



State of Vermont
Agency of Human Services
280 State Drive, Center Building
Waterbury, VT 05671-1000

Global Commitment Register

February 9, 2023

GCR 22-120
FINAL

Inpatient and Residential Eating Disorder Treatment – Change to Utilization Management

Policy Summary:

The Vermont Medicaid program changed how it conducts utilization management for inpatient and residential levels of care for eating disorder treatment. Previously, eating disorder treatment providers were required to submit prior authorization for admission to inpatient and residential levels of care for Medicaid members. Effective January 1, 2023, the Vermont Medicaid program will conduct concurrent review of clinical documentation for these admissions. This means providers will not need to submit documentation prior to admission for these two levels of care for eating disorder treatment. Providers are responsible for determining if treatment is medically necessary and meets clinical criteria for admission.

Effective Date:

January 1, 2023

Authority/Legal Basis:

[Medicaid State Plan](#)

Population Affected:

All Medicaid

Fiscal Impact:

The estimated gross annualized budget impact is expected to be budget neutral.

Public Comment Period:

The public comment period ended January 27, 2023. No comments were received.

To be added to the GCR email list, send an email to AHS.MedicaidPolicy@vermont.gov.