



State of Vermont
Agency of Human Services
280 State Drive, Center Building
Waterbury, VT 05671-1000

Global Commitment Register

August 2, 2024

GCR 24-056
FINAL

Sleep Study Prior Authorization Change

Policy Summary:

The Vermont Medicaid program removed prior authorization requirements for facility-based sleep studies. Facility based sleep studies do not require prior authorization for Medicaid members who are attributed to the Accountable Care Organization (ACO). This change aligns sleep study prior authorization requirements for all Vermont Medicaid members regardless of ACO attribution.

A review of utilization data identified high approval rates for facility-based sleep studies and supports that prior authorization is not necessary as a utilization control.

Information regarding procedure code and prior authorization requirements can be found on the [Vermont Medicaid Fee Schedule](#) and coverage criteria can be found on the [DVHA clinical criteria website](#).

Effective Date:

August 1, 2024

Authority/Legal Basis:

[Medicaid State Plan](#)

Population Affected:

All Medicaid

Fiscal Impact:

This change is expected to be budget neutral.

Public Comment Period:

The public comment period ended July 24, 2024. No comments were received.

To be added to the GCR email list, send an email to AHS.MedicaidPolicy@vermont.gov.