



State of Vermont
Agency of Human Services
280 State Drive, Center Building
Waterbury, VT 05671-1000

Global Commitment Register

October 17, 2022

GCR 22-068
FINAL

Medical Nutrition Therapy – Registered Dietitian Services

Policy Summary:

The Vermont Medicaid program removed visit limits for medical nutrition therapy (MNT) services delivered by registered dietitians. Medicaid-enrolled dietitians may deliver MNT as medically necessary for the management of a medical condition and must maintain documentation of medical necessity for services provided.

MNT must be provided by a registered dietitian certified to practice in Vermont and working as part of a multidisciplinary approach delivering services as prescribed by the beneficiary's physician, physician assistant, or advanced practice registered nurse. MNT is nutritional diagnostic, therapy, and counseling services for the management of a medical condition. MNT includes individualized dietary assessment that is more complex than basic nutrition counseling. Other licensed providers may provide basic nutritional counseling as within their scope of practice.

Additional information including clinical coverage criteria is included below.

This change was submitted to the Centers for Medicaid and Medicaid services as State Plan Amendment (SPA) # 22-0013.

Effective Date:

July 15, 2022

Authority/Legal Basis:

[Medicaid State Plan](#)

[Global Commitment to Health Waiver](#): Waiver authority #5 [Section 1902(a)(13), 1902(a)(30)]; Special Term and Condition #6.8.

Population Affected:

All Medicaid

Fiscal Impact:

No fiscal impact

Public Comment Period:

The public comment period ended August 11, 2022. No comments were received.

To be added to the GCR email list, send an email to AHS.MedicaidPolicy@vermont.gov.

Additional Information:

[The Department of Vermont Health Access Clinical Criteria provides additional information on the codes for MNT and medical necessity criteria.](#)

[This notice changes GCR 20-029](#)

The draft SPA provides additional details on the proposed changes; copies of the draft SPA can be requested from local Department for Children and Families (DCF) offices or from DVHA at (802) 355-8843, or can be found on the [Agency of Human Services website](#).