS
Quality of discharge planning in making effective linkages to community-based care	Transition record with specified elements received by discharge patients	IPFQR FY2018	IMD admissions	Medical Records
	Timely transition of transition record	IPFQR FY2018	IMD admissions	Medical Records
	Follow-up after hospitalization for mental illness	HEDIS	IMD admissions	MMIS
	Transition record with specified elements received by discharge patients	IPFQR FY2018	IMD admissions	Medical Records
Readmissions for IMD inpatient treatment	State Hospital readmissions: 30 days	SAMHSA URS	IMD admissions	DMH
	State Hospital readmissions: 180 days	SAMHSA URS	IMD admissions	DMH
Overall cost of care	Average cost per enrollee for IMD services	N/A	IMD admissions	MMIS; DMH Financial Data

<sup>20</sup> FY2018 Inpatient Psychiatric Facility Quality Review (IPFQR) requirements, Joint Commission on Hospital Accreditation: <https://manual.jointcommission.org/Manual/WebHome>.

***Exhibit 12: Potential Measures for Psychiatric IMD Evaluation***

<b>Potential Psychiatric IMD Treatment Evaluation Measures, Sampling Method &amp; Data Source</b>				
<b>Performance Measure</b>	<b>Metric</b>	<b>Alignment</b>	<b>Sampling Method</b>	<b>Data Source</b>
	Average cost per enrollee for all mental health services	N/A	IMD admissions	MMIS; DMH Financial Data
	Average cost per enrollee for all Medicaid services	N/A	IMD admissions	MMIS; DMH Financial Data
Quality of care for co-morbid physical health conditions	Preventative care and screening: adult BMI screening and follow up	CMS NQF 0419	IMD admissions	MMIS
	Controlling high blood pressure (CBP-BH)	NCQA NQF 0018	IMD admissions	MMIS
	Preventative care and screening: unhealthy alcohol use: screening and brief counseling (ASC)	AMA-PCP1 NQF 2152	IMD admissions	MMIS
	Diabetes screening for people with schizophrenia or bipolar disorder who are using antipsychotic medications (SSD)	NCQA NQF 1932	IMD admissions	MMIS
	Diabetes care for people with SMI: Hemoglobin A1c (HbA1c) poor control (>9.0%)(SMI-PC)	NCQA NQF 2607	IMD admissions	MMIS
	Cardiovascular monitoring for people with cardiovascular disease and schizophrenia (SMC)	NCQA NQF 1933	IMD admissions	MMIS

**Substance Use Disorder Placement**

Substance Use Disorder placement is supported by multiple Medicaid programs across AHS. VDH-ADAP staff review programs and designate program as “preferred providers” certified to receive additional funding from ADAP for underinsured and uninsured Vermonters; while DVHA provides prior approval and level of care screening for residential treatment, detoxification and inpatient care at the Brattleboro Retreat, Valley Vista and Serenity House. Services at the Lund Home for pregnant and parenting women with young children under the age of 5 are authorized by DCF. The following hypotheses and study questions have been identified:

- ✚ Research Question: Will expanded IMD authority support enrollees to receive care in the least restrictive most clinically appropriate setting possible?
- IMD capacity has a positive impact on emergency room utilization.
- IMD services result in improved quality of care and community integration as evidenced by: lower re-admission rates and/or access to primary care.
- The projected amount and scope of current IMD services is adequate to meet the need.

#### Substance Use Disorder Design, Measures and Data Sources

Vermont's substance use disorder IMD treatment facilities are statewide providers. Their state-wideness, coupled with the historic nature of the State's funding and utilization of these programs, make evaluation design options such as pre/post Demonstration extension, regional or other in-state comparison groups difficult. The IMD evaluation is designed to measure outcomes for persons who receive residential services in an IMD. Wherever possible IMD enrollees will be compared to non-enrollees on standard measures of cost, quality and access.

Measures supporting the review of quality of care, community integration and the projected impact of including substance use disorder IMD services in the Demonstration are provided on Exhibit 13 on the following page. Final measures will be selected once evaluators have had an opportunity to review and discuss available data, assess data integrity and determine sample sizes with AHS, DVHA and ADAP staff. Measure selection will consider continuity of care metrics such as follow-up after hospitalization, records transfer and medication-assisted treatment while receiving IMD services. Once data integrity review is final, the hypotheses, research questions and measures will be clarified and presented in the interim findings report. If feasible based on staff and budget considerations data will be stratified to assess Access, Cost and Quality.



**Exhibit 13: Potential Measures for SUD IMD Evaluation**

<b>Potential SUD IMD Treatment Evaluation Measures, Sampling Method &amp; Data Source</b>			
<b>Performance Measure</b>	<b>Metric</b>	<b>Sampling Method</b>	<b>Data Source</b>
ED room utilization	% population ED utilization	Total SUD; IMD Admissions	MMIS
Inpatient utilization	Inpatient utilization per 1,000 population	Total SUD; IMD Admissions	MMIS
Access to residential SUD treatment	Residential utilization per 1,000 population	Total Medicaid	MMIS
Lengths of stay (LOS) in residential SUD treatment	Median and mean LOS for discharged patients	Total SUD	MMIS
Quality of care	Assessment of patient experience of care	IMD Admissions	Survey
Quality of discharge planning in making effective linkages to community -based care	Percent of IMD enrollees using substances who initiate and engage in treatment*	IMD Admission	MMIS
	Percent of persons discharged who have PCP visit (well or sick) within 30 days of discharge from IMD	IMD Admission	MMIS
Readmissions for same level of care	SUD IMD readmissions: 30 days	Total Medicaid	MMIS
	SUD IMD readmissions: 180 days	Total Medicaid	MMIS
	Readmission rates by length of stay (<16 days, 30+ days)	Total Medicaid	MMIS
Overall cost of care	Average cost per enrollee for IMD services	IMD Admissions	MMIS
	Average cost per enrollee for all SUD services	Total Medicaid; IMD Admissions	MMIS
	Average cost per enrollee for all Medicaid services	Total Medicaid; IMD Admissions	MMIS

**\*Note:** Vermont's IET measure is aligned with NCQA NQF measure 0004, however, it has been modified to incorporate billing practices unique to Vermont's Specialized Health Home model.

**APPENDIX 1. AHS Proposed Evaluation Budget**

Below is the tentative budget for the Vermont Global Commitment to Health 1115

Vermont Global Commitment to Health Demonstration

Approval Period: January 1, 2017 through December 31, 2021

Amended: June 6, 2018

Demonstration Evaluation. The budget includes total estimated costs for each year of the demonstration, as well as an annual breakdown of estimated staff, contractual, administrative, and other costs for all aspects of the evaluation such as any survey and measurement development, quantitative and qualitative data collection and cleaning, analyses, and reports generation.

**COST ESTIMATE FOR GLOBAL COMMITMENT TO HEALTH WAIVER  
EVALUATION for YEAR 12: July 1, 2017 – December 31, 2017**

ITEM	TITLE	RATE per HOUR	Hours	Evaluation Management	Evaluation Design and Planning (Framework, Research Questions, Hypothesis, Survey/Measure development, etc.)	Evaluation Implementation (develop tools, train staff, collect data, etc.)	Data Analysis (data cleaning, etc.)	Communication (prepare reports, communicate, etc.)	Estimated Salary and Contractual Cost	Estimated Fringe Benefits (Internal Staff)	Total Estimated Cost
Personnel/ Contractual											
<b>1115 Waiver</b>											
AHS	AHS Quality Improvement Manager	45.23	52	x	x			x	2,351.96	823.19	3,175.15
AHS	Financial Director II	38.99	26		x			x	1,013.74	354.81	1,368.55
DMH	Quality Mgmt Director	35.39	26		x	x	x	x	920.14	322.05	1,242.19
VDH	Director of Perf Mgt & Evaluation	39.00	26		x	x	x	x	1,014.00	354.90	1,368.90
DAIL	Director Policy, Planning & Analysis	46.89	26		x	x	x	x	1,219.14	426.70	1,645.84
DVHA	Health Care Project Director	43.04	26		x	x	x	x	1,119.04	391.66	1,510.70
Contractor	Project Director	200.00	52	x	x	x		x	10,400.00	-	10,400.00
Contractor	Evaluation Lead	150.00	26		x	x		x	3,900.00	-	3,900.00
Contractor	Data Analyst	100.00	26			x	x	x	2,600.00	-	2,600.00

Contractor	Evaluation Support	75.00	26			x		x	1,950.00	-	1,950.00
<b>IMD</b>										-	-
AHS	AHS Quality Improvement Manager	45.23	52	x	x	x		x	2,351.96	823.19	3,175.15
AHS	Financial Director II	38.99	26		x	x		x	1,013.74	354.81	1,368.55
DMH	Quality Mgmt. Director	35.39	26		x	x	x	x	920.14	322.05	1,242.19
DMH	Financial Director III	40.23	26		x	x	x	x	1,045.98	366.09	1,412.07
VDH	Director of Perf Mgt & Evaluation	39.00	26		x	x	x	x	1,014.00	354.90	1,368.90
VDH	Financial Manager III	44.93	26		x	x	x	x	1,168.18	408.86	1,577.04
Contractor	Project Director	200.00	52	x	x	x		x	10,400.00		10,400.00
Contractor	Evaluation Lead	150.00	52		x	x	x		7,800.00		7,800.00
Contractor	Data Analyst	100.00	26				x		2,600.00		2,600.00
Contractor	Evaluation Support	75.00	26				x	x	1,950.00		1,950.00
<b>INVESTMENTS</b>										-	-
AHS	AHS Quality Improvement Manager	45.23	52	x	x	x	x	x	2,351.96	823.19	3,175.15
AHS	Financial Director II	38.99	52	x	x	x	x	x	2,027.48	709.62	2,737.10
DCF	Director of Operations	55.59	26		x	x	x	x	1,445.34	505.87	1,951.21

DCF	Senior Policy & Operations	42.94	26		x	x	x	x	1,116.44	390.75	1,507.19
DMH	Quality Mgmt. Director	35.39	26		x	x	x	x	920.14	322.05	1,242.19
DMH	Financial Director III	40.23	26		x	x	x	x	1,045.98	366.09	1,412.07
DAIL	Director Policy, Planning & Analysis	46.89	26		x	x	x	x	1,219.14	426.70	1,645.84
DAIL	Financial Director II	40.31	26		x	x	x	x	1,048.06	366.82	1,414.88
DVHA	Quality Improvement Admin	36.53	26		x	x	x	x	949.78	332.42	1,282.20
DVHA	Financial Director IV	50.52	26		x	x	x	x	1,313.52	459.73	1,773.25
VDH	Performance Improvement Programs	32.27	26		x	x	x	x	839.02	293.66	1,132.68
VDH	Financial Manager III	44.93	26		x	x	x	x	1,168.18	408.86	1,577.04
Contractor	Project Director	200.00	26	x				x	5,200.00		5,200.00
Contractor	Evaluation Lead	150.00	12			x			1,800.00		1,800.00
Contractor	Data Analyst	100.00	0						-		-
Contractor	Evaluation Support	75.00	12					x	900.00		900.00
<b>Salary &amp; Contractual:</b>											
Total Estimated Internal Salary & Fringe Cost									30,597.06	10,708.97	41,306.03
Total Estimated Contractual Cost									49,500.00	-	49,500.00
	<b>Subtotal</b>								<b>80,097.06</b>	<b>10,708.97</b>	<b>90,806.03</b>

<b>Administrative Cost:</b>											
Travel											1,500.00
Supplies											0.00
Equipment											0.00
Meetings											500.00
	<b>Subtotal</b>										<b>2,000.00</b>
Other Direct Admin Cost											500.00
	<b>Subtotal</b>										<b>2,500.00</b>
<b>Indirect Cost:</b>											
Indirect Cost	10% of Internal Staff Salary Cost								3,059.71		3,059.71
	<b>Subtotal</b>								<b>3,059.71</b>		<b>3,059.71</b>
<b>Total Cost:</b>											
<b>State of Vermont YR12 Estimated Total Cost:</b>	<b>Grand Total</b>								<b>SOV YR12 Total</b>		<b>96,365.74</b>

**COST ESTIMATE FOR GLOBAL COMMITMENT TO HEALTH WAIVER EVALUATION for YEAR 13:  
January 1, 2018 – December 31, 2018**

ITEM	TITLE	RATE per HOUR	Hours	Evaluation Management	Evaluation Design and Planning (Framework, Research Questions, Hypothesis, Survey/Measure development, etc.)	Evaluation Implementation (develop tools, train staff, collect data, etc.)	Data Analysis (data cleaning, etc.)	Communication (prepare reports, communicate, etc.)	Estimated Salary and Contractual Cost	Estimated Fringe Benefits (Internal Staff)	Total Estimated Cost
Personnel/Contractual											
<b>1115 Waiver</b>											
AHS	AHS Quality Improvement Manager	45.23	104	x		x		x	4,703.92	1,646.37	6,350.29
AHS	Financial Director II	38.99	52			x		x	2,027.48	709.62	2,737.10
DMH	Quality Mgmt. Director	35.39	52			x	x	x	1,840.28	644.10	2,484.38
VDH	Director of Perf Mgt & Evaluation	39.00	52			x	x	x	2,028.00	709.80	2,737.80
DAIL	Director Policy, Planning & Analysis	46.89	52			x	x	x	2,438.28	853.40	3,291.68
DVHA	Health Care Project Director	43.04	52			x	x	x	2,238.08	783.33	3,021.41
Contractor	Project Director	200.00	104	x		x		x	20,800.00	-	20,800.00
Contractor	Evaluation Lead	150.00	52			x		x	7,800.00	-	7,800.00
Contractor	Data Analyst	100.00	52			x	x	x	5,200.00	-	5,200.00
Contractor	Evaluation	75.00	52			x	x	x			

	Support								3,900.00	-	3,900.00
<b>IMD</b>										-	-
AHS	AHS Quality Improvement Manager	45.23	104	x	x	x		x	4,703.92	1,646.37	6,350.29
AHS	Financial Director II	38.99	52		x	x		x	2,027.48	709.62	2,737.10
DMH	Quality Mgmt. Director	35.39	52		x	x	x	x	1,840.28	644.10	2,484.38
DMH	Financial Director III	40.23	52		x	x	x	x	2,091.96	732.19	2,824.15
VDH	Director of Perf Mgt & Evaluation	39.00	52		x	x	x	x	2,028.00	709.80	2,737.80
VDH	Financial Manager III	44.93	52		x	x	x	x	2,336.36	817.73	3,154.09
Contractor	Project Director	200.00	104	x	x	x		x	20,800.00		20,800.00
Contractor	Evaluation Lead	150.00	104		x	x	x		15,600.00		15,600.00
Contractor	Data Analyst	100.00	52				x		5,200.00		5,200.00
Contractor	Evaluation Support	75.00	52				x	x	3,900.00		3,900.00
<b>INVESTMENTS</b>										-	-
AHS	AHS Quality Improvement Manager	45.23	104	x	x	x	x	x	4,703.92	1,646.37	6,350.29
AHS	Financial Director II	38.99	104	x	x	x		x	4,054.96	1,419.24	5,474.20
DCF	Director of Operations	55.59	52		x	x	x	x	2,890.68	1,011.74	3,902.42



DCF	Senior Policy & Operations	42.94	52		x	x	x	x	2,232.88	781.51	3,014.39
DMH	Quality Mgmt. Director	35.39	52		x	x	x	x	1,840.28	644.10	2,484.38
DMH	Financial Director III	40.23	52		x	x	x	x	2,091.96	732.19	2,824.15
DAIL	Director Policy, Planning & Analysis	46.89	52		x	x	x	x	2,438.28	853.40	3,291.68
DAIL	Financial Director II	40.31	52		x	x	x	x	2,096.12	733.64	2,829.76
DVHA	Quality Improvement Admin	36.53	52		x	x	x	x	1,899.56	664.85	2,564.41
DVHA	Financial Director IV	50.52	52		x	x	x	x	2,627.04	919.46	3,546.50
VDH	Performance Improvement Programs	32.27	52		x	x	x	x	1,678.04	587.31	2,265.35
VDH	Financial Manager III	44.93	52		x	x	x	x	2,336.36	817.73	3,154.09
Contractor	Project Director	200.00	52	x				x	10,400.00		10,400.00
Contractor	Evaluation Lead	150.00	24			x			3,600.00		3,600.00
Contractor	Data Analyst	100.00	0						-		-
Contractor	Evaluation Support	75.00	24					x	1,800.00		1,800.00
<b>Salary &amp; Contractual:</b>											
Total Estimated Internal Salary & Fringe Cost									61,194.12	21,417.94	82,612.06
Total Estimated Contractual Cost									99,000.00	-	99,000.00
	<b>Subtotal</b>								<b>160,194.12</b>	<b>21,417.94</b>	<b>181,612.06</b>
<b>Administrative Cost:</b>											

Travel											1,500.00
Supplies											0.00
Equipment											0.00
Meetings											500.00
	<b>Subtotal</b>										<b>2,000.00</b>
Other Direct Admin Cost											500.00
	<b>Subtotal</b>										<b>2,500.00</b>
<b>Indirect Cost:</b>											
Indirect Cost	10% of Internal Staff Salary Cost								6,119.41		6,119.41
	<b>Subtotal</b>								<b>6,119.41</b>		<b>6,119.41</b>
<b>Total Cost:</b>											
<b>State of Vermont YR13 Estimated Total Cost:</b>	<b>Grand Total</b>								<b>SOV YR13 Total</b>		<b>190,231.47</b>

**COST ESTIMATE FOR GLOBAL COMMITMENT TO HEALTH WAIVER EVALUATION for YEAR 14:  
January 1, 2019 – December 31, 2019**

ITEM	TITLE	RATE per HOUR	Hours	Evaluation Management	Evaluation Design and Planning (Framework, Research Questions, Hypothesis, Survey/Measure development, etc.)	Evaluation Implementation (develop tools, train staff, collect data, etc.)	Data Analysis (data cleaning, etc.)	Communication (prepare reports, communicate, etc.)	Estimated Salary and Contractual Cost	Estimated Fringe Benefits (Internal Staff)	Total Estimated Cost
Personnel/Contractual											
<b>1115 Waiver</b>											
AHS	AHS Quality Improvement Manager	45.23	104	x				x	4,703.92	1,646.37	6,350.29
AHS	Financial Director II	38.99	52					x	2,027.48	709.62	2,737.10
DMH	Quality Mgmt. Director	35.39	52			x	x	x	1,840.28	644.10	2,484.38
VDH	Director of Perf Mgt & Evaluation	39.00	52			x	x	x	2,028.00	709.80	2,737.80
DAIL	Director Policy, Planning & Analysis	46.89	52			x	x	x	2,438.28	853.40	3,291.68
DVHA	Health Care Project Director	43.04	52			x	x	x	2,238.08	783.33	3,021.41
Contractor	Project Director	200.00	104	x		x		x	20,800.00	-	20,800.00
Contractor	Evaluation Lead	150.00	52			x		x	7,800.00	-	7,800.00
Contractor	Data Analyst	100.00	52			x	x	x	5,200.00	-	5,200.00
Contractor	Evaluation	75.00	52			x		x			

	Support								3,900.00	-	3,900.00
<b>IMD</b>										-	-
AHS	AHS Quality Improvement Manager	45.23	104	x		x		x	4,703.92	1,646.37	6,350.29
AHS	Financial Director II	38.99	52			x		x	2,027.48	709.62	2,737.10
DMH	Quality Mgmt. Director	35.39	52			x	x	x	1,840.28	644.10	2,484.38
DMH	Financial Director III	40.23	52			x	x	x	2,091.96	732.19	2,824.15
VDH	Director of Perf Mgt & Evaluation	39.00	52			x	x	x	2,028.00	709.80	2,737.80
VDH	Financial Manager III	44.93	52			x	x	x	2,336.36	817.73	3,154.09
Contractor	Project Director	200.00	104	x		x		x	20,800.00		20,800.00
Contractor	Evaluation Lead	150.00	104			x	x		15,600.00		15,600.00
Contractor	Data Analyst	100.00	52				x		5,200.00		5,200.00
Contractor	Evaluation Support	75.00	52				x	x	3,900.00		3,900.00
<b>INVESTMENTS</b>										-	-
AHS	AHS Quality Improvement Manager	45.23	104	x	x	x	x	x	4,703.92	1,646.37	6,350.29
AHS	Financial Director II	38.99	104	x	x	x	x	x	4,054.96	1,419.24	5,474.20
DCF	Director of Operations	55.59	52		x	x	x	x	2,890.68	1,011.74	3,902.42

DCF	Senior Policy & Operations	42.94	52		x	x	x	x	2,232.88	781.51	3,014.39
DMH	Quality Mgmt. Director	35.39	52		x	x	x	x	1,840.28	644.10	2,484.38
DMH	Financial Director III	40.23	52		x	x	x	x	2,091.96	732.19	2,824.15
DAIL	Director Policy, Planning & Analysis	46.89	52		x	x	x	x	2,438.28	853.40	3,291.68
DAIL	Financial Director II	40.31	52		x	x	x	x	2,096.12	733.64	2,829.76
DVHA	Quality Improvement Admin	36.53	52		x	x	x	x	1,899.56	664.85	2,564.41
DVHA	Financial Director IV	50.52	52		x	x	x	x	2,627.04	919.46	3,546.50
VDH	Performance Improvement Programs	32.27	52		x	x	x	x	1,678.04	587.31	2,265.35
VDH	Financial Manager III	44.93	52		x	x	x	x	2,336.36	817.73	3,154.09
Contractor	Project Director	200.00	52	x				x	10,400.00		10,400.00
Contractor	Evaluation Lead	150.00	24			x			3,600.00		3,600.00
Contractor	Data Analyst	100.00	0						-		-
Contractor	Evaluation Support	75.00	24					x	1,800.00		1,800.00
<b>Salary &amp; Contractual:</b>											
Total Estimated Internal Salary & Fringe Cost									61,194.12	21,417.94	82,612.06
Total Estimated Contractual Cost									99,000.00	-	99,000.00
	<b>Subtotal</b>								<b>160,194.12</b>	<b>21,417.94</b>	<b>181,612.06</b>

<b>Administrative Cost:</b>											
Travel											1,500.00
Supplies											0.00
Equipment											0.00
Meetings											500.00
	<b>Subtotal</b>										<b>2,000.00</b>
Other Direct Admin Cost											500.00
	<b>Subtotal</b>										<b>2,500.00</b>
<b>Indirect Cost:</b>											
Indirect Cost	10% of Internal Staff Salary Cost								6,119.41		6,119.41
	<b>Subtotal</b>								<b>6,119.41</b>		<b>6,119.41</b>
<b>Total Cost:</b>											
<b>State of Vermont YR14 Estimated Total Cost:</b>	<b>Grand Total</b>								<b>SOV YR14 Total</b>		<b>190,231.47</b>

**COST ESTIMATE FOR GLOBAL COMMITMENT TO HEALTH WAIVER EVALUATION for YEAR 15:**  
**January 1, 2020 – December 31, 2020**

ITEM	TITLE	RATE per HOUR	Hours	Evaluation Management	Evaluation Design and Planning (Framework, Research Questions, Hypothesis, Survey/Measure development, etc.)	Evaluation Implementation (develop tools, train staff, collect data, etc.)	Data Analysis (data cleaning, etc.)	Communication (prepare reports, communicate, etc.)	Estimated Salary and Contractual Cost	Estimated Fringe Benefits (Internal Staff)	Total Estimated Cost
Personnel/Contractual											
<b>1115 Waiver</b>											
AHS	AHS Quality Improvement Manager	45.23	104	x	x			x	4,703.92	1,646.37	6,350.29
AHS	Financial Director II	38.99	52		x			x	2,027.48	709.62	2,737.10
DMH	Quality Mgmt. Director	35.39	52		x	x	x	x	1,840.28	644.10	2,484.38
VDH	Director of Perf Mgt & Evaluation	39.00	52		x	x	x	x	2,028.00	709.80	2,737.80
DAIL	Director Policy, Planning & Analysis	46.89	52		x	x	x	x	2,438.28	853.40	3,291.68
DVHA	Health Care Project Director	43.04	52		x	x	x	x	2,238.08	783.33	3,021.41
Contractor	Project Director	200.00	104	x	x	x		x	20,800.00	-	20,800.00
Contractor	Evaluation Lead	150.00	52			x		x	7,800.00	-	7,800.00
Contractor	Data Analyst	100.00	52			x	x	x	5,200.00	-	5,200.00
Contractor	Evaluation	75.00	52			x		x			

	Support								3,900.00	-	3,900.00
<b>IMD</b>										-	-
AHS	AHS Quality Improvement Manager	45.23	104	x		x		x	4,703.92	1,646.37	6,350.29
AHS	Financial Director II	38.99	52			x		x	2,027.48	709.62	2,737.10
DMH	Quality Mgmt. Director	35.39	52			x	x	x	1,840.28	644.10	2,484.38
DMH	Financial Director III	40.23	52			x	x	x	2,091.96	732.19	2,824.15
VDH	Director of Perf Mgt & Evaluation	39.00	52			x	x	x	2,028.00	709.80	2,737.80
VDH	Financial Manager III	44.93	52			x	x	x	2,336.36	817.73	3,154.09
Contractor	Project Director	200.00	104	x		x		x	20,800.00		20,800.00
Contractor	Evaluation Lead	150.00	104			x	x		15,600.00		15,600.00
Contractor	Data Analyst	100.00	52				x		5,200.00		5,200.00
Contractor	Evaluation Support	75.00	52				x	x	3,900.00		3,900.00
<b>INVESTMENTS</b>										-	-
AHS	AHS Quality Improvement Manager	45.23	104	x	x	x	x	x	4,703.92	1,646.37	6,350.29
AHS	Financial Director II	38.99	104	x	x	x	x	x	4,054.96	1,419.24	5,474.20
DCF	Director of Operations	55.59	52		x	x	x	x	2,890.68	1,011.74	3,902.42



DCF	Senior Policy & Operations	42.94	52		x	x	x	x	2,232.88	781.51	3,014.39
DMH	Quality Mgmt. Director	35.39	52		x	x	x	x	1,840.28	644.10	2,484.38
DMH	Financial Director III	40.23	52		x	x	x	x	2,091.96	732.19	2,824.15
DAIL	Director Policy, Planning & Analysis	46.89	52		x	x	x	x	2,438.28	853.40	3,291.68
DAIL	Financial Director II	40.31	52		x	x	x	x	2,096.12	733.64	2,829.76
DVHA	Quality Improvement Admin	36.53	52		x	x	x	x	1,899.56	664.85	2,564.41
DVHA	Financial Director IV	50.52	52		x	x	x	x	2,627.04	919.46	3,546.50
VDH	Performance Improvement Programs	32.27	52		x	x	x	x	1,678.04	587.31	2,265.35
VDH	Financial Manager III	44.93	52		x	x	x	x	2,336.36	817.73	3,154.09
Contractor	Project Director	200.00	52	x				x	10,400.00		10,400.00
Contractor	Evaluation Lead	150.00	24			x			3,600.00		3,600.00
Contractor	Data Analyst	100.00	0						-		-
Contractor	Evaluation Support	75.00	24					x	1,800.00		1,800.00
<b>Salary &amp; Contractual:</b>											
Total Estimated Internal Salary & Fringe Cost									61,194.12	21,417.94	82,612.06
Total Estimated Contractual Cost									99,000.00	-	99,000.00
	<b>Subtotal</b>								<b>160,194.12</b>	<b>21,417.94</b>	<b>181,612.06</b>

<b>Administrative Cost:</b>											
Travel											1,500.00
Supplies											0.00
Equipment											0.00
Meetings											500.00
	<b>Subtotal</b>										<b>2,000.00</b>
Other Direct Admin Cost											500.00
	<b>Subtotal</b>										<b>2,500.00</b>
<b>Indirect Cost:</b>											
Indirect Cost	10% of Internal Staff Salary Cost								6,119.41		6,119.41
	<b>Subtotal</b>								<b>6,119.41</b>		<b>6,119.41</b>
<b>Total Cost:</b>											
<b>State of Vermont YR15 Estimated Total Cost:</b>	<b>Grand Total</b>								<b>SOV YR15 Total</b>		<b>190,231.47</b>

**COST ESTIMATE FOR GLOBAL COMMITMENT TO HEALTH WAIVER EVALUATION for YEAR 16:**  
**January 1, 2021 – December 31, 2021**

ITEM	TITLE	RATE per HOUR	Hours	Evaluation Management	Evaluation Design and Planning (Framework, Research Questions, Hypothesis, Survey/Measure development, etc.)	Evaluation Implementation (develop tools, train staff, collect data, etc.)	Data Analysis (data cleaning, etc.)	Communication (prepare reports, communicate, etc.)	Estimated Salary and Contractual Cost	Estimated Fringe Benefits (Internal Staff)	Total Estimated Cost
Personnel/Contractual											
<b>1115 Waiver</b>											
AHS	AHS Quality Improvement Manager	45.23	104	x				x	4,703.92	1,646.37	6,350.29
AHS	Financial Director II	38.99	52					x	2,027.48	709.62	2,737.10
DMH	Quality Mgmt. Director	35.39	52			x	x	x	1,840.28	644.10	2,484.38
VDH	Director of Perf Mgt & Evaluation	39.00	52			x	x	x	2,028.00	709.80	2,737.80
DAIL	Director Policy, Planning & Analysis	46.89	52			x	x	x	2,438.28	853.40	3,291.68
DVHA	Health Care Project Director	43.04	52			x	x	x	2,238.08	783.33	3,021.41
Contractor	Project Director	200.00	104	x		x		x	20,800.00	-	20,800.00
Contractor	Evaluation Lead	150.00	52			x		x	7,800.00	-	7,800.00
Contractor	Data Analyst	100.00	52			x	x	x	5,200.00	-	5,200.00
Contractor	Evaluation	75.00	52			x		x			

	Support								3,900.00	-	3,900.00
<b>IMD</b>										-	-
AHS	AHS Quality Improvement Manager	45.23	104	x		x		x	4,703.92	1,646.37	6,350.29
AHS	Financial Director II	38.99	52			x		x	2,027.48	709.62	2,737.10
DMH	Quality Mgmt. Director	35.39	52			x	x	x	1,840.28	644.10	2,484.38
DMH	Financial Director III	40.23	52			x	x	x	2,091.96	732.19	2,824.15
VDH	Director of Perf Mgt & Evaluation	39.00	52			x	x	x	2,028.00	709.80	2,737.80
VDH	Financial Manager III	44.93	52			x	x	x	2,336.36	817.73	3,154.09
Contractor	Project Director	200.00	104	x		x		x	20,800.00		20,800.00
Contractor	Evaluation Lead	150.00	104			x	x		15,600.00		15,600.00
Contractor	Data Analyst	100.00	52				x		5,200.00		5,200.00
Contractor	Evaluation Support	75.00	52				x	x	3,900.00		3,900.00
<b>INVESTMENTS</b>										-	-
AHS	AHS Quality Improvement Manager	45.23	104	x	x	x	x	x	4,703.92	1,646.37	6,350.29
AHS	Financial Director II	38.99	104	x	x	x		x	4,054.96	1,419.24	5,474.20
DCF	Director of Operations	55.59	52		x	x	x	x	2,890.68	1,011.74	3,902.42

DCF	Senior Policy & Operations	42.94	52		x	x	x	x	2,232.88	781.51	3,014.39
DMH	Quality Mgmt. Director	35.39	52		x	x	x	x	1,840.28	644.10	2,484.38
DMH	Financial Director III	40.23	52		x	x	x	x	2,091.96	732.19	2,824.15
DAIL	Director Policy, Planning & Analysis	46.89	52		x	x	x	x	2,438.28	853.40	3,291.68
DAIL	Financial Director II	40.31	52		x	x	x	x	2,096.12	733.64	2,829.76
DVHA	Quality Improvement Admin	36.53	52		x	x	x	x	1,899.56	664.85	2,564.41
DVHA	Financial Director IV	50.52	52		x	x	x	x	2,627.04	919.46	3,546.50
VDH	Performance Improvement Programs	32.27	52		x	x	x	x	1,678.04	587.31	2,265.35
VDH	Financial Manager III	44.93	52		x	x	x	x	2,336.36	817.73	3,154.09
Contractor	Project Director	200.00	52	x				x	10,400.00		10,400.00
Contractor	Evaluation Lead	150.00	24			x			3,600.00		3,600.00
Contractor	Data Analyst	100.00	0						-		-
Contractor	Evaluation Support	75.00	24					x	1,800.00		1,800.00
<b>Salary &amp; Contractual:</b>											
Total Estimated Internal Salary & Fringe Cost									61,194.12	21,417.94	82,612.06
Total Estimated Contractual Cost									99,000.00	-	99,000.00
	<b>Subtotal</b>								<b>160,194.12</b>	<b>21,417.94</b>	<b>181,612.06</b>

<b>Administrative Cost:</b>											
Travel											1,500.00
Supplies											0.00
Equipment											0.00
Meetings											500.00
	<b>Subtotal</b>										<b>2,000.00</b>
Other Direct Admin Cost											500.00
	<b>Subtotal</b>										<b>2,500.00</b>
<b>Indirect Cost:</b>											
Indirect Cost	10% of Internal Staff Salary Cost								6,119.41		6,119.41
	<b>Subtotal</b>								<b>6,119.41</b>		<b>6,119.41</b>
<b>Total Cost:</b>											
<b>State of Vermont YR16 Estimated Total Cost:</b>	<b>Grand Total</b>								<b>SOV YR16 Total</b>		<b>190,231.47</b>

**COST ESTIMATE FOR GLOBAL COMMITMENT TO HEALTH WAIVER EVALUATION for Post Demo: January 1, 2022 – September 30, 2022**

ITEM	TITLE	RATE per HOUR	Hours	Evaluation Management	Evaluation Design and Planning (Framework, Research Questions, Hypothesis, Survey/Measure development, etc.)	Evaluation Implementation (develop tools, train staff, collect data, etc.)	Data Analysis (data cleaning, etc.)	Communication (prepare reports, communicate, etc.)	Estimated Salary and Contractual Cost	Estimated Fringe Benefits (Internal Staff)	Total Estimated Cost
Personnel/Contractual											
<b>1115 Waiver</b>											
AHS	AHS Quality Improvement Manager	45.23	78	x				x	3,527.94	1,234.78	4,762.72
AHS	Financial Director II	38.99	39					x	1,520.61	532.21	2,052.82
DMH	Quality Mgmt. Director	35.39	39				x	x	1,380.21	483.07	1,863.28
VDH	Director of Perf Mgt & Evaluation	39.00	39				x	x	1,521.00	532.35	2,053.35
DAIL	Director Policy, Planning & Analysis	46.89	39				x	x	1,828.71	640.05	2,468.76
DVHA	Health Care Project Director	43.04	39				x	x	1,678.56	587.50	2,266.06
Contractor	Project Director	200.00	78	x				x	15,600.00	-	15,600.00
Contractor	Evaluation Lead	150.00	39					x	5,850.00	-	5,850.00
Contractor	Data Analyst	100.00	39				x	x	3,900.00	-	3,900.00
Contractor	Evaluation	75.00	39					x			

	Support								2,925.00	-	2,925.00
<b>IMD</b>										-	-
AHS	AHS Quality Improvement Manager	45.23	78	x				x	3,527.94	1,234.78	4,762.72
AHS	Financial Director II	38.99	39					x	1,520.61	532.21	2,052.82
DMH	Quality Mgmt. Director	35.39	39				x	x	1,380.21	483.07	1,863.28
DMH	Financial Director III	40.23	39				x	x	1,568.97	549.14	2,118.11
VDH	Director of Perf Mgt & Evaluation	39.00	39				x	x	1,521.00	532.35	2,053.35
VDH	Financial Manager III	44.93	39				x	x	1,752.27	613.29	2,365.56
Contractor	Project Director	200.00	78	x				x	15,600.00		15,600.00
Contractor	Evaluation Lead	150.00	78				x		11,700.00		11,700.00
Contractor	Data Analyst	100.00	39				x		3,900.00		3,900.00
Contractor	Evaluation Support	75.00	39				x	x	2,925.00		2,925.00
<b>INVESTMENTS</b>										-	-
AHS	AHS Quality Improvement Manager	45.23	78	x			x	x	3,527.94	1,234.78	4,762.72
AHS	Financial Director II	38.99	78	x				x	3,041.22	1,064.43	4,105.65
DCF	Director of Operations	55.59	39				x	x	2,168.01	758.80	2,926.81



DCF	Senior Policy & Operations	42.94	39				x	x	1,674.66	586.13	2,260.79
DMH	Quality Mgmt. Director	35.39	39				x	x	1,380.21	483.07	1,863.28
DMH	Financial Director III	40.23	39				x	x	1,568.97	549.14	2,118.11
DAIL	Director Policy, Planning & Analysis	46.89	39				x	x	1,828.71	640.05	2,468.76
DAIL	Financial Director II	40.31	39				x	x	1,572.09	550.23	2,122.32
DVHA	Quality Improvement Admin	36.53	39				x	x	1,424.67	498.63	1,923.30
DVHA	Financial Director IV	50.52	39				x	x	1,970.28	689.60	2,659.88
VDH	Performance Improvement Programs	32.27	39				x	x	1,258.53	440.49	1,699.02
VDH	Financial Manager III	44.93	39				x	x	1,752.27	613.29	2,365.56
Contractor	Project Director	200.00	39	x				x	7,800.00		7,800.00
Contractor	Evaluation Lead	150.00	18				x		2,700.00		2,700.00
Contractor	Data Analyst	100.00	0						-		-
Contractor	Evaluation Support	75.00	18					x	1,350.00		1,350.00
<b>Salary &amp; Contractual:</b>											
Total Estimated Internal Salary & Fringe Cost									45,895.59	16,063.46	61,959.05
Total Estimated Contractual Cost									74,250.00	-	74,250.00
	<b>Subtotal</b>								<b>120,145.59</b>	<b>16,063.46</b>	<b>136,209.05</b>

<b>Administrative Cost:</b>											
Travel											1,500.00
Supplies											0.00
Equipment											0.00
Meetings											500.00
	<b>Subtotal</b>										<b>2,000.00</b>
Other Direct Admin Cost											500.00
	<b>Subtotal</b>										<b>2,500.00</b>
<b>Indirect Cost:</b>											
Indirect Cost	10% of Internal Staff Salary Cost								4,589.56		4,589.56
	<b>Subtotal</b>								<b>4,589.56</b>		<b>4,589.56</b>
<b>Total Cost:</b>											
<b>State of Vermont Post Demo Estimated Total Cost:</b>	<b>Grand Total</b>								<b>SOV Post Demo Total</b>		<b>143,298.61</b>

**ATTACHMENT L**  
**DSHP Claiming Protocol [RESERVED]**

**ATTACHMENT M**  
**Investment Claiming Protocol [RESERVED]**

## ATTACHMENT N

### SUD Implementation Protocol

#### Introduction

The overall goal of this amendment request is to maintain and enhance the flexibility and availability of opioid use disorder (OUD), substance use disorder (SUD), and mental health treatment supports under the Global Commitment to Health Demonstration, and to promote a comprehensive and integrated continuum of mental and physical health, OUD/SUD treatment, and long-term services and supports for all Vermonters receiving Medicaid services.

Vermont recognizes that a continuum of services and evidence-based practices include attention to co-occurring mental health disorders and to the physical health impacts of OUD/SUD for persons seeking treatment and recovery services. Vermont intends to build a fully integrated physical health, mental health, OUD/SUD and recovery support continuum. To support this goal, Vermont seeks continued flexible federal funding for residential treatment programs, and in how the American Society of Addiction Medicine (ASAM) and other evidence-based criteria are applied to triage plans of care for persons struggling with addictions and co-occurring mental health and physical health conditions. This triage includes identifying the settings best suited to serve those enrollees with OUD/SUD and co-occurring conditions. For example, in some cases immediate access and treatment in a residential setting is the best course of treatment, while for others immediate stabilization of a psychiatric crisis or medically managed withdrawal, in a general hospital or specialized inpatient facility, followed by intensive addiction treatment may be clinically warranted. Under the SUD demonstration opportunity, only stays in IMDs for which SUD treatment is the primary purpose of treatment are allowed.

The goals of Vermont's section 1115 demonstration are fully aligned with CMS OUD/SUD demonstration goals, as illustrated in Exhibit A below.

#### *Exhibit A – Shared Demonstration Goals*

Global Commitment to Health Goals	OUD/SUD Amendment Goals
To increase access to care	• Increase rates of identification, initiation, and engagement in treatment
	• Improve access to care for physical health conditions among beneficiaries
To improve the quality of care	• Increase adherence to and retention in treatment
	• Reduce overdose deaths, particularly those due to opioids
To contain health care cost	• Reduce utilization of emergency departments and inpatient hospital settings for treatment where the utilization is preventable or medically inappropriate through improved access to other continuum of care services

<b>To eliminate institutional bias</b>	<ul style="list-style-type: none"> <li>• Reduce readmissions to the same or higher level of care where the readmission is preventable or medically inappropriate</li> </ul>
--	---

### **Milestones**

Vermont has initiated programs or met many of the milestones identified by CMS through innovation under the Medicaid State Plan and the Global Commitment to Health Demonstration, however, the State intends to enhance its efforts to include new initiatives and delivery system reforms. Specifically, new initiatives under development include:

- Implementation of value-based purchasing in alignment with the All-Payer Model Agreement to support access.
- Development of a centralized triage, intake, and call center for persons seeking OUD/SUD services.
- Improvement of discharge planning and transitions between care settings.

### **1. Access to Critical Levels of Care for OUD and Other SUDs**

Vermont's OUD/SUD system follows the ASAM Level of Care guidelines and consists of the full spectrum of services, as outlined in Exhibit B beginning below. All OUD/SUD providers must be licensed and enrolled Medicaid Providers, including meeting additional State certification standards for OUD/SUD treatment.

#### ***Exhibit B – ASAM Treatment Levels, Providers and Medicaid Availability***

<b>ASAM Level of Care</b>	<b>Brief Description</b>	<b>Provider</b>	<b>Existing Medicaid Service (Y/N)</b>
<b>0.5 Early Intervention</b>	<ul style="list-style-type: none"> <li>• Screening, Brief Intervention and Referral for Treatment (SBIRT)</li> </ul>	ER, PCP, Health Clinics, Student Health Center	Y
<b>1 Outpatient Services</b>	<ul style="list-style-type: none"> <li>• Adult: Less than 9 hours of services per week</li> <li>• Youth: Less than 6 hours of services per week</li> <li>• Individual, Family, and Group Counseling Case Management</li> </ul>	Outpatient Clinics	Y
<b>2.1 Intensive Outpatient Services</b>	<ul style="list-style-type: none"> <li>• Adult: 9 or more hours of services per week</li> <li>• Youth: 6 or more hours of services per week to treat multi-dimensional instability</li> <li>• Bundled rate includes case management</li> </ul>	Outpatient Clinics	Y

<b>ASAM Level of Care</b>	<b>Brief Description</b>	<b>Provider</b>	<b>Existing Medicaid Service (Y/N)</b>
<b>2.5 Partial Hospitalization Day Treatment Psychosocial Rehabilitation Services</b>	<ul style="list-style-type: none"> <li>• 20 hours or more per week</li> <li>• Clinically intensive programming</li> <li>• Direct access to psychiatric, medical and lab services</li> </ul>	Outpatient Clinics	Y (co-occurring only, MH diagnosis)
<b>3.1 Clinically Managed Low- Intensity Residential Services</b>	<ul style="list-style-type: none"> <li>• 24-hour structure, at least 5 hours of clinical service/week</li> </ul>	Residential Providers	Y
<b>3.3 Clinically Managed Population- Specific, High- Intensity Residential Services</b>	<ul style="list-style-type: none"> <li>• 24-hour structure, high-intensity clinical services</li> <li>• Less intense milieu</li> <li>• Group treatment for those with cognitive or other impairments</li> </ul>	Residential Providers (IMD)	Pending Continued 1115 Authority
<b>3.5 Clinically Managed High- Intensity Residential Services</b>	<ul style="list-style-type: none"> <li>• 24-hour care, high-intensity services for persons who cannot be treated in less intensive levels</li> <li>• To stabilize multi-dimensional needs and/or safety issues</li> </ul>	Residential Providers (IMD)	Pending Continued 1115 Authority
<b>3.7 Medically Monitored Intensive Inpatient Services</b>	<ul style="list-style-type: none"> <li>• 24-hour nursing care with physician availability for significant problems in Dimensions 1, 2 or 3</li> <li>• 16 hour/day counselor availability</li> </ul>	Residential Providers (IMD)	Y
<b>4 Medically Managed Intensive Inpatient</b>	<ul style="list-style-type: none"> <li>• 24-hour nursing care and daily physician care for severe unstable problems in Dimensions 1, 2 or 3</li> <li>• Counseling available to engage patient in treatment (detox only)</li> </ul>	Psychiatric Hospital (IMD)	Pending Continued 1115 Authority
<b>Opioid Treatment Program</b>	<ul style="list-style-type: none"> <li>• Daily or several times weekly opioid agonist medication and counseling to maintain multidimensional stability for those with severe opioid use</li> </ul>	Specialized Health Homes (Hub & Spoke)	Y
<b>Withdrawal Management (WM)</b>	<ul style="list-style-type: none"> <li>• Levels 1 – 4</li> </ul>	Specialized Health Homes (Hub & Spoke)	Y, Pending Continued 1115

ASAM Level of Care	Brief Description	Provider	Existing Medicaid Service (Y/N)
		Spoke), Hospitals, Residential providers (IMD)	Authority for Higher Levels

Level of Care: 0.5 Early Intervention

**Current State:**

Screening Brief Intervention and Referral for Treatment: Vermont is in year five of a SAMHSA grant to promulgate Screening, Brief Intervention and Referral for Treatment (SBIRT) throughout Vermont. SBIRT services are intended to identify individuals with risky alcohol and drug behavior and provide a brief intervention or a referral to treatment, if necessary. Throughout the life of the grant, SBIRT has provided services to emergency rooms, free health clinics, primary care offices and a student health clinic across the State. ADAP is working with providers and other State partners to sustain and expand the availability of SBIRT services under the Global Commitment to Health Demonstration.

Public Inebriate/Crisis Intervention: The Public Inebriate (PI) Program is a crisis intervention program for individuals under the influence. The Vermont Public Inebriate Program screens and determines appropriate placement for individuals meeting criteria for incapacitation, due to either intoxication or withdrawal from alcohol or other drugs. Presently there is screening capacity in all counties with one provider covering two counties. In addition to this screening capacity, there are 19-20 “diversion” beds located in several areas across the state designed as alternatives to confined placements. ADAP continues to work to assure a safe and effective response to address the need for additional community inebriate services and coordinated community-level collaborations between public inebriate programs, emergency departments, law enforcement and the Department of Corrections.

**Future State:**

No changes are expected at this ASAM level of care.

**Summary of Actions Needed:**

- None

Level of Care: 1.0 Outpatient Services

**Current State:**

Vermont Global Commitment to Health Demonstration  
Approval Period: January 1, 2017 through December 31, 2021  
Amended: June 6, 2018



Outpatient Treatment: Medicaid-enrolled providers currently provide outpatient services to Vermonters throughout each region of the State. Outpatient programs include individual, group and family counseling and provide services specific to elders, adolescents, youth, men and women.

**Future State:**

No changes are expected at this ASAM level of care.

**Summary of Actions Needed:**

- None

Level of Care: 2.1 Intensive Outpatient Services

**Current State:**

Intensive Outpatient Treatment: ADAP-Certified, Medicaid-enrolled providers offer intensive outpatient (IOP) services to Vermonters throughout each region the State. IOP programs offer nine to 19 hours of treatment activities per week. These activities consist of a combination of case management, individual, group, and/or family therapy sessions.

**Future State:**

No changes are expected at this ASAM level of care.

**Summary of Actions Needed:**

- None

Level of Care: 2.5 Partial Hospitalization

**Current State:**

Partial Hospitalization: Partial hospitalization is provided to individuals with co-occurring mental health and substance use disorder diagnoses, with the primary diagnosis being mental health.

**Future State:**

No changes are expected at this ASAM level of care.

**Summary of Actions Needed:**

- None

#### Level of Care: 3.1 Clinically Managed Low-Intensity Residential Services

##### **Current State:**

*Clinically Managed Low-Intensity Residential Care:* Vermont funds a 10-bed, low-intensity 3.1 ASAM level residential program in the central part of the state. This program is a step down from a 3.5 ASAM-level program in the same county. Individuals with higher needs can attend the treatment programming and receive MAT at the 3.5-level program. Transportation is provided to individuals between the two facilities.

##### **Future State:**

No changes are expected at this ASAM level of care.

##### **Summary of Actions Needed:**

- None

#### Level of Care: 3.3 Clinically Managed, Population-Specific High-Intensity Residential Services

#### Level of Care: 3.5 Clinically Managed, High-Intensity Residential Services

##### **Current State:**

*Clinically Managed, High-Intensity Residential Care:* Vermont supports several residential programs to provide clinically managed, high-intensity residential services as well as withdrawal management services. This includes women-only, co-ed and specialized programs for adolescents and one for pregnant women and mothers with children under the age of five. These programs have access to psychiatric and mental health professionals for consultation and can provide care for individuals with co-occurring needs. All of Vermont's residential programs are required to provide access to medication-assisted treatment (MAT) services as clinically necessary.

##### **Future State:**

No changes are expected at this ASAM level of care.

##### **Summary of Actions Needed:**

- None

#### Level of Care: 3.7 Medically Monitored Intensive Inpatient Services

**Current State:**

Medically Monitored Intensive Inpatient Care: Vermont offers residential programming for adults that provides medically monitored intensive inpatient services. This program has on-site psychiatric services and provides care to individuals with a wide range of co-occurring conditions, including MAT.

**Future State:**

No changes are expected at this ASAM level of care.

**Summary of Actions Needed:**

- None

Level of Care: 4.0 Medically Managed Intensive Inpatient

**Current State:**

Medically Managed Intensive Inpatient Care: Vermont funds inpatient services at a specialized psychiatric facility for detoxification. This program is also available to treat persons with co-occurring mental health and psychiatric conditions. Once an individual has completed the detoxification they are transferred to an appropriate level of care, typically a community residential program or Specialized Health Home (Hub).

**Future State:**

No changes are expected at this ASAM level of care.

**Summary of Actions Needed:**

- None

Level of Care: Opiate Treatment Program

**Current State:**

Opioid Treatment (Hub and Spoke Program): Vermont developed the first-in-the-nation Specialized Health Home focused on expanding evidence-based MAT for OUD, known as the Hub and Spoke Program. Vermont's Hub and Spoke Program has garnered national attention for its effective, responsive, and comprehensive approach to providing MAT. Vermont accomplishes this through the integration of opioid treatment programs (OTPs), providing higher levels of care (Hubs) with primary care, obstetrics-gynecology, outpatient addiction treatment, and pain management practices (spokes) providing office-based opioid treatment (OBOTs). Regional Hubs offer medication, counseling, case management and health home services to complex

patients. Spokes provide care to individuals who have less complex needs and they provide medication, counseling, case management and health home services.

Hubs offer medication, counseling, case management, and health home services to complex patients. Spokes provide care to individuals who have either been stabilized at a Regional Hub or whose needs do not require the intensity of services offered by the Regional Hubs. Spoke staff, supported by enhanced care coordination through the Blueprint for Health Community Health Teams and local Recovery Support services, assure essential clinical and counseling support services are provided.

Vermont uses a 21-item checklist (Treatment Needs Questionnaire) to help determine whether a Hub or Spoke setting would be most appropriate for new beneficiaries seeking MAT. In order to determine the need for additional hub and/or spoke services, ADAP, in partnership with the Department of Vermont Health Access (DVHA), monitors the regional utilization of Hub services of Medicaid eligible individuals utilizing the Medicaid transportation benefit as well as capacity and wait time reports from Hubs.

**Future State:**

No changes are expected at this ASAM level of care.

**Summary of Actions Needed**

- None

Level of Care: Withdrawal Management

**Current State:**

Withdrawal Management: Withdrawal management is available at several settings throughout Vermont depending on the medical needs of the individual. ADAP certifies two residential programs in three locations and a social detoxification program to provide higher-intensity withdrawal management services. In addition, hospitals throughout Vermont provide withdrawal management services for individuals who need the full services of a hospital. For individuals whose needs are less intense, withdrawal management services are available through the Hub and Spoke system, which includes health home services.

**Future State:**

No changes are expected at this ASAM level of care.

**Summary of Actions Needed:**

- None

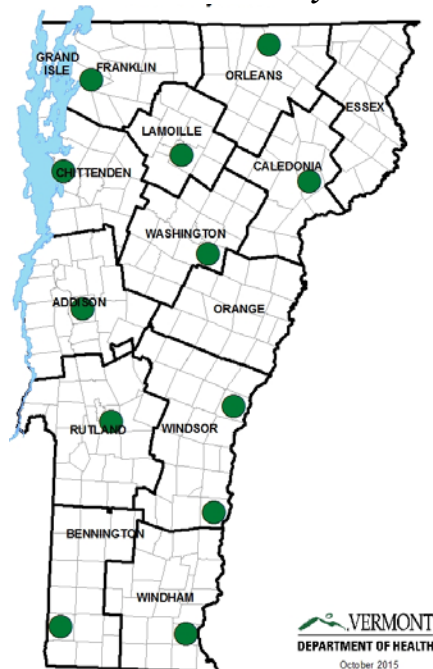
### Recovery Support Services

Recovery Support services in Vermont focus on the following: helping people find, maintain, and enhance their recovery experience through peer support, sober recreation, and educational opportunities. This includes both 12 Recovery Centers located throughout Vermont and the centralized Vermont Recovery Network.

Recovery Centers provide non-clinical services that assist with establishing community connections that lead to employment, housing, and other social supports in a safe, drug- and alcohol-free environment. Recovery Centers are committed to supporting a person's efforts in preventing relapse and, should relapse occur, in quickly returning to recovery. Individual services revolve around the support from the Peer Recovery Coach, an individual in active recovery from substance use disorder who has received Peer Recovery Coach training. The Recovery Centers also offer several groups to support recovery, such as:

- Evidence-Based Practice (EBP) groups
  - Making Recovery Easier
  - Seeking Safety
  - Wellness Recovery Action Planning (WRAP)
- Community Groups
  - Yoga, Meditation, Acupuncture
  - Age-specific recovery groups
  - Ongoing 12 Step meetings

### ***Exhibit C – Recovery Center Locations (2015)***



### Recovery Housing

Vermont Global Commitment to Health Demonstration  
Approval Period: January 1, 2017 through December 31, 2021  
Amended: June 6, 2018

Recovery Housing is provided to Vermonters through several transitional housing providers, some connected to a Recovery Center and some independent organizations. ADAP has recently begun a new partnership with the Vermont Foundations of Recovery to add new sober transitional housing beds. These programs offer supports to connect individuals to appropriate community social services and ongoing treatment and recovery resources such as individualized planning and general case management.

## **2. Use of Evidence-Based SUD-Specific Patient Placement Criteria**

### **Patient Assessment**

#### **Current State:**

Vermont relies on evidence-based practices and clinical practice guidelines for all aspects of provider development, treatment authorization and recovery. The need for treatment often starts with a screening at one of the specialized providers, community partners, or primary care practices. Vermont promotes integrated screening for co-occurring substance use disorders and for co-occurring mental health issues.

All of Vermont's certified OUD/SUD providers (Preferred Providers) are required to use evidence-based screening tools, perform a comprehensive assessment which includes elements specified by the State, and utilize ASAM criteria to determine level of care. All State requirements are outlined in *Vermont's Preferred Provider Substance Use Disorder Treatment Standards*. All Preferred Providers have grant agreements with the State outlining their expectations including compliance with the *Preferred Provider Substance Use Disorder Treatment Standards* (Standards). Assessments include age appropriate elements, such as, but not limited to: mental health status; OUD/SUD history; physical health status; medications; allergies; living arrangements; family and interpersonal history; social support needs; criminal justice involvement; school history; cultural and spiritual preferences; trauma history; participant strengths, goals and priorities; caregiver status; education; and employment. The Standards require that the assessment process results in a written and dated document that includes diagnosis, co-occurring disorders, treatment recommendations, and the risk ratings across the ASAM Criteria.

For Preferred Providers to maintain specialty OUD/SUD provider certification in Vermont, they must pass compliance and quality audits conducted by ADAP. These audits are performed every one to three years on all Preferred Providers and are focused on compliance with standardized screening tools, comprehensive assessments, ASAM Levels of Care and evidence-based treatment standards which are verified through client record reviews and agency documentation. The period between audits is determined by the audit results.

Vermont inpatient detoxification and residential levels of care are designated as short-term acute care for the purpose of stabilizing an individual, so they can successfully transition to clinically appropriate lower levels of care.

ADAP has organized its oversight and management of the Preferred Providers into regions of the State where an individual on the Clinical Services Team is responsible for oversight of all of the Preferred Providers, including residential levels of care, in each region. These individuals, known as Regional Managers, participate in the provider certification process with the compliance team and are included in the compliance and quality audits.

The Regional Managers also provide oversight and technical assistance throughout each certification period, between audits, with at least yearly on-site visits and ongoing communication regarding the areas of opportunity identified by audits as well as Statewide and regionally identified areas for performance or practice improvement.

#### **Future State:**

ADAP has developed a new scoring tool to determine a Preferred Provider's compliance and certification status. The Compliance Assessment Tool (Tool) is a weighted scoring tool to align with the Preferred Provider Standards. The Tool includes separate sections according to the program's ASAM Level of Care and is currently being piloted, with one provider audit completed using the Tool. Accompanying this Tool will be a compliance guide which will outline the scoring of the Tool. The score will determine the provider's compliance status ("full" or "provisional") and will help inform the length of the time before the subsequent review. The implementation of this Tool is more transparent and objective than the auditing process used in the past, which was subject to error and bias, and was not flexible to address the ASAM Levels of Care.

#### **Summary of Actions Needed:**

The Standards are under internal review and will be finalized by the ADAP Quality Unit for implementation by May 1, 2018. ADAP's Clinical Unit and Quality Unit will certify four residential providers using the Compliance Assessment Tool through January 2019.

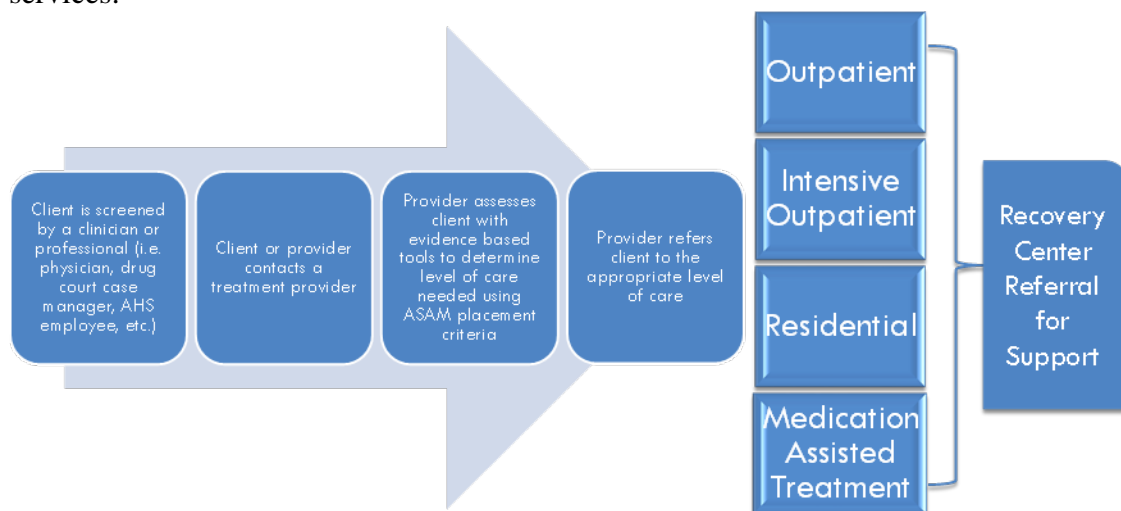
<b>Action</b>	<b>Date</b>	<b>Responsible</b>
Finalize Substance Use Disorder Treatment Standards	May 1, 2018	Director of Quality Management and Compliance
Update Compliance Assessment Tool with Revised Substance Use Disorder Treatment Standards and all Residential ASAM Criteria	May 15, 2018	Director of Quality Management and Compliance
Use the Compliance Assessment Tool to Certify ASAM Level 3.5 Level of Care Provider (Valley Vista Vergennes)	June 30, 2018	Director of Clinical Services; Director of Quality Management and Compliance
Use the Compliance Assessment Tool to Certify ASAM Level 3.5 Level of Care Provider (Valley Vista Bradford)	September 30, 2018	Director of Clinical Services; Director of Quality Management and Compliance

Implement the Compliance Assessment Tool with Seven Providers	Monthly - December 2018	Director of Clinical Services; Director of Quality Management and Compliance
Use of the Compliance Assessment Tool to Certify ASAM Level 3.3 Level of Care Provider (Recovery House)	December 2018	Director of Clinical Services; Director of Quality Management and Compliance
Use of the Compliance Assessment Tool to Certify ASAM Level 3.2-WM Level of Care Provider (Act 1/Bridge)	January 31, 2019	Director of Clinical Services; Director of Quality Management and Compliance

### Utilization Management

#### **Current State:**

Vermont currently ensures that individuals are appropriately placed in residential programs and inpatient detoxification through the process of concurrent review and prior authorization. Residential programs are required to screen and assess appropriateness of admission. All programs utilize the Addiction Severity Index (ASI) multi-dimensional assessment tool. Within 24 hours or next business day of admission the Medicaid Utilization Management (UM) unit is notified. By the end of the fifth day the residential programs send the ASI results and other clinical information to the UM team for concurrent review and authorization. The UM team use the nationally recognized McKesson Interqual® decision support tool to determine continued authorization. Exhibit II-8 provides an overview of Vermont's process for accessing treatment services.



#### **Future State:**

Vermont is developing a value-based payment model for residential programs to align with its All-Payer Model Agreement with CMS. The goal of this value-based design is to incentivize successful transitions of care, improve outcomes, and reduce costs. The value-based payment and enhanced support model is targeted for implementation in 2018.



The value-based payment model Vermont is pursuing is a case rate-like payment methodology. This methodology will reimburse residential care providers a specific per-admission rate for an individual's care for the entire length of the residential stay, as opposed to a per-day rate, as in the current fee for service per diem, per-person payment model. Paying a per-admission case-like rate instead of a per-day rate will disincentivize residential providers from keeping individuals longer than is clinically appropriate as there is no additional reimbursement based on the increase in number of days the individual is in care.

The new case rate-like methodology will result in a differential case rate such that admissions for individuals with more complex care needs will be reimbursed at a higher rate than an admission for an individual with less complex care needs. The methodology considers a number of clinical and social determinates of health (such as withdrawal potential, medical and mental health co-morbidities) that incentivize providers to admit individuals who most closely match the dimensional criteria for admission to the residential level of care based on the ASAM Criteria (i.e. those with higher care needs). The methodology further disincentivizes the admission of individuals who are less aligned with the dimensional criteria for admission to residential level of care (i.e. those with lesser care needs), thereby helping to ensure only those individuals who clinically need access to residential care are served there.

The methodology will complement the already existing expectations that residential providers utilize the ASAM criteria to determine level of care needs and recommended treatment placement by aligning the reimbursement methodology's inherent (dis)incentives with the dimensional assessment of ASAM. The providers' compliance with the utilization of ASAM criteria will be monitored through the compliance and quality audits as well as the ADAP Regional Management Approach described in the next paragraph.

ADAP has organized their oversight and management of the Preferred Providers into regions of the State where an individual on the Clinical Services Team is responsible for oversight of all the Preferred Providers, including residential levels of care, in each region. These individuals, known as Regional Managers, participate in the provider certification process with the compliance team and are included in the compliance and quality audits and, as a part of this process, complete chart reviews.

Regional Managers also provide oversight and technical assistance throughout each certification period, between audits, with at least yearly on-site visits and ongoing communication regarding the areas of opportunity identified by audits as well as Statewide and regionally identified areas for performance or practice improvement. These Regional Managers will perform periodic chart reviews, outside the audit cycles, to review for and provide any needed technical assistance regarding the clinically appropriate utilization of residential level of care. To further ensure the appropriate utilization of residential care services, the State will explore performance measures such as readmission rates to the same or higher levels of care, initiation and engagement in treatment, and treatment length of stay. These performance metrics will be shared with the providers by the Regional Managers and technical assistance will be provided if indicated.

### **Summary of Actions Needed:**

Vermont is currently working collaboratively with the Payment Reform Team at the Department of Vermont Health Access to develop the case rate-like methodology.

<b>Action</b>	<b>Date</b>	<b>Responsible</b>
Develop the criteria for the differential case rate	Completed April 2018	ADAP Director of Clinical Services
Model the methodology using the identified criteria for the Vermont team to review	April 25, 2018	Payment Reform Team
Work with financial colleagues to finalize budget and rate decisions for the model	May 9, 2018	Payment Reform Team, ADAP Director of Clinical Services, VDH Business Office
Residential providers to provide feedback	May 16, 2018	ADAP Director of Clinical Services
Work with the Medicaid fiscal agent to identify and complete the necessary systems changes required for the Medicaid billing system	October 1, 2018	ADAP Director of Clinical Services, Payment Reform Team, DXC (Fiscal Agent)
Work with the residential providers to provide technical assistance and education around the necessary billing changes	October 1, 2018	ADAP Clinical Team
Regional Managers will partner with the compliance and quality team to determine the appropriate frequency with which the Regional Managers will perform the between audit chart reviews	October 1, 2018	ADAP Clinical Team and ADAP Quality Team

### **3. Use of Nationally Recognized SUD-specific Program Standards to Set Provider Qualifications for Residential Treatment Facilities**

#### **Current State:**

Vermont's new certification process, as indicated above, also includes the certification of residential programs to be designated at an ASAM level of care. Residential providers can receive reimbursement from Vermont Medicaid through grant agreements with the Vermont Department of Health's Division of Alcohol and Drug Abuse Programs (ADAP). These grant agreements outline the expectations including compliance with the *Preferred Provider Substance Use Disorder Treatment Standards* (Standards). The Standards outline the specific requirements for a provider to receive certification at an ASAM level 3.1, 3.3, 3.5 or 3.7. These requirements include performance expectations, operations (including hours of operations), staffing, human resources, quality improvement, policies and procedures, intensity of services, discharge planning and billing.

Each provider is audited by the State on a regular schedule to ensure compliance with these requirements. The State utilizes an audit tool with a score for each element along with weighted elements. Final scores determine a full certification or limited certification with corrective action plan. The amount of time between audits is determined by the final score.

### **Future State:**

ADAP has developed a new scoring tool to determine a Preferred Provider's compliance and certification status. The Compliance Assessment Tool (Tool) is a weighted scoring tool to align with the Standards. The Tool includes separate sections according to the program's ASAM Level of Care and is currently being piloted, with one provider audit completed using the Tool. Accompanying this Tool will be a compliance guide which will outline the scoring of the Tool. The score will determine the provider's compliance status ("full" or "provisional") and will help inform the length of the time before the subsequent review. The implementation of this Tool is more transparent and objective than the auditing process used in the past, which was subject to error and bias, and was not flexible to address the ASAM Levels of Care. (Note tabs at bottom of spreadsheet) The Tool will include separate sections according to the program's ASAM Level of Care.

All of Vermont's residential programs at ASAM level 3.3 or higher offer medication-assisted treatment (MAT) on site. The current grant agreements, expiring June 30, 2018 do not specifically require the residential programs to offer MAT. The new grant agreements beginning July 1, 2018 will clearly require the residential programs to offer MAT in order to receive certification as a Preferred Provider thus allowing them to be reimbursed by Vermont Medicaid.

### **Summary of Actions Needed:**

The *Preferred Provider Substance Use Disorder Treatment Standards* are under internal review and will be finalized by the ADAP Quality Unit for implementation by May 1, 2018. ADAP's Clinical Unit and Quality Unit will certify four residential providers using the Compliance Assessment Tool through January 2019.

<b>Action</b>	<b>Date</b>	<b>Responsible</b>
Finalize Substance Use Disorder Treatment Standards	May 1, 2018	Director of Quality Management and Compliance
Update Compliance Assessment Tool with revised Substance Use Disorder Treatment Standards and all residential ASAM criteria	May 15, 2018	Director of Quality Management and Compliance
Use the Compliance Assessment Tool to certify ASAM Level 3.5 Level of Care provider (Valley Vista Vergennes)	June 30, 2018	Director of Clinical Services; Director of Quality Management and Compliance

Use the Compliance Assessment Tool to certify ASAM Level 3.5 Level of Care provider (Valley Vista Bradford)	September 30, 2018	Director of Clinical Services; Director of Quality Management and Compliance
Implement the Compliance Assessment Tool with seven providers	Monthly through December 2018	Director of Clinical Services; Director of Quality Management and Compliance
Use of the Compliance Assessment Tool to certify ASAM Level 3.3 Level of Care Provider (Recovery House)	December 2018	Director of Clinical Services; Director of Quality Management and Compliance
Use of the Compliance Assessment Tool to certify ASAM Level 3.2-WM Level of Care Provider (Act 1/Bridge)	January 31, 2019	Director of Clinical Services; Director of Quality Management and Compliance

#### **4. Sufficient Provider Capacity at Critical Levels of Care including for Medication-Assisted Treatment for OUD**

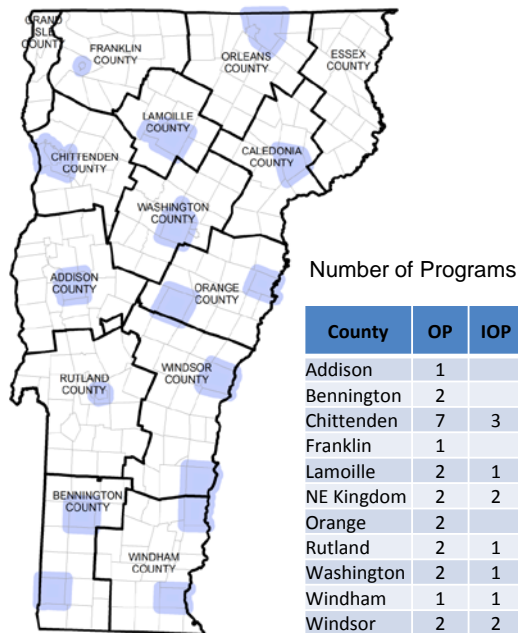
##### **Current State:**

Vermont adheres to all Medicaid Manage Care requirements regarding network adequacy and access standards. ADAP collaborates with DVHA to use Medicaid utilization data and non-Medicaid services provider encounter data to explore the patterns of utilization for residential care and care at Specialized Health Homes throughout the State.

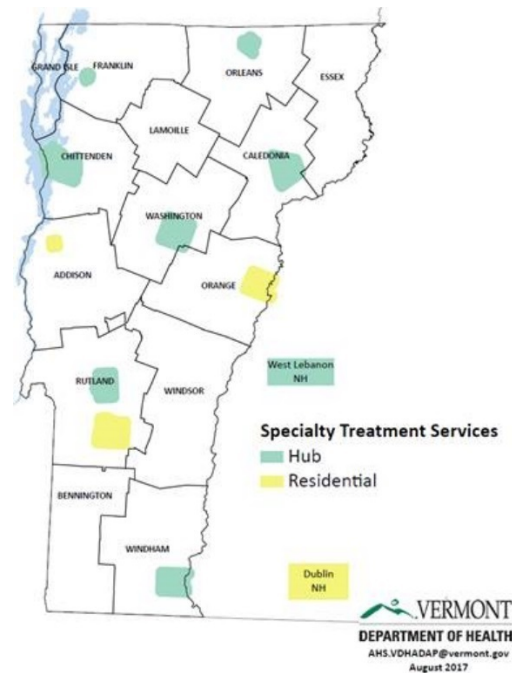
ADAP has several reporting requirements as a part of the granting process with the Preferred Providers in order to monitor and ensure that the State has sufficient provider capacity for critical levels of care, including access to MAT. Specialized Health Homes “Hubs” are required to report within seven days of reaching 90 percent capacity for serving individuals who are intravenous drug users, and provide immediate notice if a pregnant woman is unable to be served. In addition, “Hubs” are required to submit monthly summaries of wait times for service and service requests, and census reports with numbers of individuals at each phase of treatment (induction, stabilization, maintenance) and numbers of individuals who have been transferred to office-based “Spokes”. ADAP collaborates with DVHA on Medicaid medical transportation utilization data (e.g., distance to services) to monitor the need for MAT providers statewide. Residential programs are also required to submit monthly summaries of wait times for services and daily information to an electronic bed-board, which tracks utilization of and availability of beds across residential programs statewide.

Occupancy in Vermont’s OUD/SUD residential programs remains under 100 percent, suggesting capacity is at adequate levels. With the addition of a new Specialized Health Home “Hub” in 2017, wait time reports from across the Specialized Health Home “Hubs” demonstrate timely access across the State.

**Exhibit J – Maps of Treatment Locations**  
**Outpatient/Intensive Outpatient Facilities**



**Hub and Residential Facilities**



Because all specialty SUD programs are certified by ADAP, Vermont is able to maintain an inventory of the number of providers at all levels of care. To determine adequacy of access, ADAP reviews the monthly wait list reports to identify areas of increasing or sustained long waiting lists. The State team assesses data points on the wait list such as place of residence, distance of travel, length of time on the wait list and any special needs. By using these data points, in the past year Vermont identified the need for an additional Hub in the northern part of the state and successfully opened a new Hub in 2018 resulting in elimination of the wait list for Hub services.

**Future State:**

Vermont will be enhancing its access and evidence-based placement process in 2018 and beyond. To improve timely access to care and placement at the appropriate level of care, the State is in the process of developing a Centralized Intake and Call Center (Center) for all Vermonters. The Center is under development and start-up is funded through the Opioid State's Targeted Response (STR) SAMHSA grant. The Center will perform an initial screening of individuals to determine the most appropriate referral. The Center will have current information on provider availability and be able to schedule appointment times, across all levels of care, for comprehensive assessments. Individuals having longer wait times will receive regular calls from the center to maintain engagement and facilitate initiation into treatment.

The Center will maintain data on access to care and manage wait lists for services. The Center will determine availability of treatment at each level of care as well as availability of MAT and

medically supervised withdrawal management throughout the state. The Center will provide monthly reports to the State with data elements that will allow the State to monitor access to care and to identify the largest areas of need. The Center will be self-collecting the data within their own system.

### **Summary of Actions Needed:**

The below activities are the responsibility of the ADAP Division within the Department of Health.

<b>Action</b>	<b>Date</b>
CALL CENTER RFP ISSUE DATE	March 30, 2018
BIDDERS CONFERENCE	April 9, 2018– 1:00PM EST – 2:00PM EST
QUESTIONS DUE	April 13, 2018 – 3:00PM EST
RFP RESPONSES DUE BY	April 30, 2018 – 3:00PM EST
FINALIST DEMONSTRATIONS	Week of May 21, 2018
SELECTION NOTIFICATION	On or before June 15, 2018
INDEPENDENT REVIEW Following the selection of a proposal for contract award, the selected proposal will be the subject of an independent review before a contract can be completed. The time required for this process is approximately ten weeks.	To be completed on or before August 24, 2018
ANTICIPATED PROJECT START DATE	October 1, 2018
Anticipated Go-Live	On or before 4/1/2019

The State is in the process of hiring an IT Project Manager and Substance Abuse Program Manager who will be the primary managers of the program and the contract(s).

## **5. Implementation of Comprehensive Treatment and Prevention Strategies to Address Opioid Abuse and OUD**

### **Current State:**

Through the Medicaid State Plan and the Global Commitment to Health Demonstration, Vermont has developed a continuum of services and supports that provide the foundation to successfully address opioid and other substance use disorders in Vermont.

Vermont's efforts to expand treatment for Vermonters with OUD are broad-based and benefit enormously from the commitment of community leaders, partners, and members to support and speak about the importance of this issue. The dedication and commitment of these individuals has resulted in increased treatment capacity in critically needed areas, increased coordination amongst community partners, and focus on treating the factors that contribute to the complexity

of OUD.

- Opioid Prescribing Guidelines  
Vermont implemented “Rules Governing the Prescribing of Opioids for Pain” effective July 1, 2017 (see Opioid Prescribing Rule). This rule provides legal requirements for the appropriate use of opioids in treating pain to minimize opportunities for misuse, abuse, and diversion, and optimize prevention of addiction and overdose and is consistent with CDC guidelines.
- Expanded Coverage of, and Access to, Naloxone for Overdose Reversal  
Vermont began distribution of Naloxone with a pilot in 2013 and has since expanded Statewide. Naloxone is provided free of charge at 27 distribution sites including syringe services programs, substance use treatment providers, recovery centers, and medical facilities. Naloxone is available to persons taking opioids, family members, and other community members who may come in contact with people at risk for overdose. In 2016, pursuant to legislation, all Vermont EMS agencies receive naloxone at no charge. Emergency use kits also are offered to individuals being released from a correctional facility who have identified previous opioid use or dependency.

In August 2016, the Commissioner of Health issued a standing order for naloxone, allowing any pharmacy to dispense the lifesaving drug and bill medical insurance, if available. New prescribing rules effective July 1, 2017 require an accompanying naloxone prescription for opioid prescriptions >90 MME, as well as when there are concurrent benzodiazepines prescriptions.

- Implementation of Strategies to Increase Utilization and Improve Functionality of Prescription Drug Monitoring Programs  
The rules implemented July 1, 2017 require that prescribers query the Vermont Prescription Drug Monitoring System (VPMS) prior to the first prescription of an extended release hydrocodone or oxycodone that is not an Abuse-deterrent Opioid; no less frequently than once every 120 days for any patient prescribed 40 mg or greater of hydrocodone or 30 mg or greater of oxycodone per day of an extended release hydrocodone or oxycodone that is not an Abuse-deterrent Opioid as long as the patient possesses a valid prescription for that amount; and no less frequently than as described in the Vermont Prescription Monitoring System rule (see VPMS rule).

All prescribers and pharmacists dispensing Schedule II-IV drugs must register and use the VPMS. Vermont also has been improving functionality of the VPMS through the development of Prescriber Insight Reports, which compare a prescriber’s opioid prescribing patterns to similar prescribers and Clinical Alerts to notify prescribers when patients’ prescription history may be of concern. There has been extensive outreach, technical assistance, and training for prescribers on opioid prescribing and the use of the VPMS.

Vermont Medicaid has several strategies to address the opioid epidemic through the clinical management of opioids and drugs used to treat substance use disorder. DVHA employs prior

authorization, quantity limits, days' supply limits, and maximum dosages to reduce inappropriate use of these drugs.

### **Management of Short-Acting Opiates**

Vermont Medicaid has implemented prescription limits for opiates used in treating acute pain to align with rule changes made by the Vermont Department of Health effective July 5, 2017. Initial prescriptions for opioids for patients 18 years of age and older are limited to 50 Morphine Milligram Equivalents (MME) per day and a maximum of 7 days' supply. Patients 17 years of age and younger are limited to 24 MME per day and a maximum of 3 days' supply. The prescription limits apply only to the first prescription filled in an outpatient setting for a given course of treatment and do not apply to renewals or refills. The limits do not apply to long-acting opioids, as they are not indicated for acute pain. Supply limits can be exceeded with prior authorization. Limits are enforced at point of sale. If no prior opiate prescription is found in the member profile within the past 45 days, the claim will reject if MME or days' supply is exceeded.

### **Management of Long-Acting (LA) Opioids**

Vermont Medicaid requires prior authorization for most long-acting (LA) opioids. Prescribers are notified on Medicaid's Preferred Drug List (PDL) of precautions around prescribing LA opioids. The following statements appear in Medicaid's PDL: *"Long-acting opioid dosage forms are intended for use in opioid-tolerant patients only. These tablet/capsule/topical medications may cause fatal respiratory depression when administered to patients not previously exposed to opioids. LA opioids should be prescribed for patients with a diagnosis or condition that requires a continuous, around-the-clock analgesic. LA opioids should be reserved for use in patients for whom alternative treatment options (such as non-opioid analgesics or immediate-release opioids) are ineffective, not tolerated, or would be otherwise inadequate to provide sufficient management of pain. LA opioids are NOT intended for use as 'prn' analgesic. LA opioids are NOT indicated for pain in the immediate post-operative period (the first 12-24 hours following surgery) or if the pain is mild, or not expected to persist for an extended period. LA opioids are not intended to be used in a dosage frequency other than FDA approved regimens. Patients should not be using other extended release opioids prescribed by another physician. Prescribers must consult the VPMS (Vermont Prescription Monitoring System) to review a patient's Schedule II - IV medication use before prescribing long-acting opioids."*

Drug-specific criteria is applied to prior authorization requests. In addition, DVHA has applied system edits for quantity limits and maximum dosages.

### **Abuse-Deterrent Formulations (ADF)**

Medicaid covers one long-acting, abuse-deterrent opiate formulation on its PDL without prior authorization. Currently, this formulation is Embeda (morphine sulfate/naltrexone) and is limited to two tablets per day. DVHA continues to monitor the clinical and cost benefits of covering additional ADFs.



## **Management of Drugs used to Treat Substance Use Disorder (SUD)**

Medicaid covers all buprenorphine-containing drugs and naltrexone to treat opiate dependency. Vermont Medicaid manages outpatient Suboxone and buprenorphine utilization to ensure these highly utilized, high-cost medications are used appropriately. All buprenorphine and Suboxone products require prior authorization and have quantity and dose limits. All patients receiving buprenorphine and Suboxone products must have one “pharmacy home” for all prescriptions. Oral naltrexone is available without restriction, and injectable naltrexone is available with a diagnosis of SUD and if oral tolerability of naltrexone has been established. In addition to methadone, Medicaid also covers buprenorphine products for use in our OTP programs.

## **Retrospective Drug Utilization Review**

Medicaid routinely performs retrospective DUR regarding controlled-substance topics such as methadone use, Long-Acting Stimulant Use, etc. In these initiatives, both medical and pharmacy data is used to identify trends. An upcoming initiative will analyze buprenorphine use with benzodiazepines and/or opiates.

## **Overdose Prevention**

Medicaid has developed a statewide opioid antagonist pilot program that emphasizes access to opioid antagonists to and for the benefit of individuals with a history of opioid use. Along with the pilot program, a policy was generated for “Standing Order for Distribution of Naloxone Prescription for Overdose Prevention” which allows Naloxone Hydrochloride (Narcan ®) to be covered without a prescription. This policy can be found at:

<http://www.vtpharmacists.com/resources/RESPNaloxonestandingorder.pdf>

This policy is in accordance to Standing Order issued pursuant to 18 V.S.A. § 4240 (c) (1) and ensures that residents of the State of Vermont who are at risk of opioid-related overdose, along with other persons such as family members and friends, can obtain Naloxone without a prescription. The statute can be found at:

<http://legislature.vermont.gov/statutes/section/18/084/04240>.

In support of this program and the standing order, Medicaid has available two Naloxone products preferred on the Preferred Drug List (PDL) without any prior authorization requirement:

- Narcan® (naloxone HCL) Nasal Spray with a quantity limit of 4 single-use sprays every 28 days.
- Naloxone HCL Prefilled leur-locked needleless syringe plus intranasal mucosal atomizing device

## **Future State:**

Vermont currently has two provider and stakeholder groups through which the Vermont

Department of Health (VDH) receives feedback and recommendations. These groups are the Controlled Substances and Pain Management Advisory Council and the Prescription Drug Overdose Prevention Stakeholder Workgroup. VDH utilizes these groups to receive feedback on the Prescribing Rules and identify any changes that may be needed. Vermont is currently in process of finalizing updates to the Rule based on feedback from stakeholders. The ADAP Policy Director's responsibility is to keep current on changes at the national level related to the field of SUD. The Policy Director will identify areas that may impact the prescribing rules and work with the VDH Senior Policy and Legal Advisor to make changes to Vermont's rules when necessary.

On January 5, 2017 Vermont's Governor Phil Scott created the position of Director of Drug Prevention Policy and the Vermont Opioid Coordination Council in his second Executive Order. In the executive order, Governor Scott charged the Council *"to lead and strengthen Vermont's response to the opiate crisis by ensuring full interagency and intra-agency coordination between state and local governments in the areas of prevention, treatment, recovery and law enforcement activities."* The Council's first meeting was on May 8, 2017.

The Council's first report to Governor Scott includes 22 recommendations for next steps to continue Vermont's progress in addressing the opioid crisis. These recommendations are designed to empower local communities, align the delivery of services within state government, and between government and private services, to ensure effective results in:

- **Prevention:** Addressing the drivers of demand for opioids, including prescribing practices, education at all levels, and social and community engagement.
- **Treatment:** Ensuring timely, affordable and effective treatment is available to all in need.
- **Recovery:** Making recovery from addiction sustainable through support systems, with emphasis on employment, housing, social supports, and engagement.
- **Law Enforcement:** Reducing supply through investigation and prosecution; policy changes to address the rising presence of fentanyl, and continued work against the diversion of prescription opioids.

The following list includes all recommendations:

- A. Implement a statewide comprehensive system to deliver school-based primary prevention programs.
- B. Expand health care education, monitoring and screening for providers and patients, including provider participation in the *Vermont Prescription Monitoring System (VPMS)*; *provider training, and patient education*, in alternatives to opioids for pain management including *non-pharmacological options*; and expansion of *Screening, Brief Intervention and Referral to Treatment (SBIRT)* in primary care, emergency departments, corrections and schools.

- C. Build, replicate and support strong community-based models through multi-sector partnerships, innovation, and research resulting in outcomes that exceed previous, less collaborative efforts.
- D. Create a comprehensive drug prevention messaging campaign designed to raise public awareness, reduce stigma, provide hope for families, and strengthen resilience in Vermont's communities.

### **Intervention**

- E. Expand Vermont's syringe exchange programs and services to increase geographic reach and hours of operation. Support access to increased case management services for all participants.
- F. Supply naloxone and provide training to all Vermont law enforcement, emergency medical services (EMS) and people likely to be near a person who may overdose.

### **Harm Reduction**

- G. Expand drug disposal options and events, and increase public participation across the state.
- H. Improve sharps collection and disposal with a statewide strategy and community toolkit.

**Treatment:** These strategies build on Vermont's nationally recognized treatment system and call for assessment and new strategies to make treatment and recovery possible for more Vermonters.

- A. Support, evaluate and improve Vermont's Hub and Spoke system for opioid treatment to sustain, and expand where needed, Hub and Spoke treatment services across the state.
- B. Expand access to medication-assisted treatment (MAT) in all Vermont correctional facilities.
- C. Maximize the use of non-pharmacological approaches (integrative health care professions) for pain management, and for addiction treatment and recovery.
- D. Support the Vermont Judiciary's plan to explore expanded access to treatment docket techniques.
- E. Support efforts to expand Medicare and Medicaid coverage for opioid treatment.

**Recovery:** Vermont's investment in delivering treatment must be reinforced with strong recovery strategies that help Vermonters sustain their recovery. Housing, employment, health care and social supports are essential.

- A. Ensure Vermont has a strong statewide network of recovery centers, recovery coaches, and supports.
- B. Expand the availability of and equal access to recovery housing; explore expansion of the Department for Children and Families' (DCF) Family Supportive Housing Program to ensure individuals and families throughout Vermont have access to a stable home environment.

C. Expand Employment in Recovery. (See “Overarching/Systemic.”)

**Enforcement:** Enforcement strategies focus on keeping Vermont’s roadways safe, interrupting drug trafficking, and ensuring Vermont’s law enforcement and first responders have training they need.

- A. Support research and development of an accurate, cost-effective roadside drugged driving test.
- B. Increase Vermont’s resources for drug trafficking investigations.
- C. Provide drug recognition training for law enforcement and first responders and increase the number of drug recognition experts (DREs).

## **6. Improved Care Coordination and Transitions between Levels of Care**

### **Current State:**

ADAP continues to improve coordination between the Hub and Spoke providers and specialty substance use disorder treatment providers (residential) through referral protocols, care coordination, covered benefits, information sharing, etc. These and other collaborations are contributing to stronger relationships between primary care practices and specialty substance use disorder service providers, leading to more effective recovery management of physical and behavioral health services.

Through Vermont’s health reform initiatives, physicians are educated and trained on enhancing their own screening and referral services, so that more clients are screened and directed to OUD/SUD specialists from primary care practices.

Vermont’s *Preferred Provider Substance Use Disorder Treatment Standards* (Standards) include discharge planning expectations for all levels of care. Aftercare planning starts as early as possible in the person-centered treatment planning and service delivery process. The aftercare plan is to ensure a seamless transition when a person served is transferred to another level of care or prepares for a planned discharge to recovery support.

The aftercare plan identifies the person’s need for a recovery support system or other types of service that will assist in continuing the recovery and community integration. The plan also includes referral information made for additional services such as appointment dates, times, contact name, telephone number, and location. The referring provider must provide the receiving provider with the most recent assessment upon receipt of a signed release of information. Upon discharge, the provider, when prescribing medications, will document coordination of care with the primary care provider and/or external prescribing professional regarding, at a minimum, what medications are being prescribed and for what diagnoses. These standards are audited during the annual site review through the medical record audit. Should any provider be out of compliance with these standards, a corrective action plan will be required. State staff also are available to provide technical assistance to the provider on improving in this area. With the development of the Centralized Intake and Call Center in 2018, providers will

have enhanced support for ensuring continuity of care during transitions.

### **Future State:**

#### *Recovery Coach in the Emergency Department (ED)*

Utilizing funding through the Opioid State's Targeted Response (STR) SAMHSA grant to cover start-up costs, Vermont is implementing a Recovery Coach in the Emergency Department (ED) program modeled after Rhode Island's Anchor ED program. This program is currently being implemented in three counties and expanding to two additional counties in 2018.

Vermont's Recovery Coach in the Emergency Department (ED) initiative connects individuals presenting in the ED or other parts of the hospital with peer-to-peer support provided by Recovery Coaches. Recovery Coaches are on-call to the ED 24 hours a day, 7 days a week. The purpose of the interaction is for the Recovery Coaches to offer support, guidance and information on topics such as overdose, treatment and recovery, to both the individual and their family/support system. The Recovery Coach will assist in connecting the individual to treatment and other community resources, in securing transportation and other supports in order for the individual to engage in SUD treatment as well as necessary medical appointments, and to assist in navigating the system of care. The connection initiated in the ED is supplemented by extensive post-ED follow-up by Recovery Coaches such as in-person meetings and phone calls.

#### *Centralized Intake and Call Center*

Vermont will be enhancing its access and evidence-based placement process in 2018 and beyond. To improve timely access to care (including transitions of care), and placement at the appropriate level of care, the State is in the process of developing a Centralized Intake and Call Center for all Vermonters. The Center is under development and start-up is funded through the Opioid State's Targeted Response (STR) SAMHSA grant. The Center will perform an initial screening of individuals to determine the most appropriate referral. The Center will have current information on provider availability and be able to schedule appointments times, across all levels of care, for comprehensive assessments. Individuals having longer wait times will receive regular calls from the center to maintain engagement and facilitate initiation into treatment. The Center will also be the mechanism for providers to access appointments for individuals transitioning between levels of care. The Center staff will contact individuals who have discharged to remind them of their follow-up appointments and make regular contact with individuals who are waiting for services. The Center staff will ensure individuals have information on community supports and other resources such as recovery centers and will assist individuals in making those contacts.

### **Summary of Actions Needed:**

#### *Recovery Coach in the Emergency Department (ED)*

<b>Action</b>	<b>Date</b>	<b>Responsible</b>
Executed memorandums of understanding (MOUs) with each of	Completed	Project Manager

the recovery centers defining roles and responsibilities are in place.		
Recovery centers are in the process of developing MOUs with the hospitals to define roles and responsibilities.	June 1, 2018	Recovery Center, Hospitals, Project Manager
Once the MOUs are executed with the hospitals, recovery coaches will begin formal deployment.	June 1, 2018	Recovery Centers
All three recovery centers are staffed and initial training has been conducted, including the first phase of ED-specific training.	June 1, 2018	Recovery Centers and Project Manager

### *Centralized Intake and Call Center*

The below activities are the responsibility of the ADAP Division within the Department of Health.

<b>Action</b>	<b>Date</b>
CALL CENTER RFP ISSUE DATE	March 30, 2018
BIDDERS CONFERENCE	April 9, 2018– 1:00PM EST – 2:00PM EST
QUESTIONS DUE	April 13, 2018 – 3:00PM EST
RFP RESPONSES DUE BY	April 30, 2018 – 3:00PM EST
FINALIST DEMONSTRATIONS	Week of May 21, 2018
SELECTION NOTIFICATION	On or before June 15, 2018
INDEPENDENT REVIEW Following the selection of a proposal for contract award, the selected proposal will be the subject of an independent review before a contract can be completed. The time required for this process is approximately ten weeks.	To be completed on or before August 24, 2018
ANTICIPATED PROJECT START DATE	October 1, 2018
Anticipated Go-Live	On or before 4/1/2019

## **Section II – Implementation Administration**

Name and title: Cindy Thomas, Director of Vermont’s Alcohol and Drug Abuse Program

Telephone Number: 802-951-5730

Email Address: [Cynthia.thomas@vermont.gov](mailto:Cynthia.thomas@vermont.gov)

Name and title: Ashley Berliner, Director of Medicaid Policy

Telephone Number: 802-578-9305

Email Address: [Ashley.berliner@vermont.gov](mailto:Ashley.berliner@vermont.gov)

## **Section III – Relevant Documents**

Vermont Global Commitment to Health Demonstration

Approval Period: January 1, 2017 through December 31, 2021

Amended: June 6, 2018

1. Preferred Providers: Substance Use Disorder Treatment Standards
2. Preferred Providers Compliance Assessment Tool

### **Attachment A – Template for SUD Health Information Technology (IT) Plan**

Vermont's PDMP, known as the Vermont Prescription Monitoring System (VPMS), was implemented as a result of legislation passed in 2006 with data collection beginning in 2009. Vermont uses the VPMS as a clinical tool to address the epidemic of prescription drug misuse and dependence by tracking the dispensing of controlled substances that are most likely to lead to misuse, addiction, or patient harm. Law enforcement do not have access to this system. The VPMS is overseen by the Vermont Department of Health (VDH) Division of Alcohol and Drug Abuse Programs (ADAP). There is a dedicated program manager and in-house analytic capacity. It is administered through a contract and has changed platforms twice in the past two years, first as a result of a routine State bid process followed by a second change a year later when the chosen vendor was purchased, and all clients were moved to a newly developed platform. Due to these changes, many of Vermont's in-state resources were engaged in planning, transition, and user acceptance testing activities to ensure that the data in the system is accurate and usable by prescribers and pharmacists.

All Vermont-licensed pharmacies, including mail-order pharmacies, are required to provide prescription information on all Schedule II – IV drugs dispensed within 24 hours or one business day of dispensing. In 2017, the upload frequency increased from weekly to daily and the Vermont overall pharmacy upload compliance rate is over 95%.

In 2014, Vermont-licensed prescribers of controlled substances were mandated to register for VPMS and query the system under specific circumstances. In 2017, new Administrative Rules were implemented which increased the circumstances under which prescribers were required to query VPMS and added requirements for querying by pharmacists. Prescribers and pharmacists may appoint delegates to query the system on their behalf.

[http://www.healthvermont.gov/sites/default/files/documents/pdf/REG\\_vpms-20170701.pdf](http://www.healthvermont.gov/sites/default/files/documents/pdf/REG_vpms-20170701.pdf)

Through the use of VPMS, prescriber education programs, Rule changes, and messaging, Vermont has seen a 26 percent decrease in total MME opioid analgesics prescribed in Vermont between 2015 and 2017.

**Please note that the PDMP measures that Vermont currently uses to monitor the dispensing of Schedule II-IV drugs are as follows:**

1. Average daily morphine milligram equivalents (MME) per opioid analgesic prescription
2. Average days supply per opioid analgesic prescription
3. Portion of opioid analgesic prescriptions:
  - a. < 50 MME
  - b. 50-90 MME
  - c. >90 MME
4. Total MME dispensed

5. Percent of the Vermont population receiving at least one prescription for:
  - a. Opioid analgesics
  - b. Medication-Assisted Treatment drug
  - c. Benzodiazepine
  - d. Stimulants
6. Pharmacy uploading compliance rates
7. Prescribers registered with PDMP
8. Pharmacists registered with PDMP
9. Number of PDMP linkages to other states/health systems
10. Number of system queries
11. Multiple provider episodes for prescription opioids (five or more prescribers and five or more pharmacies in a six-month period) per 100,000 residents
12. Patients prescribed long-acting/extended-release (LA/ER) opioids who were opioid-naïve (i.e., patients who have not taken opioid analgesics in 30 days).
13. Patient prescription days with overlapping opioid prescriptions (percentage)
14. Patient prescription days with overlapping opioid and benzodiazepine prescriptions (percentage)

## **Prescription Drug Monitoring (PDMP) Functionalities**

### **Current State:**

- Vermont currently shares prescription data with CT, MA, ME, NH, NJ, NY, and RI.
- Prescriber and pharmacy delegates are allowed. Delegates are linked to their providers account and can query on their behalf. This helps to streamline use of VPMS in busy medical settings.
- Quarterly and annual reports showing state- and county-level prescribing patterns are available on our website for needs assessment and monitoring purposes:  
<http://www.healthvermont.gov/alcohol-drugs/reports/data-and-reports>
- Vermont has evaluated integrating PDMP data into electronic medical records and the health information technology platform and has determined that it may be feasible through the currently available tool through PMP Gateway. This has not yet been tested by the State for compliance to state security and audit requirements and there is a cost to the end user that some VT health systems may not be willing to pay.
- Prescriber Insight Reports, which allow prescribers to compare their prescribing to similar prescriber types and specialties, were implemented March 28, 2018. ADAP, through a grant from the Centers for Disease Control and Prevention, has capacity to provide quality improvement activities to prescribers and as part of the dissemination Prescriber Insight Report process, has highlighted the availability of these services.

### **Future State:**

- Under the guidance of a recently established Health Information Exchange (HIE) Steering Committee, the Department of Vermont Health Access is currently working to



develop a statewide Health Information Exchange/Health-IT strategic plan. The plan will address the state's health-IT network and needs, which includes SUD efforts overall, including VPMS. By November 2018, the Steering Committee will produce a final plan for submission to the Green Mountain Care Board, the State's health system regulatory body. The Board is statutorily obligated to review the plan for approval.

- Vermont's current contract with the PDMP provider includes funding to build connectivity between the VMPS and the RxCheck hub. This hub is a state PDMP-owned and governed solution to data sharing between states or health systems. RxCheck is building the capacity for audit trails of PDMP use, which will address concerns which are preventing current connectivity. Vermont is ready to pursue this, however the VPMS vendor is still working on meeting Vermont's contract-required system functionality. This is the top VPMS priority after the project is fully implemented. The program manager participates in the RxCheck governing group.
- PMP Gateway claims to be able to fulfill all safety and security audits for connectivity to health systems/EHRs although there are several outstanding concerns.
  - When querying within the VPMS, close matches of patient names are returned as a "pick list" to the provider to ensure the most complete and accurate prescription histories. This functionality does not exist within a Gateway connection, as results for only exact matches of records are populated into the connected health system. This increases the possibility that incorrect prescription records could be populated into the report or that incomplete prescription histories would be returned.
  - Registration within VPMS is required to access the system and is only allowed for certain specific roles and provider types. Gateway must be able to validate that no unregistered users are able to access VPMS system data through their health system and be able to respond immediately to deactivate or discontinue any access that a deactivated VPMS user may have.
  - The ability to obtain VPMS records through court order is a separate process from that required to obtain medical records. Gateway must validate that no record of the VPMS data will be stored within the connected health system.
  - Audit trails from the system must include records of patients queried, by whom, what results were returned, and when. Currently, the accuracy of the records of which patient data was viewed has yet to be validated.
  - This system also comes at a cost to the health care systems. VT statute requires there be a no-cost option to prescribers, thus the interest in RxCheck hub. Ideally, both options will be available.
- Connectivity with other states is based on the likelihood of people traveling to or from those states. As a tourist destination, Vermont pulls tourists primarily from the New England area, so these areas were connected first. The next priority is Florida, due to Vermonters who live there in the winter. After that, states with highest rates of opioid prescribing, closest proximity, and the result of Vermont's assessment of the sharing

states' data controls will be prioritized. Timing is based largely on availability of internal resources.

### **Summary of Actions Needed:**

- ADAP to negotiate data sharing with FL after July 1, 2018 when FL statute allows for sharing. By year end, connect a total of at least three new states.
- ADAP to work with vendor to complete contract deliverables and develop the linkage to RxCheck hub by October 31, 2018.
- VDH to test PMP Gateway connectivity for compliance with VT safety and security audits by December 31, 2018.

### **Current and Future PDMP Query Capabilities**

#### **Current State:**

- Vermont contracts for the PDMP and because of this, use the vendor's algorithm for patient grouping. The vendor has an automated matching algorithm. However, some groupings are tagged for manual review, which is done routinely by VPMS program staff. System users also notify the program when they find improperly matched records, and these are also manually corrected.
- Interstate data sharing queries require an exact or a manually grouped match to pull records. This increases the possibility that incorrect prescription records could be populated into the interstate reports or that incomplete prescription histories could be returned.
- There is a master patient index developed by the State for patient grouping for analytical and reporting purposes.

#### **Future State:**

- In an ideal future state, it would be possible to integrate the VT master patient index with the vendor system.

### **Summary of Actions Needed:**

- VDH will explore feasibility of integrating the VT MPI with the vendor system through discussions with the vendor. If deemed possible, determine timing, cost, and process. Discussions to begin by December 31, 2018.
- As discussions continue around EHR integration, interstate data sharing, RxCheck and PMP Gateway, be cognizant of the need for an MPI.

### **Use of PDMP – Supporting Clinicians with Changing Office Workflows/Business Processes**

### **Current State:**

- VT statute and rule dictates limits on prescribing that are consistent with CDC prescribing guidelines and went into effect July 1, 2017.  
[http://www.healthvermont.gov/sites/default/files/documents/pdf/REG\\_opioids-prescribing-for-pain.pdf](http://www.healthvermont.gov/sites/default/files/documents/pdf/REG_opioids-prescribing-for-pain.pdf)
- VT has a prescribing toolkit and has provided associated training on workflow. The toolkit has been updated to reflect VT rules and the CDC prescribing guidelines.  
[https://www.med.uvm.edu/ahec/workforceresearchdevelopment/toolkits-and-workbooks/opioid\\_prescribing](https://www.med.uvm.edu/ahec/workforceresearchdevelopment/toolkits-and-workbooks/opioid_prescribing)
- The PDMP allows querying by delegates as well as batch processing of queries to increase the efficiency of use of the system.
- VT has held learning collaboratives with prescribers around prescribing practices and on alternatives to opioids in treating chronic pain.
- Technical assistance in office workflow and best prescribing practice is available to any prescriber.
- VDH has provided prescribers with tools and materials to assist them in working with pain patients. <http://www.healthvermont.gov/alcohol-drugs/professionals/resources-patients-and-providers>
- Focus groups and interviews have been conducted to determine the best ways of communicating with prescribers.

### **Future State:**

- See integration into EHR discussion above.
- Beginning in April 2018, VDH is implementing Project ECHO which is a mechanism to build pain management expertise among primary care physicians through mentorship with experts in the field. Due to high demand, additional sessions will be added.
- Additional learning collaboratives are scheduled in 2018.
- VDH is revamping the website to make all prescriber and patient resources easier to find.
- Ongoing technical assistance is available.
- Clinical Alerts will be implemented in the system. These alerts provide proactive reporting within VPMS to prescribers to highlight prescribing patterns or concerns of which to be aware. Alerts are available for multiple situations that may indicate an increased risk of overdose, dependence, or misuse.

### **Summary of Actions Needed:**

- VDH is promoting the availability of technical assistance at the prescriber level. Promotion has been integrated into the March 2018 implementation of prescriber insight reports listed above and the impact of implementation of the insight reports is being evaluated.

- VDH is conducting an impact evaluation of the July 1, 2017 pain prescribing rule change. Planned completion is expected by December 31, 2018.
- VDH began user acceptance testing of the clinical alerts February 2018 and has a target implementation date of July 1, 2018.

## **Master Patient Index / Identity Management**

### **Current State:**

- See discussion of Master Patient index above as it pertains to the PDMP.
- Improved patient grouping in VPMS allows more accurate identification of patients meeting multiple prescriber episodes. Prescribers are notified of patients with potentially risky opioid use (through a letter or within the system) with instructions to review with patients and refer to external SUD treatment, if needed.
- The State of Vermont has an established health IT infrastructure that supports the provision of care and measurement of the health care system and reform initiatives. The State's health-IT infrastructure includes, but is not limited to, a PDMP, public health registries (immunization, births/deaths, and cancer), a statewide health information exchange with supporting data extraction capabilities, behavioral health registry, an All-Payer Claims Database, and a clinical registry within the Medicaid Agency that is operated by the Blueprint for Health program. Additionally, a care coordination platform supports providers participating in Vermont's All-Payer Model and all of Vermont's hospitals and a considerable number of eligible providers have taken advantage of the Meaningful Use program to adopt electronic health record systems. Incorporation of substance use treatment information will require compliance with 42 CFR Part 2.
- Some systems are integrated, others are not. There are a variety of mechanisms for addressing identity management.

### **Future State:**

- Greater interoperability between existing systems, with appropriate identity management.
- Increased use of existing and updated systems.
- VPMS threshold letters will be system generated.

### **Summary of Actions Needed:**

- Under the guidance of a recently established Health Information Exchange (HIE) Steering Committee, the Department of Vermont Health Access is currently working to develop a statewide Health Information Exchange/Health-IT strategic plan. The Plan will address the state's health-IT network and needs, including SUD efforts. By November 2018, the Steering Committee will produce a final plan for submission to the Green Mountain Care Board, the State's health system regulatory body. The Board is statutorily

obligated to review the plan for approval. Actions, responsibilities, and timelines will be guided by the strategic plan.

- VDH is currently working with the VPMS vendor on threshold reporting. This is a contract deliverable and should be available by 12/31/18.

## **Overall Objective for Enhancing PDMP Functionality & Interoperability**

### **Current State:**

- VT rules require use of the PDMP by prescribers and pharmacists to prevent overprescribing and identify potentially risky opioid use. VT is also providing training to prescribers and pharmacists on both appropriate prescribing and use of the PDMP.
- Pharmacists are required to query the PDMP if an individual presents a prescription and does not pay for it with the insurance on file.
- VT Medicaid has a pharmacy lock in program for Medicaid recipients who may be doctor or pharmacy shopping.
- Prescriber Insight Reports, listed above, were implemented March 2018.

### **Future State:**

- Vermont has a fully integrated VPMS with proactive reporting to prescribers and pharmacists to decrease initiation and misuse of prescription drugs.
- Those Vermonters with opioid use disorders, identified through this and other avenues, are referred to and receive treatment.

### **Summary of Actions Needed:**

- Implement actions outlined in the “future” sections throughout Attachment A.

**ATTACHMENT O**  
**SUD Monitoring Protocol [RESERVED]**