



State of Vermont  
Agency of Human Services  
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# Global Commitment Register

March 1, 2024

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GCR 23-143  
FINAL

## **Residential Eating Disorder Treatment for Adults**

### **Policy Summary:**

The Vermont Medicaid program now covers residential eating disorder treatment services for adults aged 21 and older when medically necessary. Levels of care for treatment of eating disorders previously available to beneficiaries aged 21 and older included: inpatient, partial hospitalization, intensive outpatient, and lower levels of care. The addition of the residential level of care will increase access to essential care for Vermonters at all appropriate and effective levels of treatment. Vermont Medicaid negotiates rates with individual treatment centers, of which there are none in state, for the provision of residential eating disorder treatment to ensure access to these levels of treatment.

A February 2023 Eating Disorders Report submitted to the House Committees on Health Care and on Human Services and to the Senate Committee on health and Welfare, in accordance with Act 114, Section 13, found that nearly 10% of all Vermonters will struggle with an eating disorder in their lifetime. Eating disorders are highly complex, with high rates of mortality if left untreated. The need for eating disorder treatment in Vermont far exceeds the resources available, forcing many Vermonters to seek care out-of-state. This change in policy will help to address some of the barriers to eating disorder care facing Vermont Medicaid beneficiaries.

This will be submitted to the Centers for Medicare and Medicaid Services as State Plan Amendment # 24-0001.

### **Effective Date:**

January 1, 2024

### **Authority/Legal Basis:**

[Medicaid State Plan](#)

### **Population Affected:**

Adults over 21 years of age

### **Fiscal Impact:**

This change is expected to be budget neutral.

### **Public Comment Period:**

The public comment period ended December 29, 2023. No comments were received.