



State of Vermont
Agency of Human Services
280 State Drive, Center Building
Waterbury, VT 05671-1000

Global Commitment Register

November 29, 2023

GCR 23-143
PROPOSED

Residential Eating Disorder Treatment for Adults

Policy Summary:

The Vermont Medicaid program proposes to expand coverage of residential eating disorder treatment services for adults aged 21 and older when medically necessary. Levels of care for treatment of eating disorders currently available to beneficiaries aged 21 and older include: inpatient, partial hospitalization, intensive outpatient, and lower levels of care. The addition of the residential level of care will help to increase access to essential care for Vermonters at all appropriate and effective levels of treatment.

A February 2023 Eating Disorders Report submitted to the House Committees on Health Care and on Human Services and to the Senate Committee on health and Welfare, in accordance with Act 114, Section 13, found that nearly 10% of all Vermonters will struggle with an eating disorder in their lifetime. Eating disorders are highly complex, with high rates of mortality if left untreated. The need for eating disorder treatment in Vermont far exceeds the resources available, forcing many Vermonters to seek care out of state. This change in policy will help to address some of the barriers to eating disorder care facing VT Medicaid beneficiaries.

This will be submitted to the Centers for Medicare and Medicaid Services as State Plan Amendment # 24-0001.

Effective Date:

January 1, 2024

Authority/Legal Basis:

[Medicaid State Plan](#)

Population Affected:

Adults over 21 years of age

Fiscal Impact:

This change is expected to be budget neutral.

Public Comment Period:

November 29, 2023 – December 29, 2023

Send comments to:
Medicaid Policy Unit
280 State Drive, Center Building
Waterbury, VT 05671-1000

Or submit via e-mail to AHS.MedicaidPolicy@vermont.gov.

To be added to the GCR email list, send an email to AHS.MedicaidPolicy@vermont.gov.

Additional Information:

The draft SPA provides additional details on the proposed changes; copies of the draft SPA can be requested from local Department for Children and Families (DCF) offices or from DVHA at (802) 355-8843, or can be found on the [Agency of Human Services website](#).