

State of Vermont Agency of Human Services 280 State Drive, Center Building Waterbury, VT 05671-1000

# **Global Commitment Register**

October 19, 2023

GCR 23-111 FINAL

# <u>Medicaid Investment: Community-Based Mobile Crisis Coverage</u> <u>for the Uninsured and Underinsured</u>

# **Policy Summary:**

The Vermont Medicaid program will help cover costs associated with providing communitybased mobile crisis services to uninsured and underinsured Vermonters. Vermont's Global Commitment to Health Section 1115 Demonstration authorizes expenditures, within annual limits, for public health, health care, and health-related investments. This investment will increase access to quality health care for Vermonters.

Community-based mobile crisis services are for people of all ages who are experiencing a mental health or substance use crisis and include rapid community crisis response, screening, and assessment; stabilization and de-escalation services; coordination with and referrals to health, social, other services and supports. Community-based mobile crisis services may also include follow-up interventions for a period up to 3 days for adults and up to 7 days for children after the initial response.

# **Effective Date:**

October 1, 2023

# Authority/Legal Basis:

Global Commitment to Health Waiver

**Population Affected:** Uninsured and underinsured Vermonters.

**Fiscal Impact:** The estimated gross annualized budget impact is \$1,177,367.

**Public Comment Period:** The public comment period ended on October 1, 2023. No comments were received.

To be added to the GCR email list, send an email to <u>AHS.MedicaidPolicy@vermont.gov</u>.

#### **Additional Information:**

See the Medicaid Investment application below which further describes this investment.



# ATTACHMENT S New Investment Application Template

For each new investment, the state must submit the following information to CMS as described in STC 11.6.

Date	9/1/2023	
Investment	Community-Based Mobile Crisis Services – Uninsured/Underinsured	
Title		
Estimated	\$1,177,367	
Amount		
<b>Time Period</b>	October 1, 2023	
Department	Department of Mental Health (DMH)	
Category	Increase the access to quality health care by low income, uninsured, underinsured individuals, and Medicaid beneficiaries in Vermont.	

Project Objective, Targeted Outcomes, and Impact to Health Equity

As the Vermont Medicaid program implements the new, enhanced community-based mobile crisis service, it proposes to help cover costs associated with providing community-based mobile crisis services to uninsured and underinsured Vermonters. Availability of two-person multidisciplinary teams that can respond 24/7/365 will be an integral part of the mental health and substance use system of care, which is currently under significant strain. Implementation of this service is expected to reduce emergency department use and improve health outcomes by reaching individuals where they are and connecting to ongoing services and supports.

Quality Measure	Target
Average response time	60 minutes
*From time of readiness	
Response Time - percent within 60 Minutes	85% of all interventions achieve a response time
	within 60 minutes
Location of intervention	Adult: 80% community-based/ 20% MCT office based
	Youth: 85% community-based/ 15% MCT office based
Follow up Services by MCT - Percent of	75%
individuals that receive follow up services by	
MCT who are not admitted to 24-hour level	
of care	
Disposition	Adult: 70% Diversionary service/ 30% inpatient (or
	referred for IP screening by DA ES)
	Youth: 80% Diversionary service/ 20% inpatient
	screening (or referred for IP screening by DA ES)

# **Project Description**

This must include descriptions of specific terms associated with eligibility, benefits and services, and how the state intends to operationalize the program (e.g., population served, provider types, provider qualifications, methodology for incentive payments)

Under this investment, the Vermont Medicaid program will help cover costs associated with providing community-based mobile crisis services to uninsured and underinsured Vermonters.

Community-based mobile crisis services are for people of all ages who are experiencing a mental health or substance use crisis and include rapid community crisis response, screening, and assessment; stabilization and de-escalation services; coordination with and referrals to health, social, other services and supports. Community-based mobile crisis services may also include follow-up interventions for a period of up to three days for adults and up to seven days for children after the initial response.

These services will be provided by Health Care Rehabilitation Services (HCRS) and its Designated Agency subcontractors. DMH will reimburse HCRS on a fee-for-service basis for uninsured and underinsured individuals per the Vermont Medicaid third party liability policies (see Vermont Medicaid General Billing and Forms Manual – Section 1).

#### How does the state ensure there is no duplication of federal funding?

This investment is targeted at the uninsured and underinsured, meaning that no funding is available for the identified service costs. Medicaid will utilize its established third-party liability policies to ensure it is the payer of last resort.

#### Source of non-federal share

State funds equivalent to the amount of federal funds attributable to the increased Federal Medical Assistance Percentage (FMAP).

How does the state ensure that the investment does not include any activities listed in STC 11.6 (Investment Approval Process)?

AHS staff have reviewed project descriptions to ensure that the investment does not include any activities listed in STC #11.5 and will monitor program expenditures to ensure continued compliance with this requirement.

The state assures that in reporting cost, the state and providers must adhere to 45 CFR §75 Uniform Administration Requirements, Cost Principles, and Audit Requirements for Health and Human Services (HHS) Awards and 42 CFR §413 Principles of Reasonable Cost Reimbursement. Pursuant to 45 CFR §75.302(a) the state must have proper fiscal control and accounting procedures in place to permit the tracing of funds to a level of expenditures adequate to establish that such funds have not been used in violation of applicable statutes. Costs must be supported by adequate source documentation.