

**COMMUNITY MENTAL HEALTH
SERVICES BLOCK GRANT**

VERMONT HUMAN SERVICES PLAN - FY 2014

FEDERAL ASSURANCES & DOCUMENTATION

Community Mental Health Services Block Grant
Department of Mental Health

<u>Use of Funds by Goal or Activity</u>	<u>FFY'12 Actual</u>	<u>FFY'13 Estimated</u>	<u>FFY'14 Proposed</u>
<u>Goal #1</u>			
To enable children and adolescents who are experiencing a severe emotional disturbance to remain in community-based programs and public schools by providing community-based treatment, support services and consultation.			
APPROPRIATION: MH- Children	\$4,637,317	\$5,065,948	\$4,909,718
State Funds	1,931,091	2,193,350	2,178,449
Additional state funds matched by others			
Federal	2,651,469	2,840,732	2,699,403
MH Block	54,757	31,866	31,866

Goal #2

Services for families with a child or adolescent experiencing a severe emotional disturbance in order to avoid out-of-home placements.

APPROPRIATION: MH-Respite	\$930,345	\$930,345	\$930,345
State Funds	525,557	525,557	525,557
Federal	0	0	0
MH Block	404,788	404,788	404,788

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<u>Use of Funds by Goal or Activity</u>	<u>FFY'12 Actual</u>	<u>FFY'13 Estimated</u>	<u>FFY'14 Proposed</u>
<u>Goal #3</u>			
To increase the abilities of persons with long-term mental illness to function in community settings with the greatest possible independence from the mental-health and human-services system by providing community-based treatment, rehabilitation and support.			
APPROPRIATION: MH-Community Rehabilitation & Treatment	\$39,824,628	\$41,184,771	\$43,942,369
State Funds	14,082,355	11,514,162	14,775,866
Federal	25,621,315	29,565,237	29,061,131
MH Block	120,958	105,372	105,372

Goal #4

To support evidence-based practice of Integrated Treatment for Dual Diagnoses (IDDT) of severe mental illness and substance-abuse at two designated agencies in Vermont

APPROPRIATION: MH-Co-Occurring Treatment	\$50,000	\$50,000	\$50,000
State Funds			
Federal			
MH Block	50,000	50,000	50,000

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<u>Use of Funds by Goal or Activity</u>	<u>FFY'12 Actual</u>	<u>FFY'13 Estimated</u>	<u>FFY'14 Proposed</u>
<u>Goal #5</u>			
To avoid unnecessary institutionalization of acutely mentally ill persons by providing immediate professional evaluation and treatment.			
APPROPRIATION: MH-Emergency	\$4,168,331	\$9,701,291	\$9,824,667
State Funds	3,846,974	9,027,219	8,867,552
Federal	288,260	640,975	924,018
MH Block	33,097	33,097	33,097
<u>Goal #6</u>			
Housing infrastructure funds: consultation, etc. to maintain stable housing in the community for adults with severe mental illnesses			
Total	\$13,000	\$13,000	\$13,000
State Funds	0	0	0
Federal	0	0	0
MH Block	13,000	13,000	13,000
<u>Goal #7</u>			
Outreach to increase the presence and availability of qualified mental-health professionals to work with adults with severe mental illness in the downtown Burlington/Marketplace through a community-client liaison.			
Total	\$25,000	\$25,000	\$25,000
State Funds	0	0	0
Federal	0	0	0
MH Block	\$25,000	25,000	25,000

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<u>Use of Funds by Goal or Activity</u>	<u>FFY'12 Actual</u>	<u>FFY'13 Estimated</u>	<u>FFY'14 Proposed</u>
<u>Goal #8</u>			
Support for activities of Vermont Psychiatric Survivors, a statewide consumer-run organization of consumers, survivors, and ex-patients with a multiplicity of activities and growing responsibilities.			
Total	\$42,342	\$47,660	\$47,660
State Funds	0	0	0
Federal	0	0	0
MH Block	42,342	47,660	47,660
<u>Goal #9</u>			
Peer-operated initiatives			
Total	\$45,000	\$45,000	\$45,000
State Funds	0	0	0
Federal	0	0	0
MH Block	45,000	45,000	45,000
<u>TOTALS</u>	\$49,735,963	\$57,063,015	\$59,787,759
State Funds	20,385,976	23,260,287	26,347,423
Federal	28,561,045	33,046,945	32,684,553
MH Block	788,942	755,783	755,783
Additional state funds			
Matched by others			

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Block Grant Awards

FFY12	\$788,942
FFY13	\$755,783 (estimated)
FFY14	\$755,783 (estimated)

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Community Mental Health Services Block Grant
Department of Mental Health

GOAL ACCOMPLISHMENT

Goal #1

Goal Description

Block grant and other funds are expended to enable children and adolescents who are experiencing a severe emotional disturbance to remain with their families or in community-based programs and public schools by providing treatment, support services, and consultation. Community mental health agencies and one private specialized nonprofit provider deliver a range of services which include outpatient services, residential treatment, individual and group therapy, case management and individualized wraparound services, chemotherapy, diagnosis and evaluation, and consultation to schools and other community agencies. All block grant funds for this goal go to the Northeastern Family Institute, in South Burlington, Vermont.

Goal Accomplishment

Services are provided on a statewide basis through a private nonprofit organization and ten community mental health centers (CMHCs) that cover the fourteen counties of Vermont in accordance with 3 VSA 24 (b), passed in 1988. Planning for systems change is carried out in accordance with 3 VSA 24 (b) and P.L. 106-310, which amended the Public Health Service Act with respect to children's health. The state law created an Advisory Board and established state and local interagency coordinating structures. The preparation of an annual "System of Care Plan for Children and Adolescents With a Severe Emotional Disturbance and Their Families" and an annual status report on implementation are required. If necessary, a waiver may be requested under Section 1916 (c) (2) (B) if it appears that set-aside requirements will substantially disrupt new services in place. Indicators of goal accomplishment include the number of children and adolescents who are experiencing a severe emotional disturbance served in non-institutional in-home and professional foster care services as an alternative to institutional placement and the total number of children and adolescents and their families served. In combination with grants from private foundations and other state and federal funding, Mental Health Block Grants have provided services as follows:

TOTAL NUMBER OF CLIENTS ASSIGNED
TO COMMUNITY-BASED PROGRAMS
FOR CHILDREN AND ADOLESCENTS
AND THEIR FAMILIES

FY 2012 Actual	9,783
FY 2013 Estimated	9,500-10,500
FY 2014 Projected	9,500-10,500

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Community Mental Health Services Block Grant Department of Mental Health

Goal #2

Goal Description

Block grant and other funds are expended to provide respite services for families with a child or adolescent experiencing a severe emotional disturbance in order to avoid out-of-home placements.

Goal Accomplishment

In Vermont Fiscal Year 2012 (July 1, 2011-June 30, 2012), Vermont's designated agencies reported 7,483 episodes of respite services delivered to 385 Children's Services clients experiencing a severe emotional disturbance. The projection for Fiscal Years 2013 and 2014 is a comparable figure, funding permitting. Demand for this service continues to be considerably in excess of the resources to provide it.

Goal #3

Goal Description

The Vermont Department of Mental Health (DMH) purchases services from designated agencies to increase the abilities of adults with severe mental illness to function in community settings with the greatest possible independence by providing community-based treatment, rehabilitation, and support. The services include community supports and coordination (case management); individual, group, and medication therapy; employment and educational supports; peer support groups and other recovery-oriented activities and counseling; and residential supports and programs.

Goal Accomplishment

The major indicator of Goal Accomplishment is the number of adults with severe mental illness receiving services in community programs. The number of adults with severe mental illness served in Community Rehabilitation and Treatment (CRT) programs from community mental health centers was 2,769 in Fiscal Year 2012. The number for Fiscal Years 2013 and 2014 is expected to be in the range of 2,500-3,000 clients.

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Community Mental Health Services Block Grant Department of Mental Health

Goal #4

Goal Description

For many years the Department of Mental Health has used block grant funding to support Integrated Dual-Diagnosis Treatment for adults with diagnoses of severe mental illness and substance abuse in two of the state's catchment areas: Chittenden County, served by Howard Center; and Windsor and Windham counties, served by Health Care and Rehabilitation Services of Southeastern Vermont (HCRS). The programs continue with level funding of \$50,000 (\$25,000 for each agency) from the Community Mental Health Services Block Grant for Fiscal Years 2012, 2013, and 2014.

Goal #5

Goal Description

The Department of Mental Health funds emergency and crisis stabilization support services in all catchment areas of Vermont. The specific components include screening, evaluation, and referral; facilitation of an admission to an inpatient setting, if necessary, or facility-based crisis or respite services; in-home support and crisis stabilization services; psychiatric consultation and evaluation; telephone crisis lines (available twenty-four hours a day, seven days a week) staffed by mental-health professionals; and screening for court-ordered psychiatric evaluations in criminal cases.

Goal Accomplishment

Approximately 10,542 people in mental-health crises received emergency services from designated agencies in the community in Vermont Fiscal Year 2012; 73,285 units of services were delivered. In FY 2013, approximately 9,939 people in mental-health crises received emergency services from designated agencies and 85,842 units of services were delivered. The numbers for FY 2014 are projected to be, respectively, 10,339 and 75,796.

Goal #5

Goal Description

The \$13,000 from block grant funding for housing infrastructure buys such items as software and computer capacity for keeping data on homelessness, a requirement for federal funding; consultation on renovations; assistance in developing applications, which are extremely technical and competitive, to the Department of Housing and Urban Development, and related services.

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Community Mental Health Services Block Grant Department of Mental Health

Goal Accomplishments

Housing infrastructure funding has provided consistent and reliable data, unavailable until recent years, on homelessness in Vermont. The infrastructure funding has also purchased consultation on renovations essential to maintaining housing for adults with severe mental illness being served by the public mental-health system and to apply for federal funding for additional units.

Goal #6

Goal Description

HowardCenter (HC), the designated agency for mental-health services in Burlington and the rest of Chittenden County, joins with others in Vermont's only Statistical Metropolitan Area in efforts to increase the presence and availability of qualified mental-health professionals to work with adults with severe mental illness in the downtown Burlington/Marketplace area. ("Others" in the community include representatives from the Downtown Business Association; United Way; Spectrum, a youth services agency; the Homeless Health Project; downtown merchants; the Mayor's Office; and the Burlington Police Department.) The overall purpose is to have a coordinated response system to downtown behavioral-health issues through:

- Developing positive, trusting relationships with clients, merchants, and police,
- Enhancing social skills and behavior that will help individuals maintain their independence in the community, and
- Providing a single point of contact with the mental-health system for the business community and the Burlington Police Department.

Goal Accomplishment

A community-client liaison is available in the downtown area for:

- Interaction, prevention or intervention with adults with severe mental illness,
- Coordination of services and supports with HCHS case management, crisis, homeless health, and other staff,
- Training about severe mental illness and challenging behavioral needs for the police, and
- Developing educational materials on needs and issues of people with severe mental illness for merchants in the area.

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Community Mental Health Services Block Grant Department of Mental Health

Goal #7

Goal Description

Vermont Psychiatric Survivors (VPS) offers peer support, information, referral, and networking services to mental-health consumers all over Vermont in addition to technical assistance and a limited amount of funding to local support groups around Vermont. The organization is a partner with one of Vermont's designated agencies and a local chapter of the National Alliance for the Mentally Ill of Vermont (NAMI—VT) in the operation of a safe haven for people who are mentally ill and homeless in Randolph. In addition VPS administers Vermont's Recovery Education Project, offering the curriculum numerous times a year in several locations; publishes the once-again quarterly *Counterpoint*, a voice for news and the arts by psychiatric survivors, ex-patients, and consumers of mental-health services, and their families and friends; assists individuals who have been denied Supplemental Security Income (SSI) or Social Security Disability Income (SSDI) and Medicaid; evaluates the recovery orientations of a local psychiatric inpatient unit as well as the Vermont State Hospital; and offers assistance in drafting a durable power of attorney for mental health treatment.

Goal Accomplishment

VPS continued with these activities and similar ones in Fiscal Years 2012 and 2013 and is under contract to do the same throughout Fiscal Year 2014.

Goal #8

Goal Description

Funding for this goal in FYs 2012, 2013, and 2014 goes to a variety of consumer-operated projects scattered around the state. These projects have all been designed to increase consumer empowerment, independence, and ability to support themselves and others in their communities.

Goal Accomplishment

The consumer projects funded in Fiscal Years 2012 and 2013 include the following:

- ◆ The Peer Educational Program (PEP), a community education series about the experience of mental illness by consumers of public mental-health services in Washington County
- ◆ The WRAP-Line Project, a weekend warm-line service operated by peers for peers in Bennington County (WRAP is an acronym for "Wellness Recovery Action Plan")
- ◆ Another Warm Line in Rutland
- ◆ Computer-Education and an arts program in Southeastern Vermont, and
- ◆ The Northeast Kingdom Partners for Mental Health Recovery/Roadmap to Recovery

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Additional projects are awarded grants, based upon proposals from peers and reviewed by peers and DMH, as funding becomes available through the Community Mental Health Services Block Grant.