



**State of Vermont**  
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*Jenney Samuelson, Secretary*  
*Todd Daloz, Deputy Secretary*

**Date:** September 29, 2023

**Re:** Response to Public Comments for Global Commitment Register notice [GCR 23-078: RBRVS Fee Schedule Update](#)

A comment received on [Proposed GCR 23-078](#) is included below along with a response from the Agency of Human Services (AHS). No other comments were received.

**Comment:**

So to help understand, does this impact behavioral health reimbursement that was just decreased and continues to unfairly pay less for family and couple psychotherapy vs individual sessions?

**State Response:**

The following table includes individual and family psychotherapy codes with the rate change effective July 1, 2023:

Procedure Code	Procedure Code Definition	Rate 3/15/2023 – 6/30/2023	Rate effective 7/1/2023
90834	PSYCHOTHERAPY, 45 MINUTES WITH PATIENT	\$ 82.65	\$ 85.81
90837	PSYCHOTHERAPY, 1 HOUR	\$ 121.71	\$ 126.35
90846	FAMILY PSYCHOTHERAPY WITHOUT PATIENT, 50 MINUTES	\$ 78.87	\$ 81.88
90847	FAMILY PSYCHOTHERAPY WITH PATIENT, 50 MINUTES	\$ 82.27	\$ 85.40

This information can be found in the [VT Medicaid Fee Schedule](#).