

**State of Vermont**

**1905(a)(29) Medication-Assisted Treatment (MAT)**

Citation: 3.1(a)(1) Amount, Duration, and Scope of Services: Categorically Needy  
(Continued)

1905(a)(29)   X   MAT as described and limited in Supplement   2   to Attachment 3.1-A.

ATTACHMENT 3.1-A identifies the medical and remedial services provided to the categorically needy.

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TN No.   21-0007  

Supersedes

TN No.   None  

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**1905(a)(29) Medication-Assisted Treatment (MAT)**

Amount, Duration, and Scope of Medical and Remedial Care Services Provided to the Categorically Needy (continued)

i. General Assurance

MAT is covered under the Medicaid state plan for all Medicaid beneficiaries who meet the medical necessity criteria for receipt of the service for the period beginning October 1, 2020 and ending September 30, 2025.

ii. Assurances

a. The state assures coverage of Naltrexone, Buprenorphine, and Methadone and all of the forms of these drugs for MAT that are approved under section 505 of the Federal Food, Drug, and Cosmetic Act (21 U.S.C. 355) and all biological products licensed under section 351 of the Public Health Service Act (42 U.S.C. 262).

b. The state assures that Methadone for MAT is provided by Opioid Treatment Programs that meet the requirements in 42 C.F.R. Part 8.

c. The state assures coverage for all formulations of MAT drugs and biologicals for OUD that are approved under section 505 of the Federal Food, Drug, and Cosmetic Act (21 U.S.C. 355) and all biological products licensed under section 351 of the Public Health Service Act (42 U.S.C. 262).

iii. Service Package

The state covers the following counseling services and behavioral health therapies as part of MAT.

a) Please set forth each service and components of each service (if applicable), along with a description of each service and component service.

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For the period of October 1, 2020, through September 30, 2025 Medication Assisted Treatment (MAT) to treat Opioid Use Disorder (OUD) is covered exclusively under section 1905(a)(29). Intervention: includes screening and referral to treatment for individuals at risk because of their opioid use/misuse or at risk for opioid use disorder. This service may include brief one-on-one counseling to address the issues and risk and/or referrals to treatment services, medical and behavioral health services and community services. This service may be provided by health care generalists, such as nurses or social workers, and qualified and credentialed counselors and clinicians, nurses, physicians, and psychologists trained in the evidence-based practice. This service is provided in both clinical and non-clinical settings.

Treatment services: therapies, including individual, family, and group counseling, service planning and coordination provided in outpatient setting with services provided by addiction treatment, mental health, and/or medical personnel. Family therapy that involves the participation of a non-Medicaid eligible is for the direct benefit of the beneficiary. The service must actively involve the beneficiary in the sense of being tailored to the beneficiary’s individual needs. There may be times when, based on clinical judgment, the beneficiary is not present during the delivery of the service, but remains the focus of the service.

- b) Please include each practitioner and provider entity that furnishes each service and component service.

See response to item iii(c) below.

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- c) Please include a brief summary of the qualifications for each practitioner or provider entity that the state requires. Include any licensure, certification, registration, education, experience, training and supervisory arrangements that the state requires.

Provider/Practitioner	License/Certification	Services Provided
Alcohol & Drug Counselor (ADC)	<p>Certification pursuant to regulations set forth by the VT Secretary of State's Office of Professional Regulation (OPR).</p> <p>Minimum requirements:            -Bachelor's degree            -270 hours of SUD education            -4,000 hours of supervised work experience            -Pass the IC&amp;RC Alcohol and Drug Counselor (ADC) Examination or or equivalent exam approved by OPR Director.</p>	Intervention; Treatment under supervision of licensed provider/practitioner
Alcohol & Drug Counselor (LADC)	Licensed pursuant to OPR regulations	Early Intervention; Treatment
Apprentice Addiction Professional (AAP)	<p>Certification pursuant to OPR regulations.</p> <p>Minimum requirements:            -Associate's degree            -40 hours of education related to addiction counseling            -Pass AAP examination as specified by OPR Director.</p>	Intervention; Treatment under supervision of licensed provider/practitioner

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Clinical Mental Health Counselor	Licensed pursuant to VT Board of Allied Mental Health regulations	Intervention; Treatment
Clinical Social Worker	Licensed pursuant to OPR regulations	Intervention; Treatment
Marriage & Family Therapist	Licensed pursuant to VT Board of Allied Mental Health regulations	Intervention; Treatment
Nurse	Registered Nurse Licensed pursuant to VT Board of Nursing regulations	Intervention; Treatment
Physicians	Allopathic physicians are licensed pursuant to VT Board of Medical Practice regulations;  Osteopathic physicians are licensed pursuant to VT Board of Osteopathic Physicians and Surgeons regulations	Intervention; Treatment
Psychologists	Licensed pursuant to VT Board of Psychological Examiners regulations	Intervention; Treatment
Opioid Treatment Program (OTP)	Certification pursuant to VT Dept of Health regulations, including the following requirements: initial certification application; site visits; adherence to ASAM criteria; policies and procedures regarding necessary supervision of any clinical or direct service personnel, and adherence to State scope of practice laws.	Treatment

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iv. Utilization Controls

  X   The state has drug utilization controls in place. (Check each of the following that apply)

- X   Generic first policy
- X   Preferred drug lists
- X   Clinical criteria
- X   Quantity limits

       The state does not have drug utilization controls in place.

v. Limitations

Describe the state’s limitations on amount, duration, and scope of MAT drugs, biologicals, and counseling and behavioral therapies related to MAT.

- No limits on methadone amount or duration in OTPs
- Quantity limits apply to all other formulations of MAT drugs and are subject to prior authorization requirements under the Preferred Drug List.

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PRA Disclosure Statement - This information is being collected to assist the Centers for Medicare & Medicaid Services in implementing section 1006(b) of the SUPPORT for Patients and Communities Act (P.L. 115-271) enacted on October 24, 2018. Section 1006(b) requires state Medicaid plans to provide coverage of Medication-Assisted Treatment (MAT) for all Medicaid enrollees as a mandatory Medicaid state plan benefit for the period beginning October 1, 2020, and ending September 30, 2025. Under the Privacy Act of 1974 any personally identifying information obtained will be kept private to the extent of the law. An agency may not conduct or sponsor, and a person is not required to respond to, a collection of information unless it displays a currently valid Office of Management and Budget (OMB) control number. The OMB control number for this project is 0938-1148 (CMS-10398 # 60). Public burden for all of the collection of information requirements under this control number is estimated to take about 80 hours per response. Send comments regarding this burden estimate or any other aspect of this collection of information, including suggestions for reducing this burden, to CMS, 7500 Security Boulevard, Attn: Paperwork Reduction Act Reports Clearance Officer, Mail Stop C4-26-05, Baltimore, Maryland 21244-1850.

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